1. Brief Summary about Plan Of Work

1. Plan Overview

The Joint Extension and Research Plan of Work (POW) of the Alcorn State University, School of Agriculture Extension, Research and Applied Sciences (AREAS) possesses unique strengths and utilizes a comprehensive delivery system to address high priority issues facing limited resource citizens in communities throughout the state of Mississippi. The delivery system provides educational and research efforts to limited resource clientele through its staffing arrangements, Outreach centers, Experiment Station and collaborative partnerships with state universities and other related state agencies as well as through its technology and communication and media network. Delivery approaches and strategies of its research, educational programs, events, activities and information dissemination addresses relevant issues to improve the quality of life of limited resource citizens with a major emphasis on Southwest and Delta counties of Mississippi. These regions are well documented as the most impoverished; experiencing multi-faceted issues affecting the quality of life. The proposed joint planned programs of the POW will implement both research and extension educational efforts to address such issues to facilitate changes in these regions.

The Alcorn State University Extension and Research staff at the state level consists of state researchers conducting studies and program specialists designing, developing and implementing educational programs, events and activities to address relevant issues and situations facing limited resources citizens of the state. At the county level, its area staffing plan will implement and disseminate research based information through its educational programming in counties especially in the Capital River, Delta and Coastal regions of the state. Its three off-campus demonstration centers, the campus model farm, a farmers market and other delivery approaches, have a multi-fate fold purpose that relies on research and extension educational demonstrations needed to address relevant issues specific to geographic areas of the state. In the southwestern part of the state, Alcorn State University Extension Program has partnered with the City of Natchez establishing the Natchez Marketplace to provide an accessible market to limited resource farmers and business women to sell vegetables and other produce as well as value added products such as jam and jellies to consumers. Alcorn State University, through its Model Farm Center, provides educational demonstrations that focus on conservation practices in partnership with the Natural Resource Conservation Service (NRCS) utilizing crop rotation in order to enhance year around production of vegetable crops on small acreage to farmer and producer income. Additionally, an Experiment Station located at the university emphasizes research on vegetable and fruit production. At the Agricultural Experiment Station, horticulturists conduct experiments on high value agricultural enterprises, e.g., hot peppers, peanuts, sweet potatoes, Asian vegetables, muscadines, grapes, peaches, pears, pecans, and natural products. Research at the experiment station is going to investigate the technical feasibility of new crops, as well new techniques of cultivation, weed and pest control to optimize crop yield.

Mississippi River Research Center focuses on major concerns in the Southern Mississippi River Valley of the United States such as non-point pollution of ground and surface waters resulting from agricultural activities. The goal of the Mississippi River Research Center is to conduct research that will protect and enhance the region’s ground and surface water resources, while sustaining agricultural production and income of farmers. The center emphasizes collaborative linkages and external funding to achieve its goal. Currently, the center has working linkages with the Mississippi Water Resources Research Institute at Mississippi State University, The Center for Advanced Spatial Technology near Fayetteville, AR, the Wetland Geochemistry Institute at Louisiana State University, USDA Forest Service, USDA APHIS, U.S. Department of Commerce/NOAA, and the Gulf of Mexico Program.

At Church Hill in the Southwest region of the state, animal research is being conducted on swine production and management. The Swine Development Center at Alcorn State University is supported by state funds, and federal funds in the form of a Center of Excellence in Swine Research (USDA-ARS) and USDA-CSREES Capacity Building Grant projects. The Mission of the Swine Development Center at Alcorn encompasses the following: (1) to develop production systems that will enhance swine productivity across the state while conserving air, soil and water resources; (2) to improve the quality, safety and composition of pork products; (3) to provide knowledge to enhance international competitiveness of U.S. Animal Agriculture; (4) to generate information to enhance the socioeconomic well-being of rural communities; (5) to evaluate new and sustainable swine production systems for small producers; and (6) to conduct research that provides graduate and undergraduate training to students. Current research is focused on nutritional manipulation of gestation sows in order to increase their productivity. Trials are conducted to increase baby pig survival and litter size in sows through lysine and/or chromium picolinate supplementation of the maternal diet. Other research projects are exploring the use of underutilized plants to enhance the quality of pork production.
products. Purslane and waterleaf plants, known to be rich in omega-3 fatty acids and pectin are being tested for efficacy in reducing cholesterol in swine as well as in humans. The Center conducts outreach programs working collaboratively with Extension in the form of field days, workshops and demonstrations, and 4-H animal judging contests for junior and senior high school teams.

In the North Delta region, the Marks Processing Center provides limited-resource farmers opportunity to observe research and extension demonstrations with respect to the processing of various types of crops to produce value-added products to increase their income. The Small Farm Development Center (SFDC), a unique capacity of AREAS, provides farm loans to limited resource farmers, who otherwise would not have access to capital necessary to pursue innovative alternative enterprises, and cooperatives. In addition, the SFDC provides educational information and opportunities to increase farmers’ access to a variety of market outlets.

In the East Central part of the state, the Small Farm Incubator Center enabled farmers to gain educational knowledge and training about alternative vegetable production and marketing on demonstration plots at the center. This enables them to transition their educational knowledge to their own farming operation. In collaboration with The Center for Biotecnology and Genomics Research Center of AREAS, various new varieties of vegetables and fruit production crops are being developed, and educational programs are being coordinated to educate farmers on the use of this contemporary technology for producing crops with desirable traits.

In the Northwest region, the Mound Bayou Research and Extension Demonstration Center focuses on demonstration plots of alternative vegetable crops specific to this region of the state using research-based approaches to maximize yields that will enhance farmers’ and producers’ incomes. Extension and research of AREAS utilizes technological advancement and capacity along with communication and media networks to broaden our delivery of educational programs utilizing ‘distance’ learning strategies to address high priority issues facing limited resources citizens in Mississippi. At the center, collaborative extension and research efforts are being conducted in partnership with ARS and Mississippi State University.

The objectives of ASU center for conservation research on horticultural crops are to do conservation planning, organic and no-till crop production, fruit and water quality, development of value-added products, residue management and C:N ratios, nutrient management, and outreach programs. The center will generate credible information from high quality research and communicate the benefits of conservation farming and products to society, resulting in the conversion of conventional agriculture to organic agriculture, improved health for the inhabitants and the soil, and greater awareness and demand for organic products.

The mission of the School of Agriculture, Research Extension Applied Sciences (AREAS) is to serve families with limited resources to enable small farmers to improve their standard of living through agricultural research and extension programs. In addition to its ongoing research and extension activities in biotechnology, energy, ecology, animal science, horticulture, plant and soil science, forestry and alternative crops, the School of AREAS will constantly seek ways to broaden its research and extension activities. The School will continue to move toward advanced technologies, high value agriculture, health and nutrition in its research and extension programs. The vision of the School of Agriculture, Research, Extension and Applied Sciences (AREAS) at Alcorn State University is a premier land grant program that prepares students to meet the needs of the agriculture industry as well as serving as the center of agricultural development for southwest Mississippi through its research and extension efforts.

Alcorn State University Extension Program (ASU:EP) mission is to improve the quality of life of limited-resource audiences through educational programs in a time of dynamic change. While we envision Alcorn State University Extension Program to be a premier Extension Center of Excellence for limited-resource audiences, ours is a proactive, responsive and collaborative learning organization, committed to the growth and development of people through life-long learning. Core values of ASU Extension and Research are learning, accessibility, collaboration, innovativeness, accountability and inclusiveness.

Alcorn State University research studies and extension educational programming are made available to all residents of the State of Mississippi without regard for race, color, national origin, sex, age, religion or handicap. The ASU Extension and Research Program gathers and uses citizens’ and stakeholders’ input through local and state advisory committees, town hall meetings, focus groups, ICSPand a dialogue with local government officials and state agencies to set program priorities, allocate resources, and evaluate program outcomes/impacts.

Alcorn State University, Extension and Research Programs of AREAS encourage imaginative and original contributions towards the development and analysis of its research in the creation and delivery of its educational programs to address
relevant issues of limited resource citizens of the state. Alcorn State University Extension and Research serves as a catalyst for change and a conduit for problem solving by listening to its stakeholders, collecting data to identify the critical issues in the limited resource communities through implementing Town Hall meetings, Focus Groups, and Individual Client Service Plans as a part of its ongoing environmental scanning system. As a result of the analysis of the stakeholders’ input, the joint plan of work (POW) of Extension and Research of AREAS is proposing nine planned programs to address the most relevant issues facing limited resource citizens of the state of Mississippi. These programs are designed to enhance the overall well-being of the underserved communities of Mississippi. The programs are to improve social, economic, and physical well-being. These three aspects are in many ways inter-related in the life of an individual and survival of the community. Below is a summary of the proposed plan of work defined under nine subject areas. Three of the planned programs are extension driven but will utilize the resources of the School of AREAS and the entities of the university as appropriate to address issues of limited resource citizens for the implementation of the Human Development and Family Well Being, Agronomy Production Systems along with the Youth: at Risk planned programs.

The ongoing challenge for the Alcorn State University Extension Program (ASUEP) over the next five years will be to deliver educational programs to help families to effectively address a broad range of family factors affecting limited resource families. The ASUEP exemplifies the basic concept of helping people identify their own problems and opportunities, and then provide practical, research-based information that will help them to overcome the problems and benefit from the opportunities. Finding those problems certainly requires the involvement and input of those who share the problems. Only by knowing the problems and creating awareness of the opportunities can we respond credibly with immediate, sound, and comprehensive programs. The Human Development and Family Well Being: Being planned program will focus on providing an understanding of the social, cognitive, emotional, and physical development of individual and families over the lifespan. We realize that there are tremendous consequences of not educating parents. Poor parenting skills are linked to abuse and neglect as well as youth behavior problems including teen pregnancy, adolescence substance abuse, and youth violence. According to surveys conducted by Alcorn State University Extension Program (ASUEP), parents who participate in parenting classes report greater knowledge of child development, increased confidence in parenting, and decreased rates of abuse and neglect. Positive outcomes for children include fewer behavioral problems, greater academic achievement, and increased social development. Creating strong families serves as the foundation for community life by enhancing family relationships, parenting, child development and the community institutions that promote family well-being. In the area of Individual and Family Resource Management the program will emphasize exploring strategies to assist individuals and families to obtain and use resources of time, money, and human capital to improve their economic situation. Helping families meet future needs while keeping pace with day to day expenses and addressing the basics of earning, spending, saving, investing, health care, and housing issues is the primary goal of the program. The complexity of the financial products and services industry, along with the rapid changes in technology, information availability, and public policy, demands a financially literate consumer. Managing money effectively to meet present needs and future goals is a learned skill. Working as learning partners with adults and youth, as individuals and families, the ASUEP has the capacity and expertise to be key contributors to a financially literate Mississippi.

While the Youth: at Risk Planned Program of ASUEP will emphasize important issues facing youth and explore methods to provide support systems to aid youth in becoming productive individuals of society, the program will focus on club development/volunteer management to facilitate the organizing and managing community and school-based clubs to increase limited resource participation in leadership opportunities. Also, club members will gain multiple life skills, including public speaking, problem solving, goal setting, planning, and citizenship skills. Creative skills development to demonstrate creative expression in writing and public events will be emphasized. Additionally, volunteers will be trained to work with youth in clubs to provide a variety of educational, cultural and citizenship opportunities. In community-based clubs, youth will be provided learning experiences to attain a voice and to actively engage in activities in club efforts. Tobacco education, prevention and harmful affects on the health of youth are the emphasis of the planned program. Coping skills will be developed to handle peer and other life pressures to resist the use of tobacco and tobacco products that lead to unhealthy and antisocial behaviors. Educational programs will be developed and implemented to enhance decision-making, communication skills, creativity and cultural arts of youth through adulthood. Teen pregnancy and sexually transmitted diseases will be addressed by developing negotiation, decision-making and coping skills to enable youth to resist risky behaviors. Increased awareness of harmful, present and future health affects of unprotected sexual activity and the social and economic consequences of early teen pregnancies will be a major focus of the educational programs. Youth leadership will also be an emphasis of the program to enhance leadership competencies and the necessary personal, social and cognitive skills to become leaders in schools and communities. Citizenship skills will also increase an understanding of community and cultural heritage. The planned program will focus on career development/workforce preparedness to develop job readiness skills to assist youth in job search skills. It will provide job development and vocational skills to provide an understanding and awareness of career options and the steps necessary to accomplish adequate preparation for the world of work.
The goal of the Agriculture and the Environment planned program is to identify best management practice(s) and best available technology(ies) to improve crop production and maximize its economic values while minimizing adverse impact to the environment. The results will be used as an approach to support farmers/ producers in Mississippi to achieve sustainable agriculture through economic growth and environmental compliance. Through research, crop production will be evaluated using conventional production practices versus improved management strategies and available technologies. Concurrently, cost and benefit analysis associated with each practices (combination of management practices and available technologies) will be calculated. At the end of the studies, evaluations will be conducted to determine the least costly strategies that maximize profitability of production and minimize adverse impact to the environment. Information will be documented and disseminated throughout the community through seminars, workshops, publications, and media. Extension efforts will be exercised through direct and indirect communications with farmers/ producers using publications and other information resources. This program will demonstrate how farmers can be both profitable and in compliance with existing agricultural law and regulations that can lead to better government assistance opportunities. Efforts in environmental protection will provide farmers/producers with better opportunities to participate in government conservation and other related programs that would be beneficial to them. Overall, in the addition to the study of the relationships between soil, plant, water and nutrient, the planned program is parallel to several environmental concerns and can simultaneously address watershed protection and management as well as pollution prevention and mitigation, an approach to achieve sustainable agriculture.

The demonstrations will emphasizes soil, plant, water, nutrient relationships using various tilling methods (No-till and minimum tillage). Different fertilizer treatments and moisture applications will be used to produce high-income syrup crops, under selected Mississippi soils conditions. This program will demonstrate and educate new technologies suited to the needs of the small farmer. Such technologies include crop varieties that tolerate or resist natural environmental and pest management programs that utilize judicious combinations of pesticides, host resistance, and cultural methods. The impact of different plant management systems of plant density, row preparation, irrigation sources, application methods and other management practices on the growth and development of each test crop will be demonstrated. The program will increase minority land owners’ awareness of income opportunities though syrup crop management practices by developing or improving soil management, crop production, processing and marketing techniques. The program will educate limited resource producers and small farmers of the economic importance in soil fertility, nutrient sustainability and the vital role they play in crop production. Educational programs will be provided to farmers on value-added processing and marketing of their syrup crops. This new technology will also allow farmers to make additional profits from their products. New and improved Food Processing Technologies using the mobile syrup processing cooker (Milk on Wheels) will be used to educate farmers on how to add value, package and market their syrup crops (sugar cane and sweet sorghum).

Six joint planned programs through both research and extension outreach programming of the AREAS of Alcorn State University are also being proposed consisting of Sustainable Agriculture Production Systems; Sustainable Horticulture Production Systems; Community Resource Planning and Economic Development; Forestry Natural Resources and Preservation; Small Family Farm Enterprise Financial Analysis, Management and Marketing and Human Nutrition, Health, Wellness and Obesity. The research components of the planned program will encompass activities to discover new knowledge or to enhance the utilization of existing knowledge that would positively impact the income of small and family farmers, improve rural and community development, increase yield of crops, discover new high value alternative enterprises, and to enhance the quality of life and health status of people.

The Farm and Financial Management program will strive to serve the needs of small and limited resource farmers focusing on the Economics of Agricultural Production and Farm Management; Business Management, Finance and Taxation, Marketing and Distribution Practices. Joint Extension and Research studies and extension programming will focus on addressing problems associated with enterprise and market selection, optimal resource allocation in production and risk management. Furthermore, extension and outreach programs will be designed with the ultimate goal of enhancing the economic viability of small and limited resource farms and families. In the area of Economics of Agricultural Production and Farm Management, up-to-date economic analyses will be provided to delineate the factors that may contribute to farm profitability and sustainability. Models of profitable and sustainable operations and strategies would be developed and used in the delivery of extension programs to farmers who are experiencing financial stress. In the area of Business Management, Finance and Taxation Business, management decisions will focus on the financial situation of the farm family, their debt level, spending ability and income generating capacity. Research will be designed to uncover the situation of farmers in regards to their level of knowledge about farm record keeping, financial analysis and decision making, effective marketing and distribution of products. Educational programs, events and activities, as well as technical assistance will be developed and implemented to address the relevant issues and needs of limited resource farm families. In the Marketing and Distribution Practices, the program will focus on local, niche and regional markets as well as
an understanding of the economic environment, policy, regulatory, and global settings that are constantly changing.

Joint Extension and Research efforts of AREAS at Alcorn State University; especially through its tripartite land grant functions, has carefully formulated short and long-term agenda of human capital development and service to the community. It has expanded its commitment to better understand the problems of people and communities, especially with Southwest and Delta regions of Mississippi in response to stakeholder input analysis from the region, and has now positioned itself to explore and address issues most prevalent in these regions. AREAS of the university has an agenda to utilize its expertise, strengths and resources by exploring and seeking ways in which to strengthen the capacity of rural communities to regenerate themselves and improve the quality of life for people. This makes AREAS of Alcorn State University the ideal school through which this planned program should be executed. The Community Planning, Community and Economic Development planned program has been formulated within the context of Community Resource Planning and Development (CRPD) and Economic Theory & Research Methods (ETRM). CRPD will specifically focus on economic planning and development. This planned program will collaborate with governmental officials and local school districts to plan and implement sustainable social, community and economic development that will likely create jobs, improve employment opportunities through small and home-based businesses and enhance human capital development in all forms. ETRM of the planned program will emphasize labor economic issues, research methods and data collection. Economic theory and research methods will be utilized to better understand various social, economic and demographic phenomena that are constraining limited resource citizens’ social and economic well-being, quality of life and the growth of the communities within which they reside. Various research tools and socioeconomic models will be developed and targeted to specific communities to promote best socioeconomic practices that are likely to help resolve many of the existing problems. In partnership with community and faith-based organizations we will identify and explore strategies with the distinct aim of empowering people and encouraging active participation in social and economic development. Civic engagement strategies will be implemented specifically to promote people’s participation in community and civic activities. Educational efforts will emphasize, identify and address impaired leadership skills among community leaders through leadership development to serve their people and communities.

The Forestry Management and Preservation planned program focuses on alternative uses of land, concentrating on conservation and management practices. The emphasis here will be to inform small farmers about the benefits of good forest management practices to prevent erosion, increase timber yields, and provide recreational usage. This phase of the project will be geared toward educating clientele about multi-use of their property. It will also update the targeted audiences about new methods and ideas in forest conservation and management. The duration of this program will be more than five years. The planned program will focus on soil, plant, water, and nutrient relationships; management of the forest resources; Agro-forestry; and alternative use of land. With a strong interest in forest health, these programs will benefit the Alcorn State University community and the stakeholders they serve by giving valuable knowledge to ensure a healthy and productive forested area. The soil, plant, water, and nutrient relationships will cultivate, develop, market, foster the use of manures and other organic materials as plant nutrient sources on forested lands. Composting is a natural way to increase tree growth. Other benefits associated with composting include, but are not limited to 1) suppression of plant diseases and pests, and 2) reduction or elimination of chemical fertilizers. Management and sustainability of forest resources will highlight forest health assessments and management practices to protect forests from insect and disease infestations, and investigate native and non-native invasive species that interfere with forest management objectives. The insect of interest for this phase of the project will be the Southern Pine Beetle. Other diseases that will be investigated will include Oak Wilt and Leptographium Root Disease of Loblolly pine trees as examples. Agro-forestry will emphasize identification of new and innovative woody plant species that will enhance economic returns. From Agro-forestry practices, designs will be created to emphasize floral products. The woody plant species of interest will be pine straw. Products will be produced from pine straw to improve small farmers’ economic status.

The Sustainable Horticulture Production Systems planned program emphasizes soil, water, nutrient relationships; plant management systems; insects, mites and other arthropods, and weeds that affect plants. Different cropping systems, fertilizer treatments and moisture applications will be used to identify high-income generating crop cultivars under selected Mississippi soils. The impact of plant density, row preparation, irrigation sources and application methods, staking and pruning techniques and other management practices on the growth and development of each test crop will be determined. Both organic and inorganic chemicals, as well as recommended cultural practices such as crop rotation, multiple cropping, resistant cultivars, and differential planting dates, and soil solarization among others will be used for plant pest control in alternative test crops. Chemical, biological, and cultural methods of weed control in alternative crop test plots will be evaluated and the most effective measure or measures recommended. The Alcorn State University vegetable processing facility in Marks, MS will be used to educate farmers on how to package and add value to harvested alternative crops.

Researchers of AREAS have expertise in Community Based Participatory Research (CBPR) and are currently engaged in
community-based research in other rural communities in Mississippi. Researchers also have expertise in data collection, data base design and maintenance, and statistical analysis of the data. Thus we are able to collect, synthesize and analyze assessment data and present findings to the communities as we collaborate in the development of interventions. In addition, nutritional needs of the community will be determined by analytic research into the food commonly consumed by the local population. Educational programs have been successful in addressing health concerns identified within the rural communities. A reduction in blood pressure and glucose levels were realized among limited resource individuals and families from adopting healthy food choices. The Human Nutrition Health, Wellness and Obesity planned program in research will assess the environmental, psychological, socioeconomic and cultural determinants of obesity in SW Mississippi, identify areas for intervention and develop interventions using a community based participatory research (CBPR) approach. Communities will collaborate in all aspects of the program. Extension will stress fostering healthy lifestyles through translating current health and nutrition research conducted at ASU into practical application to improve the lifestyles of individuals, families and communities in the state of Mississippi. Research on health-related practices including preventive care, assessment of food intake and dietary patterns will be conducted. The major focus will be on nutrition education, weight management and increased physical activity. The program will emphasize lifestyle education starting at infancy throughout adolescent to enable parents and care givers to lower the risk factors of childhood obesity.

The Sustainable Animal Production Systems planned program focuses on improving meat animal production, efficiency and the quality of meats. The program will focus on reproductive performance of animals including growth rate, feed efficiency, and survivability, including research aimed at reducing the prevalence and impact of infectious diseases in meat producing animals. In addition, the program will focus on the reproductive efficiency and prenatal survival of meat producing animals. The importance of developing a controlled breeding season according to market demands and trends will be stressed. The management of animals during gestation and delivery will also be emphasized. Nutrient utilization in animals will emphasize nutrient requirements of livestock and the improvement of forages for winter and summer months. Additionally, utilizing feeding and management programs to improve the quality and competitiveness of meat animal industry appropriate to regions of the state will be examined. Genetic improvement of animals will focus on proper selection of breeding stock with the aim of improving the meat quality. This planned program will evaluate the impact of traditional and non-traditional feedstuffs on meat quality, safety and consumer confidence and acceptance of meat from cattle, swine, goats and poultry. Also, the project will investigate methods of eradicating or controlling infectious diseases and methods of monitoring to ensure herds remain free of specific diseases. Additionally, the investigators will examine factors associated with early embryo viability with the view of reducing embryo mortality and explore more feasible methods of embryo transfer. Reformed testing programs to accommodate genetic improvement of multiple traits, including growth performance, longevity and carcass merit/quality and shelf life of meat will be developed.

Estimated Number of Professional FTEs/SYs total in the State.

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II. Merit Review Process

1. The Merit Review Process that will be Employed during the 5-Year POW Cycle

- Combined External and Internal University Panel
- Combined External and Internal University External Non-University Panel
- Expert Peer Review
2. Brief Explanation

A combined internal and external university and external non-university panel will be selected consisting of individuals to provide a merit review process of the Joint Extension/Research Plan of Work (POW) to establish the merit of the planned programs in the plan of work. Selected individuals will include ASUEP state program leaders, specialists and researchers from both the internal and external land grant institutions in the state of Mississippi, and others as deemed necessary from other states. Additionally, non-university panel members will consist of various partnering agencies with similar types of research and extension priorities in the state. The merit review process will focus on the appropriate planned program. A comprehensive and detailed program review will be conducted by the panel of the planned programs in the plan of work (POW) at least every 2 years. Alcorn State University Extension and Research of AREAS will initiate program reviews of all planned programs over the next five years. These reviews will be conducted by review panels selected specifically for the purpose of the review. Input obtained from local and state stakeholders from the environmental scanning system as well as from faculty in the respective areas of the plan will be shared in order to assess the merit of planned programs in the POW. The first such detailed review of the planned program is anticipated to be conducted in the fall of 2008. This review, conducted by a combined internal and external university and external non-university panel of professionals will result in a review to be used to direct the course of major changes and /or updates in program and research. Also, peer review processes will consist of state program reviews by internal and external extension and research professionals from both land grant institutions of the state. Also, local county program reviews conducted by advisory groups at the county level will be used to guide the program and research direction of the planned programs of the POW. Local Program Reviews will be conducted in all counties by ASUEP extension educators who are required to develop Program Delivery Agreement (PDA), each year which will be shared annually and reviewed internally by Regional Coordinators and State Program Specialists of the planned program. PDA’s are also shared with the County Extension Advisory Councils and Program Committees for merit review and comment. The research program will be reviewed annually by scientific peers and stakeholder groups to evaluate the relevance of research priorities, the thoroughness of research procedures in individual projects, project outcomes, publications, direct and indirect impact of the project on the stakeholders.

Internal evaluators will consist of administrators and Alcorn scientists who have expertise in the given planned program, but are not directly associated with the project. Expert reviewers and peer review participants will be selected from governmental agencies, (state and federal), other universities, and industries directly related to the commodities or other outputs of the research.

III. Evaluation of Multis & Joint Activities

1. How will the planned programs address the critical issues of strategic importance, including those identified by the stakeholders?

The proposed planned programs will address the strategic issues identified by the stakeholders by achieving goals in response to high priority issues to each of the planned programs as listed below: The goal of Human Development and Family Well Being is to increase the capacity of family groups and agencies to positively impact the lives of families in communities by direct and indirect contact through educational programs, events, and activities which influence the learning, planning processes, experiences, and clientele interest. The Youth at Risk planned program goal is to enhance leadership skills of youth to assume leadership roles in schools and communities: to develop decision making, communication and coping skills; to help youth resist risky behaviors and to have the ability to address relevant issues in their daily lives. The Small Family Farm Enterprise Financial Analysis, Management and Marketing planned program goal is to enhance the economic viability of small and limited resource farm families by strengthening their technical skills and economics decision making so that they can contribute fully to the agricultural economy; bettering their own lives and the lives of their children or other dependents; ultimately benefiting the society as a whole in rural Mississippi. The Community Resource Planning and Economic Development planned program goal is to empower and improve the quality of life of limited resource citizens and to promote sustainable social and economic development in communities by utilizing research findings and best community and economic development practices as models. The goal of Sustainable Horticulture Production Systems planned program is to enhance the income potential of the Mississippi limited resource farmers by growing alternative crops through sustainable production practices; and in addition, improve farm profitability of small limited resource farm families. Sustainable Animal Pve theroduction Systems planned program goal is to improve the profitability of livestock and poultry produced by limited resource farmers. This will improve the quality of meats through research and appropriate educational programs. The goal of Human Nutrition, Health, Wellness and Obesity planned program is to develop a healthy and well nourished population through the development interventions and dissemination of information on new and improved methods, practices, and products that will result in increased public awareness of health, promoting dietary and food consumption behaviors. The Forestry Natural Resource and Preservation planned program is to educate and make evident to small farmers and landowners the benefits in conservation and sustainability of the forest for enhancing income and awareness of the need for a healthy forest environment. Agronomy Production Systems planned program goal is to improve the farm profitability of small limited resource farm families through production, and marketing of syrup crops.
2. How will the planned programs address the needs of under-served and under-represented populations of the State(s)?

The eight planned programs of the Combined Extension and Research Plan of Work (POW) of AREAS address the needs of the under-served primarily through the implementation of its mission that targets limited resource audiences, and the research and programming efforts that address issues for improving the quality of their lives in Mississippi communities. The stakeholder input highlighted priority issues that the eight planned programs are in response regarding issues being experienced by limited resource citizens of the Southwest and Delta regions of the state. The planned programs are addressing issues of the under-served population through focusing on youth at risk, single parents and family financial resource development issues and limited farm income in which alternative income and marketing enterprises are providing options for increasing the income of limited resource small farm families. The planned programs will constantly explore ways to modify its programming efforts by expanding it into different formats to make adjustments to various cultural and socioeconomic realities of rural Mississippi, to facilitate the involvement of diverse under-represented populations. Alcorn State University Extension Programs have identified regions of Mississippi where there is a concentration of under represented populations of the State. These regions have been of considerable interest to our programs in the past and will receive significant attention in the future.

3. How will the planned programs describe the expected outcomes and impacts?

The expected outcomes and impacts of all planned programs are outlined in terms of short, mid term and long term outcomes, considering inputs and outputs of Extension and Research of AREAS. The short term outcomes were described in terms of the expected knowledge to be gained and increased awareness of information related to key issues of the eight planned programs of the POW experienced by limited resource audiences. The mid term outcomes focus on the development, adoption and use of information related to key issues facing limited resource citizens. The long-term outcomes of the eight planned programs are described through the documentation of changes; increases and decreases observed regarding key issues affected by limited resource citizens. (See outcomes of planned program of the POW.

4. How will the planned programs result in improved program effectiveness and/or efficiency?

The planned program will result in program effectiveness in that all of the planned programs are designed to respond to the needs of limited resource citizens of Mississippi. The implementation of the planned program of AREAS will aid the School in carrying out its mission and achieving its vision. Additionally, the planned programs have been logically designed through combined research and extension programming efforts to address key issues of limited resource citizens and determined expected outcomes of the planned programs utilizing FTE and SY resources of Extension and Research of AREAS, including adding new resources to satisfy the objectives of the POW as they evolve over the 5 year life span of the planned programs. Also, various assumptions of the planned programs have been identified that allows Alcorn Extension and Research to be proactive rather than reactive which should enhance our efficiency in addressing key issues of limited resource citizens of the state of Mississippi.

IV. Stakeholder Input

1. Actions taken to seek stakeholder input that encourages their participation

- Targeted invitation to non-traditional stakeholder groups
- Use of media to announce public meetings and listening sessions
- Targeted invitation to non-traditional stakeholder individuals
- Survey specifically with non-traditional groups
- Survey of traditional stakeholder groups
- Survey specifically with non-traditional individuals

Brief explanation.

The use of local and regional print, broadcast and interactive media through existing communications vehicles will be explored to establish Extension and Research efforts of AREAS as relevant, practical and comprehensive information resource for Mississippi residents and to seek stakeholders input that encourage their participation. ASU Research and Extension will increase the exposure to planned programs through various outlets to increase involvement and participation of limited resources stakeholders throughout the life of the plan. Local planning committees will be formed in each county to recruit, plan and implement public interaction, i.e. town hall meetings, and focus groups sessions. Several of these activities are ongoing. Invitations will be distributed at public meetings and listening sessions; utilizing letters, flyers, etc. will be provided to targeted traditional and non-traditional stakeholder individuals and groups, to elected and governmental officials, local institutions,
organizations and agencies to seek diverse stakeholders of the population in limited resource communities. Efforts will be made during Town Hall meetings and focus group sessions to increase awareness of the mission of AREAS, its capacity and collaborative efforts of the planned program of Extension and Research at Alcorn State University regarding addressing relevant issues of the state. The primary goal is to facilitate greater access to our limited resource customers and to communicate planned programs that are in their interest and have been developed in response to evaluation of the needs of the targeted population. Media & Communication units will publicize and market research efforts and educational programs, events and activities that are conducted at the state and county levels. One on one contact with target clientele of the plan programs will be conducted through an Individual Client Survey Plan to seek input from stakeholders. Stakeholder input is also obtained in collaboration between Extension and Research, with active participation of extension professionals and researchers who will participate in future meetings. The data of the client survey plan outcome will be used in designing research projects and educational programs events and activities that address stakeholders’ needs. Some research projects of the planned program requires the administration of surveys to non traditional groups (e.g., cooperatives) or the survey of non traditional farmers, rural families, and other affected by the agricultural research program at the university. Survey instruments are carefully designed to measure variables directly related to specific objectives of the project. These survey instruments are tested for validity and evaluated to ensure that they contain questions safeguarding the dignity and respect of survey participants. While research projects of planned program are designed so that experiments are conducted on farmers land, and the farmers participate in the research. This allows the individual farmer to provide input and observe first hand the outcome of the research.

2(A). A brief statement of the process that will be used by the recipient institution to identify individuals and groups stakeholders and to collect input from them

1. Method to identify individuals and groups

- Use External Focus Groups
- Needs Assessments
- Use Surveys
- Open Listening Sessions
- Use Advisory Committees

Brief explanation.

Multiple approaches will be taken to seek stakeholder input. The approaches include formal surveys, focus groups, key informant approaches, advisory councils (collaborating groups, agencies, and organizations) and combinations of the preceding methods. Efforts will be made to ensure that the stakeholders involved were representatives of the limited resources, household community in terms of geographic location, family status, income level, age, gender, disability status, and users or nonusers of existing educational programs.

Guideline manuals were designed for collecting data from stakeholders to accomplish the Program Priority within ASU Extension Program. The manuals were used to train ASU Extension Program county and campus-based educators and staffs. The guidelines provide instructions on how to conduct public surveys, meetings, collect data and summarize the issues for future action plans. The materials were also used with county government oversight committees and advisory committees to help them better understand the importance of seeking a broad base of stakeholder input at the community level.

Some of the environment scanning tools that will be used (and have been used in the past) by ASU Extension Program to collect stakeholder input data and its subsequent analysis include:

Advisory Council -The process begins at the grassroots level with county agents engaging local advisory councils to gather information about the needs and issues in local counties. The Extension Advisory Council provides recommendations and identifies issues for educational programming. The Research Advisory committee will include researchers from USDA and State agencies, researchers from 1862 and other 1890 land grant universities, industry representation and commodity groups.

The Town Hall meeting was implemented to identify issues or needs of limited resource citizens in counties targeting the public. Analysis of the issues facilitates programming and research efforts through an action-based team response to the critical issue identified from the analysis. Open listening sessions and needs assessments will be conducted jointly between research and extension.

A series of Focus groups sessions was implemented to further prioritize the issues identified in the public hearings (i.e. town hall meeting). The focus group session was convened at different timeframes in targeted counties to maximize input from a broad
participant base.

The Individual Client Service Plan (ICSP) is an individual or family need assessment instrument to collect information on relevant needs and issues of limited resource clientele to enable state researchers and extension specialists and county staff to provide educational programs, information and activities and appropriate technical assistance regarding issues.

These four data input components granted the Alcorn State University Extension Program the means to access, analyze issues and needs, and implement programs appropriate to issues of limited resource citizens. A computation of the findings was converted into a County Cluster Matrix to enhance the issue identification processes of limited resource communities.

2(B). A brief statement of the process that will be used by the recipient institution to identify individuals and groups who are stakeholders and to collect input from them

1. Methods for collecting Stakeholder Input
   - Meeting with the general public (open meeting advertised to all)
   - Survey specifically with non-traditional groups
   - Meeting specifically with non-traditional groups
   - Meeting with invited selected individuals from the general public
   - Meeting specifically with non-traditional individuals
   - Survey specifically with non-traditional individuals

   **Brief explanation**

   The Town Hall Meetings are structured to provide a simplistic means of collecting data. The meetings are planned in detail and executed to facilitate the desired end—a gathering of pertinent information that would assist the Alcorn State Extension Program in identifying the critical needs/issues of limited-resource communities as the populace of the communities viewed them.

   These meetings are a platform created for the residents in limited resource and disadvantage communities to give voice to their needs and concerns. The setup and conducting of the meetings were handled in a manner that made them feel comfortable expressing their thoughts. The role of the program was to listen and support the open discussion of their expressed issues and perspectives in a way that promoted engagement of all participants.

   Alcorn State University Extension Program develop the Individual Client Service Plan (ICSP) as a proactive approach to assess and determine the most effective method in allocating limited personnel and resources, (technical and practical) in address the increasing critical needs of the citizens in the state of Mississippi.

   The Major objective was the development of a comprehensive assessment instrument, which allows the analysis data collected to direct the appropriate technical assistance to utilize and to implementation of the correct recommended educational activities.

   The approaches of the ASU-EP ICSP Programs is Five-folds

   1. Comprehensive Assessment of Resources and Clientele Needs
   2. Analysis of data collected on individual Families.
   3. Rapid Response to the urgency of the Individual Families and/or Clients
   4. Resource persons required to implement recommendations
   5. Implementing the ICSP Activities

   Extension Advisory Council
This guide offers useful information on the Extension education process, purpose, philosophies, structure, membership recruitment, role and function of the Extension Advisory Council.

The principles of program building involve group action, or organization, and individual action. The Extension Advisory Council makes recommendations and helps build the Extension educational program. Program building is not a ritual we go through for its own sake. Involving local people in planning, implementing, and evaluating educational programs is essential to Extension’s mandate. County advisory groups are the basis of a grassroots organization and are the source of leadership for the county. The number and type of advisory councils or committees in your county are determined by the variety of committee and social conditions.

3. A statement of how the input will be considered

- In the Budget Process
- To Identify Emerging Issues
- Redirect Extension Programs
- Redirect Research Programs
- In the Staff Hiring Process
- In the Action Plans
- To Set Priorities

**Brief explanation.**

The stakeholder input process is very helpful in refocusing and reaffirming priorities on an ongoing basis. The process is also critical in identifying emerging issues. However, some stakeholder groups have had difficulty seeing beyond the critical issues they face today. As a result, the ASUEP team is going to design a trend analysis to help stakeholders identify issues and pitfalls of the future.

The environmental scanning system, a grassroots information gathering approach, determines how ASU-Extension and Research directs or redirects its research and programming efforts and set priorities. The aim of data gathering is to set aside preconceptions about the high priority issues of limited resources audiences’ high priority issues. The data collected from various environmental scanning tools as mentioned above adopted by ASU Extension and Research was used to identify local issues, concerns and programming gaps. The local issues, concerns and programming gaps were gathered on a statewide basis and made available for review by all county and campus based extension educators and other staff within the ASU Extension Program.

Finally, the issues were prioritized by the state and county staff and ASUEP/ Management Leadership Committee. The committee developed a restructuring plan for ASUEP based on stakeholder input findings. Mississippi residents’ needs for practical information have been placed in 5 programmatic areas: Prioritization of issues in program areas:

**Agriculture/Environment**

- Lack of farm financial management
- Limited knowledge of production, management, and marketing practices for alternative enterprises

**Nutrition and Health**

- High rate of obesity (adult/childhood)
- High incidence of chronic disease

**Youth Development**
High incidence of tobacco, drugs and alcohol abuse

High rate of teen pregnancy

Community and Economic Development
- Lack of jobs (youth and adult)
- Limited community leadership skills

Child and Family Development
- High rate of single parent families
- Limited parenting skills

Additionally, the geographic focus of extension and research efforts will focus primary on the areas of the Capital River, Delta, and, Costal regions based on where limited resource resides in counties of regions of the state. Less emphasis will be placed on other regions of the state and will be served through other delivery mechanisms. Staffing arrangements and budgetary considerations were based on incidence of programming factors and where the greatest need of the limited resource population existed, described as follows:

Geographic focus and Incidence of Programming Factors Assessment/analysis:

Extension Regions Need + Population Ranking (1 top priority)

Capital Region 1
Delta Region 2 Tied
Pine Region 2 Tied
Hill Region 3
Coastal Region 4

Action plans will be developed and shared with stakeholders concerning action to be taken to address issues and to form partnerships with local leaders and other agencies and organization to respond to issues identified from the analysis of data gathered through various processes of the environmental scanning system.
# V. Planned Program Table of Content

<table>
<thead>
<tr>
<th>S. NO.</th>
<th>PROGRAM NAME</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>Human Development and Family Well-Being</td>
</tr>
<tr>
<td>2</td>
<td>Youth - At - Risk</td>
</tr>
<tr>
<td>3</td>
<td>Sustainable Animal Production Systems</td>
</tr>
<tr>
<td>4</td>
<td>Sustainable Horticulture Production Systems</td>
</tr>
<tr>
<td>5</td>
<td>Community Resource Planning &amp; Economic Development</td>
</tr>
<tr>
<td>6</td>
<td>Small Family Farm Enterprise Financial Analysis, Management, and Marketing</td>
</tr>
<tr>
<td>7</td>
<td>Forestry Natural Resources and Preservation</td>
</tr>
<tr>
<td>8</td>
<td>Human Nutrition, Health, Wellness and Obesity</td>
</tr>
<tr>
<td>9</td>
<td>Agriculture and the Environment</td>
</tr>
</tbody>
</table>
1. Name of the Planned Program
Human Development and Family Well-Being

2. Brief summary about Planned Program
The Human Development and Family Well Being planned program will focus on providing an understanding of the social, cognitive, emotional, and physical development of individuals and families over the lifespan. The consequences of not educating parents are tremendous. A lack of parenting skills are linked to abuse and neglect as well as youth behavior problems including teen pregnancy, adolescence substance abuse, and youth violence. Providing educational programs on Sudden Infant Death, Shaking Baby Syndrome and other educational program empower parents with the knowledge to provide safety for their children. According to surveys conducted by Alcorn State University Extension Program (ASUEP) parents who participate in parenting classes report greater knowledge of child development, increased confidence in parenting, and decreased rates of abuse and neglect. Positive outcomes for children include fewer behavioral problems, greater academic achievement, and increases in social development. Creating strong families serve as the foundation for community life by enhancing family relationships, parenting, child development and the community institutions that promote family well being. In the area of Individual and Family Resource Management, the program will emphasize exploring strategies to assist individuals and families to obtain and use resources of time, money, and human capital to improve their economic situation. Families lack the educational information to meet their needs while keeping pace with day to day expenses and addressing the basics of earning, spending, saving, investing, health care, and housing issues. The complexity of the financial products and services industry, along with the rapid changes in technology, information availability, and public policy, demands a financially literate consumer. Managing money effectively to meet present needs and future goals is a learned skill. Working as learning partners with adults and youth, as individuals and families, the ASUEP had the capacity and expertise to be key contributors to a financially literate Mississippi. The ongoing challenge for the Alcorn State University Extension Program over the next five years will be to deliver educational programs to help families to effectively address such a broad range of family factors affecting limited resource families. The ASUEP exemplifies the basic concept of helping people identify their own problems and opportunities, and then provide practical, research based information that helps them to overcome the problems and benefit from the opportunities. Finding those problems certainly requires the involvement and input of those who share the problems. Only by knowing the problems and creating awareness of the opportunities can we respond credibly with immediate, sound, and comprehensible programs. Alcorn State University Extension Program has always been a catalyst for change, developing a comprehensive environmental scanning system to facilitate the implementation of Town Hall Meetings, Focus Groups, and Individual Client Service Plans as a means to collect data that identified key issues of parenting and financial management for limited resource citizens which is the primary reason for the selection of this planned program.

3. Program existence: Intermediate (One to five years)
4. Program duration: Long-Term (More than five years)
5. Expending formula funds or state-matching funds: Yes
6. Expending other than formula funds or state-matching funds: No

(V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>1862 Extension</th>
<th>1890 Extension</th>
<th>1862 Research</th>
<th>1890 Research</th>
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<tr>
<td>801</td>
<td>Individual and Family Resource Management</td>
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<td>Human Development and Family Well-Being</td>
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<td></td>
<td>Total</td>
<td>100%</td>
<td>100%</td>
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</table>
1. Situation and priorities

Research by Popkins (2002) states that parents should strengthen and develop skills to build in their children qualities of resiliency, courage, self esteem, responsibility, cooperation, and respect. Parents are faced with a significant number of issues in raising their families today. Annie E. Casey Foundation (2006) research states that Mississippi statistics for children are alarming: one in four children spend part of their childhood in poverty, live in a single parent household and are latch key children. One in six lack adequate health insurance, one in five become a teenage parent. According to the 2000 US Census, more than 2.4 million grandparents indicate they are responsible for meeting the basic needs of their grandchildren. Difficult situations such as poverty and violent communities or a lack of positive parenting techniques in the parents’ backgrounds impede healthy family functioning. As a result of the lack of parenting education, child care, and elder care in the area of human development and family well being the emotional, physical and social welfare of individuals and family members are threatened. Parents are working harder and more than one job; hence, there is a need for child care. Many factors contribute to this process which decreases the family’s internal strengths and the durability of the family unit. The dramatic economic, social, and demographic changes have extensively altered the family structure profoundly in the past forty (40) years. In order to combat such concerns, ASUEP will deliver programs on parenting practices, distinct developmental stages of childhood, which include a range of outcomes which are customized to meet special needs, address cultural differences and still be sensitive to the needs of particular family structures. The other challenges to be addressed include inadequate education, loss of employment, depression, suicide, low self esteem and unsustainable life skills. Also, individual and family resource management research findings describe a challenging financial situation for many individuals and families. Consumer credit indebtedness is rampant and the number of personal bankruptcies continues to rise. The personal savings rate is lower than in any other industrialized nation. Few limited resource individuals and families have adequately prepared to achieve financial goals and their basic personal financial management skills are at an all time low (Economic and Commerce, 2006). The ASUEP goal is to provide education to individuals and families on how to acquire the knowledge, skills, and motivation to build financial security. Programs focus on behavioral change, starting with achieving financial self sufficiency, then stability through educational programs. References: Annie E. Casey Foundation. (1998). KIDS COUNT Online Data Service. Annie E. Casey Foundation, Baltimore, MD. Census Bureau. (2000) www.census.gov/dmd/www/2khome.htm. Economic and Commerce. (2006, April). CSREES Online Data Service. Cooperative State Research, Education, and Extension Service, Washington, DC. Popkin, Michael. (2006) Active Parenting Publishers. Online Data Service. Active Parenting, Kennesaw, GA.

2. Scope of the Program

- In-State Extension
- In-State Research

1. Assumptions made for the Program

ASUEP assumes that human development family well-being will respond to critical needs about innovative child care and educational programs for children and youth development; behaviors for successful couples, family relationships; family system interface to balance life roles, reduce stressors; and the influence of aging on family and community support service demands. However, many limited resource parents face many challenges and life situations that limit them from seeking and participating in human development and family well-being programs even if the programs are designed to address their immediate needs, and are affordable, and conveniently available. Families are important sources of support and guidance for children and are often tied to the strength of their families (Partnerships in Prevention Science Institute, 2006) ASUEP parenting education programs, events, activities, newsletters, brochures, and other media communications method through direct and indirect teaching can improve limited resource individual and families’ situations. Educating parents about factors on human development and family well-being can alleviate problems associated with child safety, neglect, and injuries.

A family’s resources and experiences from day-to-day stress affect the families’ well-being. There is substantial data, programs, and regulations as to the amount of credit card indebtedness that can assist families to have adequate resource to manage (ISU, 2006). Without a strong knowledge base to deal with limited resource families, the financial realities and obligations limits these families from successfully achieving financial security. Low income and many moderate income households have limited or no access to financial advice and non-biased financial and other resource management information. ASUEP assumes that limited resource individual and families will become actively involved in educational programs, events, and activities that focus on financial resource management education which entails leading to improved management practices and result in increased household disposable income and lessened financial set-backs.

Reference:


2. Ultimate goal(s) of this Program

1. Improve parenting practices that result in better family development and relationship outcomes.

2. Improve parent/caregivers practices to increase and provide high quality, accessible and affordable childcare.

3. Improve financial management skills of targeted limited resource residents to improve their financial stability.

The ultimate goal is to increase the capacity of family groups and agencies to positively impact the lives of families in communities by direct and indirect contact through educational programs, events, and activities which influence the learning, planning processes, experiences, and clientele interest. ASUEP will provide a proactive, responsive, and collaborative learning organization committed to the growth and development of people through life-long learning.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
<thead>
<tr>
<th>Year</th>
<th>Extension</th>
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<th>Research</th>
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<td>4.0</td>
<td>0.0</td>
<td></td>
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V(F). Planned Program (Activity)

1. Activity for the Program

This is a comprehensive, statewide educational program entailing multiple education methods depending on local context and need. Campus based staff and extension county based educators are involved in designing, implementing, and evaluating educational efforts depending on the focus and scope of their role. ASUEP in the areas of Human Development and Family Well Being and Individual Family Resource Management will conduct educational sessions to educate limited resource individuals and families on the importance of parenting, and financial management skills as a result of data collected through town hall, advisory meetings, focus groups, and Individual Client Service Plans. Therefore, educational sessions will be conducted as follows: one (1) program every other month within five (5) regions four (4) events per year in three (3) counties, workshops, and/or group meetings tours, demonstrations, seminars in five (5) counties in various communities, local government and extension offices, one on one home visits will be conducted as well as providing clientele with six (6) newsletters, and information through four (4) quarterly radio or television sessions.
2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Extension</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Discussion</td>
<td>TV Media Programs</td>
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<tr>
<td>One-on-One Intervention</td>
<td>Web sites</td>
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<tr>
<td>Education Class</td>
<td>Public Service Announcement</td>
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</tr>
<tr>
<td>Workshop</td>
<td>Newsletters</td>
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</table>

3. Description of targeted audience

The target audiences are limited resource families, single parent families, and individuals in the state of Mississippi.

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th></th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
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<tbody>
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<td>Year</td>
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<td>Target</td>
<td>Target</td>
<td>Target</td>
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<td>1200</td>
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<td>400</td>
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<tr>
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<tr>
<td>2013</td>
<td>1550</td>
<td>2000</td>
<td>300</td>
<td>550</td>
</tr>
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</table>

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

2009: 0  
2010: 0  
2011: 0  
2012: 0  
2013: 0

3. Expected Peer Review Publications

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<thead>
<tr>
<th>Year</th>
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<tbody>
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</tr>
<tr>
<td>2010</td>
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<tr>
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<tr>
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<td>0</td>
</tr>
<tr>
<td>2013</td>
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<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

V(H). State Defined Outputs

1. Output Target

- Conduct educational programs in Human Development & Family Resource Management

2009: 14  
2010: 14  
2011: 14  
2012: 18  
2013: 18
- Conduct events (fairs, conferences, field days, etc.) in Human Development & Family Resource Management

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
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<td>5</td>
<td>6</td>
<td>.7</td>
<td>6</td>
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</table>

- Target Activities Human Development and Family Resource Management

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<td>10</td>
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<td>20</td>
<td>25</td>
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</table>

- Develop newsletters Human Development and Family Resource Management

<table>
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<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<td>6</td>
<td>6</td>
<td>6</td>
<td>7</td>
<td>7</td>
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</table>

- Develop Radio/TV programs developed for human development

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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V(I). State Defined Outcome

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<tr>
<th>O. No</th>
<th>Outcome Name</th>
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<tbody>
<tr>
<td>1</td>
<td>Percent of limited resource participants reporting to have applied positive parenting practices</td>
</tr>
<tr>
<td>2</td>
<td>Percent of limited resource participants reporting to have applied good infant and child care practices</td>
</tr>
<tr>
<td>3</td>
<td>Percent of limited resource participants reporting to have used child care quality characteristics in their care selection</td>
</tr>
<tr>
<td>4</td>
<td>Percent of limited resource participants to develop and utilize skills to analyze financial statements to make effective managerial and financial decisions</td>
</tr>
<tr>
<td>5</td>
<td>Percent of parents/relative caregivers reporting to have experienced positive change in parent-child relationships that they attribute to implementing new parenting behaviors learned in educational programs</td>
</tr>
<tr>
<td>6</td>
<td>Percent of child care providers, child care programs or parents reporting improved child care as a result of participating in educational programs</td>
</tr>
<tr>
<td>7</td>
<td>Percent decrease in financial in debt for utilized financial and credit management</td>
</tr>
<tr>
<td>8</td>
<td>Percent of (target contact) limited resource participant to gain knowledge of financial management skills of preparing a budget, developing a financial emergency plan, credit management, and identify theft</td>
</tr>
<tr>
<td>9</td>
<td>Percent of youths to gain knowledge and develop sound consumer and financial skills to assist in family financial management</td>
</tr>
<tr>
<td>10</td>
<td>Percent of (target contact) program participants who demonstrate knowledge or skill gained related to positive parenting practices and child care needs</td>
</tr>
</tbody>
</table>
### Outcome #1

1. **Outcome Target**

   Percent of limited resource participants reporting to have applied positive parenting practices

2. **Outcome Type:** Change in Action Outcome Measure

<table>
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<tr>
<th>2009</th>
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</table>

3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
   - 802 - Human Development and Family Well-Being

### Outcome #2

1. **Outcome Target**

   Percent of limited resource participants reporting to have applied good infant and child care practices

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
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<tbody>
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</table>

3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
   - 802 - Human Development and Family Well-Being

### Outcome #3

1. **Outcome Target**

   Percent of limited resource participants reporting to have used child care quality characteristics in their care selection

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
<th>2010</th>
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<th>2012</th>
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</table>

3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
   - 802 - Human Development and Family Well-Being

### Outcome #4

1. **Outcome Target**

   Percent of limited resource participants to develop and utilize skills to analyze financial statements to make effective managerial and financial decisions

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
<th>2010</th>
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<th>2012</th>
<th>2013</th>
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</table>

3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
● 801 - Individual and Family Resource Management

**Outcome #5**

1. **Outcome Target**

Percent of parents/relative caregivers reporting to have experienced positive change in parent-child relationships that they attribute to implementing new parenting behaviors learned in educational programs.

2. **Outcome Type:** Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
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</tbody>
</table>

3. **Associated Institute Type(s)**

- 1890 Extension
- 1890 Research

4. **Associated Knowledge Area(s)**

- 802 - Human Development and Family Well-Being

**Outcome #6**

1. **Outcome Target**

Percent of child care providers, child care programs or parents reporting improved child care as a result of participating in educational programs.

2. **Outcome Type:** Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
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</tbody>
</table>

3. **Associated Institute Type(s)**

- 1890 Extension
- 1890 Research

4. **Associated Knowledge Area(s)**

- 802 - Human Development and Family Well-Being

**Outcome #7**

1. **Outcome Target**

Percent decrease in financial in debt for utilized financial and credit management.

2. **Outcome Type:** Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th></th>
<th>2009</th>
<th>2010</th>
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<th>2012</th>
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</tbody>
</table>

3. **Associated Institute Type(s)**

- 1890 Extension
- 1890 Research

4. **Associated Knowledge Area(s)**

- 801 - Individual and Family Resource Management

**Outcome #8**

1. **Outcome Target**

Percent of (target contact) limited resource participant to gain knowledge of financial management skills of preparing a budget, developing a financial emergency plan, credit management, and identify theft.

---

Report Date 11/10/2009  Page 21 of 111
2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>Outcome Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
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<tr>
<td>2010</td>
<td>20</td>
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<tr>
<td>2011</td>
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<td>2012</td>
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<td>2013</td>
<td>25</td>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
- 801 - Individual and Family Resource Management

Outcome #9

1. Outcome Target
Percent of youths to gain knowledge and develop sound consumer and financial skills to assist in family financial management

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>Outcome Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>20</td>
</tr>
<tr>
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<td>2012</td>
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<td>2013</td>
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3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
- 802 - Human Development and Family Well-Being

Outcome #10

1. Outcome Target
Percent of (target contact) program participants who demonstrate knowledge or skill gained related to positive parenting practices and child care needs

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>Outcome Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>20</td>
</tr>
<tr>
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<tr>
<td>2012</td>
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<tr>
<td>2013</td>
<td>30</td>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
- 802 - Human Development and Family Well-Being

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Economy
- Populations changes (immigration, new cultural groupings, etc.)

Description
Economy - the economic funding resources for providing quality and increasing the availability and accessibility of child care and parenting program and services which can limit the impact on limited resource single parent and families.
The lack of the availability of limited personnel and other critical resources can impact on program implementation in communities of the state.

Government regulation - policies driven by public priorities that can change the circumstances of personal finances.

Public Policy Changes - number of children required to attend child care centers throughout the state which impacts programs.

Competing Public Priorities- Communities and societies face issues that require collaborative efforts and attention to enhance potential impact and effect on families through collaboration.

Competing Programmatic Challenges- State and Regional programs with similar educational focuses across communities influence both needs and program strategy.

Population Changes-the growth of minority populations in many communities across the state emphasizes a need for programming more diverse cultures and values related to parenting and child care.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
   - Time series (multiple points before and after program)
   - After Only (post program)
   - Before-After (before and after program)
   - During (during program)

Description
   In order to measure the effectiveness of the adoption of practices, a follow-up will be conducted with the trained clientele approximately 6-10 weeks after the session or series. Some processes to be used:
     - Identify and conduct a telephone summary of a pool of parents from enrollment lists (every 5th, 10th or 25th name). Make phone calls 6 10 weeks after the session. Ask them 2 3 prepared questions. Record the percentage of how they have changed their interactions with children or as parents. Adoption of practices utilizing sampling method, to generalize the percent of the whole audience to arrive at the reported figure. Sample questions may include: Did you use information presented from the educational events, activities on human development (date, title, location), what specifically have you used more than once? What techniques have you shared with someone else? Outside evaluation specialist from MSU will be utilized to evaluate educational programs of this planned program to obtain data from an external expert on the program effectiveness with limited resource audiences.
     - Calculate their results with counting 36/40 of participants indicated they have adopted practices. A report will be generated that states the percentage of those interviewed, who adopted practices. If it is the case of sampling a larger group, then we’d obtain a percent by reporting 90 out of 100.

2. Data Collection Methods
   - On-Site
   - Structured
   - Observation
   - Case Study

Description
   Basic program documentation and monitoring activities include collected data on program outputs and resource clientele. Program outcome data is collected through direct observation, participant feedback before, during, and after programs, systematic collection of anecdotal information, and follow up surveys.
   - Results will be counted 36/40 who indicates they have adopted practices. A report will be generated that states the percentage of those interviewed who have adopted practices.
• Use a written sample survey (similar to phone survey but mailed or delivered). Provide incentives to increase returns and written results.

• Hold an end of session focus group to be conducted by someone other than the primary instructor. This information will provide qualitative information.

• Record keeping sheets are offered for use. A number or a set of initials for each client will be assigned so that you know if the same client comes to multiple sessions and gains knowledge more than once. After the reported knowledge is gained, the staff only reports the number of actual people acquiring knowledge and not duplicating this by the number of times they attended. Each local site uses a variety of these methods appropriate to their level of implementation of educational program, events and activities, etc. Local extension staff provide quarterly and annual reports via a web based reporting system documenting program participation data; reporting against an output/outcome template derived from the approved Federal plan of work, and selected success stories.
V(A). Planned Program (Summary)

Program #2

1. Name of the Planned Program
Youth - At - Risk

2. Brief summary about Planned Program

The Youth at Risk Planned Program will emphasize important issues facing youth and explore methods to provide support systems to aid youth in becoming productive individuals of society. The program will focus on club development/volunteer management to facilitate the organizing and managing of community and school based clubs to increase limited resource participation in leadership opportunities. Keep as is, club members will gain multiple life skills, including public speaking, problem solving, goal setting, citizenship and planning. Creative skills will be developed to demonstrate superior expression in writing and in public events. Additionally, volunteers will be trained to work with youth in clubs to provide variety of educational, cultural and citizenship opportunities. In community based clubs, youth will be provided with learning experiences to attain a voice; to actively engage in activities of clubs. Tobacco education, prevention and harmful affects on the health of youth are an emphasis of the planned program. Coping skills will be developed to handle peer and other life pressures to resist the use of tobacco and tobacco products that lead to unhealthy and antisocial behaviors. Educational programs will be developed and implemented to enhance decision making, communication skills and creativity and cultural arts of youth through adulthood. Teen pregnancy/sexually transmitted diseases will also be addressed by developing negotiation, decision making and coping skills to enable youth to resist risky behaviors. Increase in awareness of harmful present and future health affects of unprotected sexual activity and the social and economic consequences of early teen pregnancies will be implemented. Youth leadership will be another emphasis of the program to enhance leadership competencies and the necessary personal, social and cognitive skills to become leaders in school and communities. Citizenship skills will also be increased to provide an understanding of community and cultural heritage. The planned program will focus on career development/workforce preparedness to develop job readiness skills to assist youth in the job search. It will provide job development and vocational skills to provide an understanding and awareness of career options and the steps necessary to accomplish adequate preparation for the world of work. The Youth at Risk planned program was selected based on the findings from the implementation of Environmental Scanning Processes: town hall meetings, focus groups, advisory councils and Individualized Client Service Plan (ICSP) in various counties that identified tobacco use, high rates of teen pregnancy and infection rate of sexually transmitted diseases as relevant issues facing youth in the state. Also other issues identified were the lack of leadership skills that youth possess in school and communities; lack of job preparedness/readiness; and the lack of recreational, cultural and social activities for youth.

3. Program existence : Intermediate (One to five years)

4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : No

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>%1862 Extension</th>
<th>%1890 Extension</th>
<th>%1862 Research</th>
<th>%1890 Research</th>
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<tbody>
<tr>
<td>802</td>
<td>Human Development and Family Well-Being</td>
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<tr>
<td>806</td>
<td>Youth Development</td>
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<td>100%</td>
<td></td>
<td>0%</td>
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</tr>
</tbody>
</table>
V(C). Planned Program (Situation and Scope)

1. Situation and priorities

In Mississippi youth are faced with staggering issues such as pregnancy, and sexually transmitted diseases. Although the pregnancy rate has declined, Mississippi still has the one of the highest percentages of birth to teens in the nation of 17.1 percent. Of 214,190 girls' between ages 10 to 19, 7,583 became pregnant in 2002. Also in 2002, 2,831 dollars were spent on teen childbearing. For every dollar invested in teen pregnancy prevention $2.65 in medical and social cost are saved. In 2002, Mississippi State Department of Health (MSDH) reported many cases of sexually transmitted diseases, 11,815 cases of Chlamydia, 6,859 cases of gonorrhea and 248 cases of syphilis. There were 379 new cases of HIV and 348 of AIDS. Research by the After School Alliance (2004) states that youth that participate in high quality educational programs, activities and events such as school and community clubs and after school programs are linked with a lower incidence of problem behaviors, such as decreased academic failure, substance use, early sexual active and delinquency. 16 percent of youth in Mississippi are in unsupervised care after school each day and these youth are more likely to become involved in risky behavior than those in supervised care. Youth that are unsupervised during out of school time are much more likely to engage in activities that place them at risk. Youth who participate in these programs have demonstrated improved academic behaviors and improved personal and social skills. Youth of limited resource families experience fewer opportunities to become leaders and gain skills to enhance their own development to build their self confidence within their schools and in communities. Also, due to limited financial resources they experience fewer chances to develop skills through involvement in school and community activities and events. 4 H educational programs, events and activities for age appropriate youth can create opportunities to develop leadership, teamwork, and life skills. Another issue facing youth, was reported in the 2004 State Youth Tobacco Survey (YTS) which found that 22.4 % of Mississippi’s high school student’s smoke and 15.5% of high school males use spit tobacco. 6,800 students under the age 18 become smokers each year and 192,000 youth under 18 are exposed to secondhand smoke at home each year. 662 million dollars was spent on health care costs directly caused by smoking and the use of tobacco products. According to the Mississippi Labor Market Data the unemployment rate of youth is 15 percent. Half of the graduating seniors in Mississippi will leave high school lacking the skills necessary to secure a job. The key to the future of rural youth and their communities will be investing in career development/workforce preparation programs that provide the knowledge and skills that will enable and maintain employment. The goal of this planned program is to plan and deliver educational programs, activities and events that will enable at risk limited resource youth to develop skills help them cope with life’s issues and assume leadership roles in their schools and communities.

2. Scope of the Program

- In-State Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

A common belief in our society is that troubled youth often are correlated with limited resources families living in disadvantaged communities. An assumption of this program is that Youth Development Programs are appropriate, accessible, and affordable for all youth. Yet, many limited resource youth may lack the financial resources or family and community support system to actively engage in leadership and competitive programs, events and activities at the local, state and national levels. Due to limited financial resources, youth from limited resource families experience fewer opportunities to develop their life skills through involvement in school related activities and community events. Another assumption is that youth who have dropped out of school are at greater risk because they will not have access to programs that will aid them in the development of these skills; as well as limited community or family resources and support system. Therefore, diverse strategies will be explored and implemented to aid youth and their families in addressing challenges as they grow and develop into mature adults. It is important to aid youth in addressing at risk behavior through the developmental stage of their lives. In disadvantaged communities, youth also experience obstacles regarding career development as a result of low school quality available in school districts in the state and because the high unemployment rate in general.

2. Ultimate goal(s) of this Program

The ultimate goal of the proposed plan is to enhance leadership skills of youth to assume leadership roles in schools and communities: to develop decision-making, communication and coping skills; to help youth resist risky behaviors and to have the ability to address relevant issues in their daily lives. This will include knowledge and awareness concerning career development/workforce preparedness, and development of job readiness skills of at-risk, limited resources youth to obtain employment or pursue a career in a desirable workplace.
V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
<thead>
<tr>
<th>Year</th>
<th>Extension</th>
<th>Research</th>
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</thead>
<tbody>
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<tr>
<td>2013</td>
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</table>

V(F). Planned Program (Activity)

1. Activity for the Program

4 H Youth Educators will conduct educational sessions in local schools and communities using Let’s Talk about IT: Keeping Teens Safe curriculum. The 4 H Youth Educator will conduct an educational activity entitled “Baby Think it Over” will help youths explore the emotional, financial and social consequences of teen parenting. Extension 4 H Youth Educators, Community Volunteers, Youth Specialist and other collaborators will plan and organize a regional Teen summit that will provide additional educational information to youth and provide them with an opportunity to network and share resources and experiences. 4 H Youth Educators and CRD Educators will conduct a Career Day/Fair at local schools and Communities. Staff training and educational sessions will be conducted utilizing the Working Class Curriculum, local schools and in Communities. Educational workshops, tours and career days/fairs will be conducted at local schools and in communities. 4 H Youth Educators will plan and implement youth tobacco summits, organize age appropriate tobacco teams and conduct monthly educational sessions for age appropriate tobacco teams in school and communities using the Project STAR Tobacco Curriculum. To provide information and develop skills of volunteer leaders, the 4 H Educators will use the Developing Volunteer Leaders to Organize School and Community Club Curriculum to train new volunteer leaders to organize school and community based clubs. Youth and Volunteer Leaders will participate in the following activities and events: 4 H Project Achievement Day; 4 H State Club Congress; 4 H State Fair Exhibit/4 H Day at Fair; National 4 H Congress; Leadership Camp and career days/Fair.

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th></th>
<th>Extension</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct Methods</td>
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<tr>
<td>Group Discussion</td>
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<td>Newsletters</td>
</tr>
<tr>
<td>Other 1 (Regional Youth Summits)</td>
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<td>Public Service Announcement</td>
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<tr>
<td>Other 2 (Summer Camp)</td>
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<td>Web sites</td>
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<td>Workshop</td>
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<td>Other 1 (Fact Sheets)</td>
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<tr>
<td>Education Class</td>
<td></td>
<td>Other 2 (Youth Newsletters)</td>
</tr>
</tbody>
</table>

3. Description of targeted audience

The target audiences are at risk resource children and youth age 5-18 and adult volunteers.

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods
<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
<th>Indirect Contacts Youth</th>
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<td>2500</td>
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<td>2013</td>
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<td>800</td>
<td>4000</td>
<td>2000</td>
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</table>

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

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</thead>
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<tr>
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<tr>
<td>2013</td>
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3. Expected Peer Review Publications

<table>
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<tr>
<td>2013</td>
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</tbody>
</table>

V(H). State Defined Outputs

1. Output Target

- Conduct monthly educational sessions for age appropriate tobacco teams in school and communities using the Project STAR Tobacco Curriculum
  
  2009 26  
  2010 38  
  2011 46  
  2012 50  
  2013 50

- Conduct educational sessions in local schools and communities using Let's Talk about IT.
  
  2009 70  
  2010 80  
  2011 90  
  2012 95  
  2013 95

- Conduct educational activities entitled "Baby Think it Over will help youth explore the emotional, financial and social consequences of teen parenting (Pregnancy Prevention)
  
  2009 20  
  2010 25  
  2011 30  
  2012 35  
  2013 35

- Plan and implement Youth tobacco summits to provide youth an opportunity to network and share resources and life experiences about Tobacco Education
  
  2009 2  
  2010 2  
  2011 18  
  2012 20  
  2013 20

- Conduct Workforce Development educational sessions utilizing the Working Class Curriculum local schools and in Communities
  
  2009 45  
  2010 50  
  2011 55  
  2012 60  
  2013 60

- Conduct volunteer leaders training to organize school and community based clubs
<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
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<td>2013</td>
<td>25</td>
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</tbody>
</table>

- Youth to Participate in projects at 4-H: Achievement Days, State club congress, and State fair exhibits National Youth Development education activity.
  - Number: 3

- Attend and participate in National 4-H Congress/conference participate in national education activities.
  - Number: 1

- Organize tobacco education clubs.
  - Number: 26, 88, 46, 50

- Conduct Career Development career days/fairs and tours.
  - Number: 2, 4, 5, 8
V(I). State Defined Outcome

<table>
<thead>
<tr>
<th>O. No</th>
<th>Outcome Name</th>
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<tbody>
<tr>
<td>1</td>
<td>Increase in number of youth participating in teen pregnancy and sexually transmitted diseases program</td>
</tr>
<tr>
<td>2</td>
<td>Increase in knowledge gained regarding tobacco use, secondhand smoke and health consequences</td>
</tr>
<tr>
<td>3</td>
<td>Increase in number of youth knowledge of workforce opportunities and skill needed to pursue careers and jobs</td>
</tr>
<tr>
<td>4</td>
<td>Increase number of youth knowledge gained participating in educational activities at the Youth Leadership Academy</td>
</tr>
<tr>
<td>5</td>
<td>Increase percent of knowledge gained of job readiness techniques and career search skills</td>
</tr>
<tr>
<td>6</td>
<td>Number of youth benefiting from Teen pregnancy/STD Program</td>
</tr>
<tr>
<td>7</td>
<td>Decrease in the number of teen pregnancies among the teens participating in the pregnancy prevention Program.</td>
</tr>
<tr>
<td>8</td>
<td>Decrease in the number of youth who use tobacco and tobacco products participating in the tobacco education program.</td>
</tr>
<tr>
<td>9</td>
<td>Number of youth able to demonstrate the proper skills to develop a cover letter resume and Job application.</td>
</tr>
<tr>
<td>10</td>
<td>Increase the number of minority youth participating in competitive youth activities 4-H Project Achievement, State Club Congress.</td>
</tr>
<tr>
<td>11</td>
<td>Reduce the number of teens becoming sexually active as teens and contracting STD.</td>
</tr>
<tr>
<td>12</td>
<td>Reduce the incidence of youth tobacco use.</td>
</tr>
</tbody>
</table>
| 13    | Increase the number train adult volunteer to organize and manage youth in school and community based clubs.}
**Outcome #1**

1. **Outcome Target**
   Increase in number of youth participating in teen pregnancy and sexually transmitted diseases program

2. **Outcome Type**:
   Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<td>50</td>
<td>60</td>
<td>75</td>
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<td>125</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   • 1890 Extension

4. **Associated Knowledge Area(s)**
   • 802 - Human Development and Family Well-Being

**Outcome #2**

1. **Outcome Target**
   Number increase in knowledge gained regarding tobacco us, secondhand smoke and health consequences

2. **Outcome Type**:
   Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tr>
<td></td>
<td>25</td>
<td>50</td>
<td>75</td>
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<td>125</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   • 1890 Extension

4. **Associated Knowledge Area(s)**
   • 806 - Youth Development

**Outcome #3**

1. **Outcome Target**
   Increase in number of youth knowledge of workforce opportunities and skill needed to pursue careers and jobs

2. **Outcome Type**:
   Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tr>
<td></td>
<td>25</td>
<td>50</td>
<td>75</td>
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<td>100</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   • 1890 Extension

4. **Associated Knowledge Area(s)**
   • 806 - Youth Development

**Outcome #4**

1. **Outcome Target**
   Increase number of youth knowledge gained participating in educational activities at the Youth Leadership Academy

2. **Outcome Type**:
   Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
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<tr>
<td></td>
<td>30</td>
<td>35</td>
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<td>50</td>
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</table>

3. **Associated Institute Type(s)**
   • 1890 Extension

4. **Associated Knowledge Area(s)**
   • 806 - Youth Development
### Outcome #5

1. **Outcome Target**
   
   Increase percent of knowledge gained of job readiness techniques and career search skills

2. **Outcome Type:** Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<td>25</td>
<td>50</td>
<td>75</td>
<td>100</td>
<td>100</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   - 1890 Extension

4. **Associated Knowledge Area(s)**
   - 806 - Youth Development

### Outcome #6

1. **Outcome Target**
   
   Number of youth benefiting from Teen pregnancy /STD Program

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>50</td>
<td>60</td>
<td>75</td>
<td>100</td>
<td>100</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   - 1890 Extension

4. **Associated Knowledge Area(s)**
   - 802 - Human Development and Family Well-Being

### Outcome #7

1. **Outcome Target**
   
   Decrease in the number of teen pregnancies among the teens participating in the pregnancy prevention Program.

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tbody>
<tr>
<td></td>
<td>25</td>
<td>50</td>
<td>75</td>
<td>100</td>
<td>100</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   - 1890 Extension

4. **Associated Knowledge Area(s)**
   - 802 - Human Development and Family Well-Being

### Outcome #8

1. **Outcome Target**
   
   Decrease in the number of youth who use tobacco and tobacco products participating in the tobacco education program.

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tbody>
<tr>
<td></td>
<td>25</td>
<td>50</td>
<td>75</td>
<td>100</td>
<td>100</td>
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</tbody>
</table>

3. **Associated Institute Type(s)**
   - 1890 Extension

4. **Associated Knowledge Area(s)**
   - 806 - Youth Development
Outcome #9

1. Outcome Target
Number of youth able to demonstrate the proper skills to develop a cover letter resume and Job application.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
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<tbody>
<tr>
<td>Value</td>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 806 - Youth Development

Outcome #10

1. Outcome Target
Increase the number of minority youth participating in competitive youth activities 4-H Project Achievement, State Club Congress.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
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<tbody>
<tr>
<td>Value</td>
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<td>15</td>
<td>18</td>
<td>20</td>
<td>20</td>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 806 - Youth Development

Outcome #11

1. Outcome Target
Reduce the number of teens becoming sexually active as teens and contracting STD.

2. Outcome Type : Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tbody>
<tr>
<td>Value</td>
<td>25</td>
<td>30</td>
<td>35</td>
<td>40</td>
<td>40</td>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 802 - Human Development and Family Well-Being

Outcome #12

1. Outcome Target
Reduce the incidence of youth tobacco use.

2. Outcome Type : Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
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<tbody>
<tr>
<td>Value</td>
<td>8</td>
<td>10</td>
<td>12</td>
<td>15</td>
<td>15</td>
</tr>
</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 806 - Youth Development
Outcome #13

1. Outcome Target
Increase the number train adult volunteer to organize and manage youth in school and community based clubs.

2. Outcome Type : Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
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<tbody>
<tr>
<td>5</td>
<td>10</td>
<td>15</td>
<td>20</td>
<td>25</td>
</tr>
</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 806 - Youth Development

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes
- Economy
- Natural Disasters (drought, weather extremes, etc.)
- Public Policy changes
- Appropriations changes
- Other (Relocation of youth)

Description
External factors that may affect the outcome of these programs are the shift or change in staffing patterns and resources available to conduct the various educational session activities and events. Natural disasters such as: hurricanes, tornados and floods that cause families to relocate and cause economic distress. Youth participating in the program having to leave the program because of relocation of the family (youth leaving the school district, parent relocating because of employment). Parents or guardians not giving youth permission to participate in the program (lack of parental consent). Policy changes in local and state public and private schools and the availability of transportation for participants.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
- Before-After (before and after program)

Description
The evaluation plan for the pregnancy prevention/STD program will be evaluated before and after the program using the Prevention Minimum Evaluation Data Set Jr. (PMEDSJ).

The tobacco education program will be evaluated using the evaluation tool in the tobacco education curriculum.

The 4-H Youth Development and Volunteer Development Programs will be evaluated using the evaluation tools for the educational curriculum.

2. Data Collection Methods
- Unstructured
- Sampling
- On-Site
- Observation
- Mail
- Case Study
- Telephone
Description
We will sample the participants of the program before and after the program using pre-post tests, observation, and portfolio reviews. Probability sampling will be used because it is the preferred process for youth program evaluations. This program will have a targeted population and we will be measuring changes in indicators related to the program objectives.
V(A). Planned Program (Summary)

Program #3

1. Name of the Planned Program
Sustainable Animal Production Systems

2. Brief summary about Planned Program

   The proposed planned program will focus on improving meat animal production efficiency and meat quality. The program will focus on reproductive performance of animals including growth rate, feed availability, and survivability, including research aimed at reducing the prevalence and impact of infectious diseases in meat producing animals. Emphasis will be placed on the reproductive efficiency and increase in the prenatal survival of meat producing animals. The importance of developing a controlled breeding season according to market demands and trends will be stressed. The management of animals during gestation and delivery will also be emphasized. Nutrient utilization in animals will emphasize nutrient requirements of livestock and the improvement of forages for winter and summer months. Additionally, utilization of feeding and management programs to improve the competitiveness of meat animal industry appropriate to regions of the state will be undertaken. Genetic improvement of animals will focus on proper selection of breeding stock with the aim of improving the meat quality.

   The planned program will evaluate the impact of traditional and non-traditional feedstuffs on meat quality, safety and consumer confidence and acceptance of meat from cattle, swine, goats and poultry. Also, the program will investigate methods of eradicating or controlling infectious diseases and methods of monitoring harmful organisms to ensure that herds remain free of specific diseases. Additionally, investigations will focus on factors associated with early embryo viability with the view of reducing embryo mortality and exploring more feasible methods of embryo transfer. Improvements in the testing program to accommodate genetic improvement of multiple traits, including growth performance, longevity and carcass merit/quality and shelf life of meat will be researched.

   The planned program was developed based upon feedback or requests from our clientele through various methods such as town hall meetings, livestock advisory groups, needs assessment from agricultural agents, livestock specialist and other community leaders.

   The target audiences for these programs are limited-resource farmers and producers, extension educators, and rural dwellers within the State of Mississippi. Educational programs and current research based information have not reached many rural farm families and small livestock and poultry producers. Therefore, they, for the most part, have not made appropriate production management practices in order to remain profitable and sustainable in the market place. The technology transfer component of this program will include publications in refereed journals, poster presentations, documentation and procedures/materials for sustainable livestock production and improving meat quality. Also, a wide range of demonstrations, farm tours, group meetings, seminars, applied research, and other activities will be conducted to meet the needs of the targeted audiences.

   Alcorn State University is a land grant institution as designated by the second Morrill Act of 1890. Historically, ASU has assisted economically and socially disadvantaged livestock producers, and the proposed program is considered an integral part of this long tradition, especially for the limited-resource farmers of southwest Mississippi, an area surrounding Alcorn.

3. Program existence : Intermediate (One to five years)
4. Program duration : Long-Term (More than five years)
5. Expending formula funds or state-matching funds : Yes
6. Expending other than formula funds or state-matching funds : No
V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>%1862 Extension</th>
<th>%1890 Extension</th>
<th>%1862 Research</th>
<th>%1890 Research</th>
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</thead>
<tbody>
<tr>
<td>301</td>
<td>Reproductive Performance of Animals</td>
<td>20%</td>
<td>15%</td>
<td>15%</td>
<td>20%</td>
</tr>
<tr>
<td>302</td>
<td>Nutrient Utilization in Animals</td>
<td>15%</td>
<td>20%</td>
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<td></td>
</tr>
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<td>303</td>
<td>Genetic Improvement of Animals</td>
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<td>15%</td>
<td>15%</td>
<td>15%</td>
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<td>305</td>
<td>Animal Physiological Processes</td>
<td>15%</td>
<td>20%</td>
<td></td>
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<tr>
<td>308</td>
<td>Improved Animal Products (Before Harvest)</td>
<td>20%</td>
<td>25%</td>
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<td></td>
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<tr>
<td>311</td>
<td>Animal Diseases</td>
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<tr>
<td></td>
<td>Total</td>
<td>100%</td>
<td>100%</td>
<td></td>
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</tr>
</tbody>
</table>

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Agriculture is Mississippi’s number one industry, employing approximately 30% of the state’s workforce either directly (http://www.mdac.state.ms). Agriculture in Mississippi is a 6 billion-dollar industry. There are approximately 42,000 farms in the state covering 11 million acres. The average size farm is composed of 262 acres. Agriculture makes a significant contribution to all 82 counties. In Mississippi, animal production accounts for 40% of the agricultural cash receipts (poultry/eggs - $1.98 billion, cattle and calves-$250 million etc.). A strong livestock industry is essential to maintaining economic diversity in the state’s economy.

Animal production will face many challenges of specialization in the next decade, and economic survival for many small-scale producers will be difficult. Specialization will favor the adoption of expensive, capital-intensive confinement facilities and technologies. However, the main constraints, for the development of a viable small-scale livestock industry in the state, will remain unsophisticated breeding system, poor veterinary management, insufficient utilization of feedstuffs in the region, and weakness of the marketing system. Other constraints for the limited-resource producer include the seasonal variation in the availability of feed ingredients.

Medium-to low-input systems and crop livestock (mixed) systems dominate livestock production in rural Mississippi. Low-input systems provide all – or at least the major part of – the livelihoods of the livestock-keeping households, many of whom have few resources beyond their smallholdings and livestock. Information regarding these or alternative technologies must flow from, to, and among researchers, students, extension workers, and producers to ensure that new technologies will address problems and is user-friendly for producers.

The overall goal of this program is to overcome the challenges that the farmers are expected to face in the future. This will be
accomplished by altering quality characteristics of meat and carcass while maintaining or improving progress on performance and productivity of the breeding herd. To achieve this goal, projects will be designed to improve nutrient utilization as well as to use of novel feed ingredients to partition nutrients towards protein and other essential fatty acids deposition. On-going research supplementation of animal feeds with highly nutrient – rich vegetable has shown reduced bad cholesterol and improved good cholesterol and vitamin levels. In addition, studies aimed at the rate of genetic improvement, feed availability, and reproductive survivability, including research aimed at reducing the prevalence and impact of infectious disease will be conducted.

2. Scope of the Program

- In-State Extension
- Integrated Research and Extension
- In-State Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Limited livestock and poultry producers are often not fully aware of management practices that may help maximize their operations for economic sustainability. Producers’ unawareness of potential environmental impacts of their operation and/or requirements and opportunities of environmental regulations and programs will have major impact on their potential for economic well being on farms.

Educational programs and current research based information have not reached many rural farm families and small livestock and poultry producers. Therefore, they, for the most part, have not incorporated appropriate production management practices in order to remain profitable and sustainable in the market place. Integrated livestock management systems are needed to expand understanding and development of best management practices that better address current and future challenges as well as meet economic sustainability goals.

2. Ultimate goal(s) of this Program

To improve the profitability of livestock and poultry produced by limited resource farmers by improving the quality of meats through research and appropriate educational programs.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
<thead>
<tr>
<th>Year</th>
<th>Extension</th>
<th></th>
<th></th>
<th>Research</th>
</tr>
</thead>
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<td>1862</td>
<td>1890</td>
</tr>
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<tr>
<td>2013</td>
<td>0.0</td>
<td>5.0</td>
<td>0.0</td>
<td>14.0</td>
</tr>
</tbody>
</table>
V(F). Planned Program (Activity)

1. Activity for the Program

This livestock educational program will provide a wide range of demonstrations, farm tours, group meetings, seminars, applied research, and other activities to meet the needs of the targeted audience. Extension personnel and research scientists are involved in designing, implementing, and evaluating the educational efforts depending on the focus and scope of the program.

Our dissemination strategy involves a process requiring a careful match among (a) the creation of knowledge and the context of that creation,

(b) the target audiences, and

(c) the content, media, formats, and language used in getting the outcomes into the hands (and minds) of those target audiences.

A wide variety of dissemination methods will be employed which include:

- Field days, on-farm demonstration and student projects
- Curriculum development (graduate, undergraduate certificate programs).
- Seminar, workshops and trade shows
- Distance and flexible learning options
- Articles in scientific journals
- Books, reports, thesis, and patents
- Conference abstracts posters and proceedings
- Articles in industry publications and popular press

In general, but not exclusively, the research program identified priority areas with respect to sustainable meat animal production. The areas identified encompass the followings:

The impact of traditional and non-traditional feedstuffs on quality, safety and consumer confidence and acceptance of meat will be studied. A key approach is to continue work on novel feedstuff rich in minerals, omega fatty acids, pectin and antioxidants (Purslane and waterleaf). Other promising ingredients need to be screened for favorable nutrients contents.

- Studies will target the development of technology for the prediction of intramuscular fat (marbling) and detection of quality defects from measurements taken on the live animal. A key approach will be to investigate the feasibility of predicting intramuscular fat in the longissimus muscle in live animals from a single real-time ultrasonic longitudinal or cross sectional image, and to assess the merit of using ultrasound predicted IMF values to classify animals into specific IMF groups.

The research output will include publications in referred journals, poster presentations, documentation and procedures/materials for improving meat quality. The livestock/poultry educational program will provide a wide range of demonstrations, farm tours, group meetings, seminars, applied research, and other activities to meet the needs of the targeted audience. Extension personnel and research scientists are involved in designing, implementing, and evaluating the educational efforts.
2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th></th>
<th>Direct Methods</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Demonstrations</td>
<td>Other 1 (Distance and flexible learning)</td>
</tr>
<tr>
<td></td>
<td>Other 1 (Field days)</td>
<td>Web sites</td>
</tr>
<tr>
<td></td>
<td>Workshop</td>
<td>Newsletters</td>
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<tr>
<td></td>
<td>Group Discussion</td>
<td>Other 2 (Research Publications)</td>
</tr>
<tr>
<td></td>
<td>One-on-One Intervention</td>
<td></td>
</tr>
</tbody>
</table>

3. Description of targeted audience

The target audiences are limited-resource farmers and producers, extension educators, and rural dwellers within the State of Mississippi. The ultimate targeted audience is customers/consumers of livestock and poultry products throughout the State of Mississippi and the nation.

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
<th>Indirect Contacts Youth</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Target</td>
<td>Target</td>
<td>Target</td>
<td>Target</td>
</tr>
<tr>
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</tr>
<tr>
<td>2013</td>
<td>700</td>
<td>650</td>
<td>150</td>
<td>150</td>
</tr>
</tbody>
</table>

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
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3. Expected Peer Review Publications

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</table>

V(H). State Defined Outputs

1. Output Target

- Conduct educational tours on livestock production practices for Limited Resource farm families and youth in communities.
2009 6 2010 8 2011 :10 2012 :10 2013 6

- Conduct educational demonstration for Limited Resource farm families and youth in communities


- Conduct educational workshop on livestock production practices for limited Resource farm families and youth in communities.


- Number of educational seminars on livestock production practices for Limited Resource farm families and youth in communities on Reproduction Performance, nutrient utilization in animals.


- Conduct educational field days and other educational activities on livestock production practices for Limited Resource farm families and youth in communities.

2009 5 2010 6 2011 :8 2012 9 2013 8

- Conduct educational activities on livestock production practices for Limited Resource farm families and youth in communities.


- Conduct educational training on animal production to limited resources farm families

2009 2 2010 8 2011 :3 2012 2 2013 8

- Number of Research Publications published in the field of animal sciences/meat production

2009 2 2010 2 2011 :3 2012 0 2013 8

- Number of research based reader-friendly pamphlets and leaflets developed by extension educators for farmers and farm families


- Develop M.S. thesis on alternative production systems for meat animals

2009 2 2010 3 2011 :4 2012 0 2013 3

- Conduct educational activities for Limited Resource farm families and youth in communities on alternative production systems for meat animals


- Conduct educational field days and other educational activities for Limited Resource farm families and youth in communities.

V(I). State Defined Outcome

<table>
<thead>
<tr>
<th>O. No</th>
<th>Outcome Name</th>
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<tbody>
<tr>
<td>1</td>
<td>Percentage of participants to gain knowledge on genetic improvement of animals.</td>
</tr>
<tr>
<td>2</td>
<td>Percentage of participants improving breeding stock to maintain quality; sustainability, and profitability.</td>
</tr>
<tr>
<td>3</td>
<td>Percentage of participants to improve production efficiency through adoption of best management practices.</td>
</tr>
<tr>
<td>4</td>
<td>Percentage of program participants to gain knowledge on breeding stock selection, reproductive performance.</td>
</tr>
<tr>
<td>5</td>
<td>Percentage of producers, documented to have modified existing practices or technologies.</td>
</tr>
<tr>
<td>6</td>
<td>Percentage of producers adopted new production management practices and technologies.</td>
</tr>
<tr>
<td>7</td>
<td>Number of producers documented to have assessed potential environmental impacts of their operations and developed and acted on plans to eliminate or minimize those concerns</td>
</tr>
<tr>
<td>8</td>
<td>Percentage of producers documented to have developed and implemented herd health management plans or modified existing plans to improve production.</td>
</tr>
<tr>
<td>9</td>
<td>Percentage of producers documented to have improved economic returns to agricultural profitability and vitality resulting from enhanced production management practices.</td>
</tr>
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### Outcome #1

1. **Outcome Target**
   Percentage of participants to gain knowledge on genetic improvement of animals.

2. **Outcome Type**: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
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3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
   - 303 - Genetic Improvement of Animals

### Outcome #2

1. **Outcome Target**
   Percentage of participants improving breeding stock to maintain quality, sustainability, and profitability.

2. **Outcome Type**: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
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</table>

3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
   - 308 - Improved Animal Products (Before Harvest)

### Outcome #3

1. **Outcome Target**
   Percentage of participants to improve production efficiency through adoption of best management practices.

2. **Outcome Type**: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
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3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
   - 301 - Reproductive Performance of Animals

### Outcome #4

1. **Outcome Target**
   Percentage of program participants to gain knowledge on breeding stock selection, reproductive performance.

2. **Outcome Type**: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
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</table>

3. **Associated Institute Type(s)**
   - 1890 Extension
   - 1890 Research

4. **Associated Knowledge Area(s)**
● 301 - Reproductive Performance of Animals

**Outcome #5**

1. **Outcome Target**

Percentage of producers, documented to have modified existing practices or technologies.

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
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3. **Associated Institute Type(s)**

- 1890 Extension

4. **Associated Knowledge Area(s)**

- 303 - Genetic Improvement of Animals

**Outcome #6**

1. **Outcome Target**

Percentage of producers adopted new production management practices and technologies.

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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</table>

3. **Associated Institute Type(s)**

- 1890 Extension

4. **Associated Knowledge Area(s)**

- 308 - Improved Animal Products (Before Harvest)

**Outcome #7**

1. **Outcome Target**

Number of producers documented to have assessed potential environmental impacts of their operations and developed and acted on plans to eliminate or minimize those concerns.

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
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3. **Associated Institute Type(s)**

- 1890 Extension

4. **Associated Knowledge Area(s)**

- 308 - Improved Animal Products (Before Harvest)

**Outcome #8**

1. **Outcome Target**

Percentage of producers documented to have developed and implemented herd health management plans or modified existing plans to improve production.

2. **Outcome Type:** Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
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<td>5</td>
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</table>

3. **Associated Institute Type(s)**

- 1890 Extension

4. **Associated Knowledge Area(s)**
Outcome #9

1. Outcome Target
Percentage of producers documented to have improved economic returns to agricultural profitability and vitality resulting from enhanced production management practices.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tr>
<td>15</td>
<td>10</td>
<td>10</td>
<td>5</td>
<td>10</td>
</tr>
</tbody>
</table>

3. Associated Institute Type(s)
•1890 Extension

4. Associated Knowledge Area(s)
• 301 - Reproductive Performance of Animals

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes
• Economy
• Government Regulations
• Competing Public priorities
• Appropriations changes
• Natural Disasters (drought, weather extremes, etc.)

Description
Livestock enterprises operate in a complex and volatile context involving susceptibility to weather extremes, changing governmental policies and regulations, competitive land uses and shifting developmental patterns, evolving consumer demands, and globally influenced markets. Fundamental change is occurring in the state and regional economies within which agricultural and horticultural enterprises operate. The specific implications of these external factors vary greatly by locale and across commodities and business forms. Population and land use changes in farming communities can lead to producer/neighbor issues that influence choice of production practices.

The outcome of this problem will be influenced mainly by such external factors as variations in climate during each growing season, inadequate appropriations, public policy changes, and governmental regulations. The ability or willingness of younger men and women to become involved in production agriculture will enhance productivity and profitability.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
• Retrospective (post program)
• During (during program)
• Before-After (before and after program)

Description
Research will be evaluated according to its relevance to Mississippi and the nation. Productivity will be measured by publication in scientific and popular literature and other means of communicating results as well as amount of external funding. Interdisciplinary research is encouraged, bringing together expertise to address the broad-based issues that face animal agriculture. All evaluations will go through the Research Director or Dean. The Dean will use these evaluations for program development. Program success is important in deciding where future school resources will be used.

Extension will be evaluated by participants in extension programs. An evaluation form will be used to assess program
effectiveness. Input is also solicited from extension agents and advisory committees. This information is used in planning future programs. Interdisciplinary and multi-state programs are encouraged to improve quality and efficiency.

2. Data Collection Methods

- Other (Participants Feedback,)
- Tests
- Observation
- On-Site

Description

Research will be evaluated according to its relevance to Mississippi and the nation. Productivity will be measured by publication in scientific and popular literature and other means of communicating results as well as amount of external funding. Interdisciplinary research is encouraged, bringing together expertise to address the broad-based issues that face animal agriculture. All evaluations will go through the Research Director or Dean. The Dean will use these evaluations for program development. Program success is important in deciding where future school resources will be used.

Extension will be evaluated by participants in extension programs. An evaluation form will be used to assess program effectiveness. Input is also solicited from extension agents and advisory committees. This information is used in planning future programs. Interdisciplinary and multi-state programs are encouraged to improve quality and efficiency.
1. Name of the Planned Program
Sustainable Horticulture Production Systems

2. Brief summary about Planned Program
The planned program will focus on determining the agronomic requirements of alternative crops for developing high value sustainable horticultural system for rural Mississippi. These studies will encompass the following subject areas:

- Soil, Plant, Water, Nutrient Relationships. Different cropping systems, fertilizer treatments and moisture applications will be used to identify high-income generating crop cultivars, under selected Mississippi soils.

- Plant management Systems. The impact of plant density, row preparation, irrigation sources and application methods, staking and pruning techniques and other management practices on the growth and development of each test crop will be determined.

- Insects, Mites and other Arthropods Affecting Plants. Both organic and inorganic chemicals, as well as recommended cultural practices as crop rotation, multiple cropping, resistant cultivars, and differential planting dates, and soil solarization among others will be used for plant pest control in alternative test crops.

- Weed Affecting Plants. Chemical, Biological, and cultural methods of weed control in alternative crop test plots will be evaluated and most effective measure or measures recommended. In addition to developing economically viable cropping systems, some easy to use protocols will be developed to generate consumer products for enhancing the crop value.

New and Improved Food Processing Technologies. The Alcorn State University vegetable processing facility in Marks, MS will be used to educate farmers on how to add value to and package harvested alternative crops.

Research based information will be provided to farmers through on-farm demonstrations at ASU-EP Demonstration Centers located in Mound Bayou, Northwest Mississippi; Preston, East Mississippi, and Lorman, Southwest Mississippi. The Centers will be used to demonstrate needed information to farmers on the agronomic practices and other plant management systems that will enhance the growth, yield and quality of vegetable crops. The centers will also be used to demonstrate and educate on new technologies suited to the needs of the small farmer. Such technologies include crop varieties that tolerate or resist natural environmental and pest management programs that utilize judicious combinations of pesticides, host resistance, and cultural methods.

Educational programs will be provided to farmers on adding value to crops produced under sustainable agriculture systems. This value added technology could enhance profitability of farming operations; minimize fluctuation in farm income and improve the economic well-being which may improve the quality of life of the limited-resource farmers. Alternative crop evaluation studies at the Alcorn State University Experiment Station have been in existence since the establishment of the station on campus in 1971. The information derived from the horticultural and food processing research will be extended to limited-resource farmers in the most effective manners.

3. Program existence: Intermediate (One to five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds: Yes

6. Expending other than formula funds or state-matching funds: No
V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

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<th>%1890 Extension</th>
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<th>%1890 Research</th>
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<tbody>
<tr>
<td>102</td>
<td>Soil, Plant, Water, Nutrient Relationships</td>
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<tr>
<td>205</td>
<td>Plant Management Systems</td>
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<td>20%</td>
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<tr>
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<td>20%</td>
<td></td>
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<tr>
<td>213</td>
<td>Weeds Affecting Plants</td>
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<td>20%</td>
<td>20%</td>
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<td>501</td>
<td>New and Improved Food Processing Technologies</td>
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<td>20%</td>
<td>20%</td>
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<td><strong>Total</strong></td>
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V(C). Planned Program (Situation and Scope)

1. Situation and priorities

The focus of this program is to examine the feasibility of incorporating alternative high value crops by identifying the appropriate relationships between plants, water, nutrients and soil in Mississippi. The pest management systems, disease and weed control measures will also be evaluated.

Mississippi’s soil and water resources, favorable mild climate and excellent long growing season make growers produce high priority agronomic crops such as cotton, soybean, corn and rice. However, for some of these conventional crops, the potential for production has exceeded demand, thus depressings prices below the level of profitability. The number of farms, farm family income, and opportunity for employment are declining, and urban population increasing. Fruit and vegetable crop productions have been suggested as agricultural alternatives that could improve the income situation of small-scale farmers in Mississippi. This has become an issue because most farmers who benefit from agricultural research at Alcorn State University are limited-resource farmers seeking scientific methods to improve their crop production potential and profitability. Studies have shown that low-input alternative agriculture using alternative crops and environmentally friendly production practices will enhance productivity without polluting the environment. (Igboekwe et al., 1996; Igboekwe and Hollins, 2000; Panicker et al., 2004.) Alcorn’s scientists and supporting staff are currently using field studies to identify alternative crops with high-income potentials. The relationships between plants and growth factors as well as crop management practices are seriously being investigated. (Panicker et al., 2002). Personal communications with extension agents and some farmers indicate that some farmers, especially those who previously considered alternative production practices unacceptable, are now transitioning into organic agriculture. The Extension program is now designed to assist farmers in their effort to adopt the new production practices through workshops, seminars and field visits.

References:


2. Scope of the Program

- In-State Research
- Integrated Research and Extension
- In-State Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Soil, Plant, Water, Nutrient Relationships identified high yielding alternative crops suitable for western Mississippi will be made available to limited resource farmers for incorporation into their production plan. Production manuals will be developed as well as other information sheets will be used as guides by farmers in their efforts to incorporate these crops, increase productivity, and enhance profitability. Plant management Systems Improved cultural practices, such as crop rotation, conservation tillage, mulching, multiple cropping, nutrient management and other factors of optimal production will be recommended. Insects, Mites and other Arthropods Affecting Plants Pests of the crop plants will be controlled with appropriate pesticides. Major principles of integrated pest management system will be demonstrated and made available to farmers. The need to use the identified pest resistant cultivars will be emphasized. Weeds Affecting Plants Weeds in crop lands will be controlled with appropriate herbicides, mulching with organic and/or synthetic materials, cover cropping, and solarization, among other measures that will be found suitable through research at Alcorn State University. New and Improved Food Processing Technologies Farmers will be educated on modern value added processing and packaging technology of alternative crops. The processing plant will serve as a laboratory where limited resource farmers will receive hands on experience on the activities associated with value added processing and packaging of alternative crops. This value added technology will also encourage farmers to engage in commercial, alternative crop production such as shiitake mushroom, create some marketing opportunities and ultimately improve their quality of life. Workshops, and seminars, group meetings, on farm laboratories, field day expositions will be used to emphasize the need to use approved field preparation practices, proper fertilizer types and rates of applications in all form of alternative crop production. The importance of crop rotation, cover cropping, intercropping and use of organic materials to enhance productivity, while protecting the environment will be demonstrated. A new vineyard has been established with two varieties of bunch grapes for comparing organic inorganic methods of production. Handouts and production manuals will be made available to all program participants. The need to practice teamwork through farmers’ cooperatives will be encouraged. Value added product developments using raw materials from these investigations will be encouraged. The efforts between Alcorn scientists, extension educators, specialists, and off campus collaborators from NRCS, ARS and other 1890 and 1862 institutions will lead to the success of the plan. This program will be designed specifically for the limited resource farmers, extension educators, and rural dwellers within the State of Mississippi. We hope to obtain trademarks and patents for some of the products, through the collaborative efforts with the Department of Human Services on campus. Recipe booklets developed at Alcorn State University and information sheets will be used to disseminate generated results to the public, particularly for food processing initiatives.

2. Ultimate goal(s) of this Program

1) To enhance the income-potential of the Mississippi limited-resource farmers by
growing alternative crops through sustainable production practices.

2) To improve the quality of life of small-limited resource farm families.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
<thead>
<tr>
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</table>

V(F). Planned Program (Activity)

1. Activity for the Program

Soil, Plant, Water, Nutrient Relationships

Identified high yielding alternative crops suitable for western Mississippi will be made available to limited-resource farmers for incorporation into their production plan. Production manuals will be developed as well as other information sheets will be used as guides by farmers in their efforts to incorporate these crops, increase productivity, and enhance profitability.

Plant management Systems

Improved cultural practices, such as crop rotation, conservation tillage, mulching, multiple-cropping, nutrient management and other factors of optimal production will be recommended.

Insects, Mites and other Arthropods Affecting Plants

Pests of the crop plants will be controlled with appropriate pesticides. Major principles of integrated pest management system will be demonstrated and made available to farmers. The need to use the identified pest resistant cultivars will be emphasized.

Weeds Affecting Plants

Weeds in crop lands will be controlled with appropriate herbicides, mulching with organic and/or synthetic materials, cover cropping, and solarization, among other measures that will be found suitable through research at Alcorn State University.

New and Improved Food Processing Technologies

Farmers will be educated on modern value-added processing and packaging technology of alternative crops. The processing plant will serve as a laboratory where limited-resource farmers will receive hands-on experience on the activities associated with value-added processing and packaging of alternative crops. This value-added technology will also encourage farmers to engage
in commercial, alternative crop production, create some marketing opportunities and ultimately improve their quality of life.

Workshops, and seminars, group meetings, on-farm laboratories, field day expositions will be used to emphasize the need to use approved field preparation practices, proper fertilizer types and rates of applications in all form of alternative crop production. The importance of crop rotation, cover cropping, intercropping and use of non-organic materials to enhance productivity, while protecting the environment will be demonstrated. Handouts and production manuals will be made available to all program participants. The need to practice teamwork through farmers’ cooperatives will be encouraged. Value-added product developments using raw materials from these investigations will be encouraged. The efforts between Alcorn scientists, extension educators, specialists, and off-campus collaborators from NRCS, ARS and other 1890 and 1862 institutions will lead to the success of the plan.

This program will be designed specifically for the limited-resource farmers, extension educators, and rural dwellers within the State of Mississippi. We hope to obtain trademarks and patents for some of the products, through the collaborative efforts with the Department of Human Services on campus. Recipe booklets developed at Alcorn State University and information sheets will be used to disseminate generated results to the public, particularly for food processing initiatives.

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Indirect Methods</th>
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<tbody>
<tr>
<td>One-on-One Intervention</td>
<td>Other 1 (Reports)</td>
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<tr>
<td>Group Discussion</td>
<td>Other 2 (Patents)</td>
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<tr>
<td>Workshop</td>
<td>Web sites</td>
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<tr>
<td>Demonstrations</td>
<td>Public Service Announcement</td>
</tr>
<tr>
<td>Other 1 (Curriculum Development)</td>
<td>Newsletters</td>
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</tbody>
</table>

3. Description of targeted audience

This program will be designed specifically for the limited-resource farmers, extension educators, and rural dwellers within the State of Mississippi. We hope to provide the farmers and dwellers in Mississippi and the nation with findings related sustainable production, preservation and utilization of identified alternative crops.

\( \text{V(G). Planned Program (Outputs)} \)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
<th>Indirect Contacts Youth</th>
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<td>Target</td>
</tr>
<tr>
<td>2009</td>
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2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

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Report Date 11/10/2009
3. Expected Peer Review Publications

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V(H). State Defined Outputs

1. Output Target

- Numbers of Papers and Publications developed by Research
  2009 3  2010 4  2011 4  2012 0  2013 6

- Conduct educational seminars for Limited Resource farm families and youth in communities on Soil, Plant, Water, Nutrient Relationships
  2009 32  2010 36  2011 40  2012 48  2013 515

- Conduct educational workshop for limited Resource farm families and youth in communities on plant management systems.
  2009 32  2010 40  2011 48  2012 54  2013 515

- Conduct educational field days for Limited Resource farm families and youth on sustainable crop production practices.

- Conduct educational tours for Limited Resource farm families and youth on sustainable crop production practices.
  2009 6  2010 8  2011 10  2012 12  2013 0

- Conduct educational training on sustainable horticulture production practices to limited resources farm families.

- Develop and educational facts sheets on sustainable horticulture production practices to limited resources farm families.
  2009 8  2010 8  2011 9  2012 9  2013 5

- Number of Research Projects
  2009 4  2010 4  2011 4  2012 4  2013 4
V(I). State Defined Outcome

<table>
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<td>1</td>
<td>Percent of program participants in integrated nutrient management for sustainable agriculture production and environmental protection.</td>
</tr>
<tr>
<td>2</td>
<td>Percent of program participants in integrated pest management for sustainable production and environmental protection.</td>
</tr>
<tr>
<td>3</td>
<td>Percent of program participants in plant management for sustainable agriculture production and environmental protection.</td>
</tr>
<tr>
<td>4</td>
<td>Percent of producers to have adopted new production management practices and technologies.</td>
</tr>
<tr>
<td>5</td>
<td>Percent of producers to have increased their on New and Improved Food Processing Technologies and Quality Maintenance.</td>
</tr>
<tr>
<td>6</td>
<td>Percent of producers documented best management practices in their recommendations.</td>
</tr>
<tr>
<td>7</td>
<td>Percent of producers who have incorporated best weed/insect management practices based on the recommendations.</td>
</tr>
<tr>
<td>8</td>
<td>Percent of producers documented to meet or exceed current environmental protection standards as a result of Knowledge gained from relevant educational programs.</td>
</tr>
<tr>
<td>9</td>
<td>Percent of participants that will gain knowledge on new production-management practices.</td>
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<tr>
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<td>Percent of participants that improved product handling and sanitation.</td>
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<tr>
<td>11</td>
<td>Percent of participants making crop choices for sustainability and profitability.</td>
</tr>
<tr>
<td>12</td>
<td>Percent of program participants to improve production efficiency through best management practices.</td>
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Outcome #1

1. Outcome Target
Percent of program participants in integrated nutrient management for sustainable agriculture production and environmental protection.

2. Outcome Type: Change in Knowledge Outcome Measure

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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 102 - Soil, Plant, Water, Nutrient Relationships

Outcome #2

1. Outcome Target
Percent of program participants in integrated pest management for sustainable production and environmental protection.

2. Outcome Type: Change in Knowledge Outcome Measure

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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 211 - Insects, Mites, and Other Arthropods Affecting Plants

Outcome #3

1. Outcome Target
Percent of program participants in plant management for sustainable agriculture production and environmental protection.

2. Outcome Type: Change in Knowledge Outcome Measure

<table>
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</table>

3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 102 - Soil, Plant, Water, Nutrient Relationships

Outcome #4

1. Outcome Target
Percent of producers to have adopted new production management practices and technologies

2. Outcome Type: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 205 - Plant Management Systems
Outcome #5

1. Outcome Target
Percent of producers to have increased their on New and Improved Food Processing Technologies and Quality Maintenance.

2. Outcome Type:  Change in Knowledge Outcome Measure

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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 501 - New and Improved Food Processing Technologies

Outcome #6

1. Outcome Target
Percent of producers documented best management practices in their recommendations.

2. Outcome Type:  Change in Knowledge Outcome Measure

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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 205 - Plant Management Systems
● 211 - Insects, Mites, and Other Arthropods Affecting Plants

Outcome #7

1. Outcome Target
Percent of producers who have incorporated best weed/insect management practices based on the recommendations.

2. Outcome Type:  Change in Action Outcome Measure

<table>
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<tr>
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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 211 - Insects, Mites, and Other Arthropods Affecting Plants

Outcome #8

1. Outcome Target
Percent of producers documented to meet or exceed current environmental protection standards as a result of Knowledge gained from relevant educational programs.

2. Outcome Type:  Change in Condition Outcome Measure

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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
● 102 - Soil, Plant, Water, Nutrient Relationships

Report Date 11/10/2009
Outcome #9

1. Outcome Target
Percent of participants that will gain knowledge on new production-management practices.

2. Outcome Type : Change in Knowledge Outcome Measure

3. Associated Institute Type(s)
   • 1890 Extension

4. Associated Knowledge Area(s)
   ● 102 - Soil, Plant, Water, Nutrient Relationships
   ● 205 - Plant Management Systems

Outcome #10

1. Outcome Target
Percent of participants that improved product handling and sanitation.

2. Outcome Type : Change in Knowledge Outcome Measure

3. Associated Institute Type(s)
   • 1890 Extension

4. Associated Knowledge Area(s)
   ● 501 - New and Improved Food Processing Technologies

Outcome #11

1. Outcome Target
Percent of participants making crop choices for sustainability and profitability.

2. Outcome Type : Change in Action Outcome Measure

3. Associated Institute Type(s)
   • 1890 Extension

4. Associated Knowledge Area(s)
   ● 205 - Plant Management Systems
   ● 501 - New and Improved Food Processing Technologies

Outcome #12

1. Outcome Target
Percent of program participants to improve production efficiency through best management practices.

2. Outcome Type : Change in Action Outcome Measure

3. Associated Institute Type(s)
   • 1890 Extension

4. Associated Knowledge Area(s)
V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Populations changes (immigration, new cultural groupings, etc.)
- Public Policy changes
- Other (Personnel availability)
- Government Regulations
- Economy

Description

- Natural Disasters (drought, weather extremes, etc.). Planned agricultural/horticultural enterprises operate in a complex and volatile context involving susceptibility to weather which prevents or delays planting and drought conditions that reduces yield and quality of the crop.

- Economy

Fundamental change occurring in the state and regional economies within which agricultural and horticultural enterprises operate.

- Public Policy changes

Another constraint that may affect outcomes is public policy, especially those relating to comparative prices of inputs and harvested crops. If it is politically feasible to provide farmers a high price for their product while holding down input cost, farmers will utilize the inputs as they accept the new technology.

- Government Regulations

Changing government regulations such as competitive land uses, shifting development patterns and global market influence.

- Populations changes (immigration, new cultural groupings, etc.)

Population changes in farming communities can lead to producer/neighbor issues that influence choice of production practices.

Agricultural/horticultural enterprises operate in a complex and volatile context involving susceptibility to weather extremes, changing governmental policies and regulations, competitive land uses and shifting development patterns, evolving consumer demands, and globally influenced markets. Fundamental change is occurring in the state and regional economies within which agricultural and horticultural enterprises operate. The specific implications of these external factors vary greatly by locale and across commodities and business forms. Population and land use changes in farming communities can lead to producer/neighbor issues that influence choice of production practices.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Case Study
- Comparison between locales where the program operates and sites without program intervention
- Before-After (before and after program)
Description

Comparison of crop performances under improved production practices with those produced under the conventional production practices.

Comparisons of quality of crops produced and additional income to be generated by the farmers who adopted such resources/program, with those still using conventional production practices.

The outcome of this problem will be influenced mainly by such external factors as variations in climate during each growing season, inadequate appropriations, public policy changes, and government regulations. The ability or willingness of younger men and women to become involved in production agriculture will enhance productivity and profitability.

Research will be evaluated according to its relevance to Mississippi and the nation. Productivity will be a measure of the number of publications in refereed journals and other delivery methods. It will also be measured by the extent to which the farmers are switching to alternative crop production through sustainable agronomic production practices. The extent to which our findings will enhance scientific studies in other institutions will serve as another evaluation measure of our efforts.

2. Data Collection Methods

- Mail
- Whole population
- Journals
- Telephone
- Tests
- Observation

Description

- Soil sampling will be used to determine nutrient requirements for crop evaluation studies.

- Questionnaires to be completed by limited-resource farmers and the community will be used to determine crop production problems in the State of Mississippi.

- Personal observation and communication will also be used to identify major crop of interests to growers.

- The impact of all field management practices would be observed and findings reported.

- Statistical analysis to be used to compare findings from these studies will depend on experiment design and outcome desired.

- Data collection on growth and yield components will be based on the procedures established by the American Society of Agronomy and Horticulture.

- Journals will be used to collect information on previous work related to the project.
(A). Planned Program (Summary)

Program #5

1. Name of the Planned Program
Community Resource Planning & Economic Development

2. Brief summary about Planned Program

The planned program is formulated within the context of Community resource planning and development (CRPD) and Economic Theory & Research Methods (ETRM). CRPD will specifically focus on economic planning and development. This planned program will collaborate with governmental officials and local school districts to plan and implement sustainable social, community and economic development that will likely create jobs, improve employment opportunities through small and home based businesses, enhance human capital development in all forms. ETRM of the planned program will emphasize labor economic issues, research methods and data collection. Economic theory and research methods will be utilized to better understand various social, economic and demographic phenomena that are constraining limited resource citizens’ social and economic well being, quality of life and the growth of the communities within which they reside. Various research tools and socio economic models will be developed and targeted to specific communities to promote best practices that are likely to help resolve many of the existing community problems. In partnership with community and faith based organizations we will identify and explore strategies with the distinct aim of empowering people, encourage active participation in social and economic development. Civic engagement strategies will be implemented specifically to promote people’s participation in community and civic activities. Educational efforts will emphasize identification and addressing impaired leadership skills among community leaders through leadership development so they can fervently serve their people and communities. Alcorn State University Extension and Research, especially through its tripartite land grant functions, has carefully formulated short and long term agenda of human capital development and service to community. It has expanded its commitment to better understand the problems of people and communities in southwest Mississippi so that as a stakeholder in the region, it can position itself to find ways by which to offer assistance. The university has an agenda of among other things, finding ways to strengthen the capacity of rural communities to constantly regenerate themselves and improve the quality of life for people. This makes Alcorn State University the ideal location through which this project should be executed, and the technical know how to deliver on its objectives.

3. Program existence: Intermediate (One to five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds: Yes

6. Expending other than formula funds or state-matching funds: No

(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

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Report Date 11/10/2009
V(C). Planned Program (Situation and Scope)

1. Situation and priorities

A great number of counties in Mississippi are largely socio-economically depressed and the region faces other problems that contribute to further deterioration of social and physical infrastructure and economic decline. For example, the unemployment rate in Mississippi is high, approximately 6 percent compared to the national average of 4.7 percent (US Department of commerce, 2004). Indeed, the unemployment rate in the persistently impoverished counties ranges between 9 and 19.5 percent. Most of the counties have per capita income of less than the state’s average of (approximately twenty thousand dollars) and others have even lower average income than fifteen thousand (15,000) dollars. While there is no data currently available, it is evident that a large number of the employed labor force can be classified as underemployed. This situation contributes to the poor quality of life that many residents experience, and is one of the reasons why they struggle to extricate themselves from the brutality of low economic well-being. Historically, many regions of the state depended largely on small-scale agriculture. Additionally, they were attractive locations for light manufacturing and service industries such as processing of wood, textile and consumer durables because they offered low cost land and relatively cheap labor. Today, many of these advantages are being lost. Hence, per capita income has fallen to low levels in many regions; people are migrating to more prosperous areas, and unemployment is escalating, leaving many areas of the state deeply impoverished and with few signs of social and economic progress. Cursory examination and evidence from national organizations such as the Association of Community and Economic Development Extension Professionals (NACDEP) have identified that two of the crucial constraints to community development are (a) the deficiency in citizen participation in local community and civic activities and (b) the impaired quality of leadership skills among the ranks of community leaders. The latter of these issues is of particular concern. Beaulieu (2002) argues that a vibrant rural America depends in part, on expanding the quality of human capital development and promoting broad-based involvement of individuals in civic life of communities. In this case, resources are invested in individuals today in order to significantly enhance the quality of their labor related skills, augment their future job related earnings and increase their contribution to community development (Becker 1975; Schultz 1960; Mincer 1974). A priority should be to consistently find ways by which to build the human capital base of communities.

2. Scope of the Program

- In-State Research
- In-State Extension
- Integrated Research and Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

An assumption of the planned program is that it will work successfully because objectives are grounded in theory and research. According to the Mississippi Economic Council’s assessment report, the fundamental approaches are based on experience from many of the most affluent and progressive communities around the country and even in Mississippi. It assumes that expenditure on education, health care, supportive social services and other elements essential to high quality human resource development are available and accessible to an adequate rural response to economic change. In many of our least vibrant Mississippi communities a common belief is that leaders have been deeply entrenched in their traditional leadership methods; they are averse to innovations and they may fail to seek coalition building and new paradigm that could likely initiate social and economic progress for their people and communities.

The mandate of this program is community development which encompasses a strong synergy between research and extension in socioeconomic issues, human resource development, civic involvement, training and improvement in the quality of life of people and communities. Alcorn State University Extension and Research successful alliance, which has a long history of collaboration, recognizes the inherent strength of people and programs working together to achieve common goals. These planned programs and activities are within the realm of achievement for our experienced, committed team at Alcorn. This team has a wide range of knowledge of theory and practices of socio-economic issues. We will, at varying times, also seek to solicit additional support and expertise of volunteers and professionals to work on specialized tasks as determined by program directors.

The benefits of this project will be unfolded by the cooperative effort of a collaborative research and extension staff that will seek to exploit all necessary assets, internal and external, to resolve problems and build capacity.
2. Ultimate goal(s) of this Program

Empower and improve the quality of life of people to promote sustainable social and economic development in communities by utilizing research findings and best community and economic development practices as models.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
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V(F). Planned Program (Activity)

1. Activity for the Program

Research and Extension will partner with local officials and other entities in communities to explore and promote best practices in community capacity building as a means of impacting community changes through research, educational programs and demonstrations.

Research will be conducted to identify the determination of factors that prevent community and economic development such as the shift in demographics, employment opportunities, education and attitudes of community leaders, etc. The research will be derived from synthesizing existing knowledge and integrated empirical data on the above factors from local residents, community organizations and institutions and other secondary sources. Various quantitative techniques will be undertaken to facilitate analysis of data collected. The analysis of research findings will be used to develop community and economic models that are appropriate to promote sustainable integrated community planning and development.

The planned program will conduct educational sessions and disseminate information through workshops, seminars, lectures, training sessions, leadership development planning, demonstrations, asset mapping and other activities within communities. These will be geared toward building human capital and effectively empowering people to become the main asset of community and economic development.

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>One-on-One Intervention</td>
<td>Other 2 (Mass mailing)</td>
</tr>
<tr>
<td>Demonstrations</td>
<td>Other 1 (Curriculum)</td>
</tr>
<tr>
<td>Group Discussion</td>
<td>Web sites</td>
</tr>
<tr>
<td>Other 2 (Surveying)</td>
<td>Public Service Announcement</td>
</tr>
<tr>
<td>Other 1 (Community Forums)</td>
<td>TV Media Programs</td>
</tr>
</tbody>
</table>
3. Description of targeted audience

- Community-Based Organizations.
- Entrepreneur.
- Elected and appointed Political Officials

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
<th>Indirect Contacts Youth</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
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<td>2010</td>
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<tr>
<td>2012</td>
<td>3500</td>
<td>1800</td>
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<td>600</td>
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<tr>
<td>2013</td>
<td>3500</td>
<td>1800</td>
<td>300</td>
<td>600</td>
</tr>
</tbody>
</table>

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
</table>

3. Expected Peer Review Publications

<table>
<thead>
<tr>
<th>Year</th>
<th>Research Target</th>
<th>Extension Target</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
<td>2013</td>
<td>2</td>
<td>0</td>
<td>2</td>
</tr>
</tbody>
</table>

V(H). State Defined Outputs

1. Output Target

- Conduct educational programs and activities, on leadership to promote awareness and empowerment to facilitate economic and Community development opportunities.


- Conduct educational programs and job fairs to facilitate workforce development opportunities for limited resource audiences in communities.
- Conduct educational events and activities on Agro-tourism, land stewardship and management, asset mapping and home based business development.
  

- Conduct educational workshops on cooperative development to increase agricultural business development in communities.


- Conduct educational demonstrations and tours on Agro tourism to generate economic development opportunities for Limited Resource Audiences.


- Conduct social-psychological and economic and impact surveys and develop profiles of communities and their economic landscape. (Number of Surveys)


- Development educational bulletins, manuscripts and documentation of findings and disseminate results and models to promote community development and empowerment of residents (Number of Special Reports, News Letters and Fact sheets).

V(I). State Defined Outcome

<table>
<thead>
<tr>
<th>O. No</th>
<th>Outcome Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Percent of community leaders that will gain knowledge, develop leadership</td>
</tr>
<tr>
<td></td>
<td>skills and become involved in civic activities and community and economic</td>
</tr>
<tr>
<td></td>
<td>development opportunities.</td>
</tr>
<tr>
<td>2</td>
<td>Percentage of communities utilizing knowledge, research data and learned</td>
</tr>
<tr>
<td></td>
<td>skills to retain and attract businesses and other economic development</td>
</tr>
<tr>
<td></td>
<td>projects.</td>
</tr>
<tr>
<td>3</td>
<td>Increase the percentage of cooperatives that are involved in agricultural</td>
</tr>
<tr>
<td></td>
<td>enterprises.</td>
</tr>
<tr>
<td>4</td>
<td>Increase the percentage of employment opportunities in each county to enhance</td>
</tr>
<tr>
<td></td>
<td>economic development.</td>
</tr>
<tr>
<td>5</td>
<td>Increase in the percentage of community participation awareness that will</td>
</tr>
<tr>
<td></td>
<td>promote social and economic well being</td>
</tr>
<tr>
<td>6</td>
<td>Increase the percentage of communities' awareness to enhance community</td>
</tr>
<tr>
<td></td>
<td>development.</td>
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</table>
Outcome #1

1. Outcome Target
Percent of community leaders that will gain knowledge, develop leadership skills and become involved in civic activities and community and economic development opportunities.

2. Outcome Type: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tbody>
<tr>
<td>Value</td>
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<td>50</td>
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</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research

4. Associated Knowledge Area(s)
- 608 - Community Resource Planning and Development
- 805 - Community Institutions, Health, and Social Services

Outcome #2

1. Outcome Target
Percentage of communities utilizing knowledge, research data and learned skills to retain and attract businesses and other economic development projects.

2. Outcome Type: Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<td>20</td>
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<td>28</td>
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</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research

4. Associated Knowledge Area(s)
- 608 - Community Resource Planning and Development

Outcome #3

1. Outcome Target
Increase the percentage of cooperatives that are involved in agricultural enterprises.

2. Outcome Type: Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
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<th>2013</th>
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<tbody>
<tr>
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<td>5</td>
<td>6</td>
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</tbody>
</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research

4. Associated Knowledge Area(s)
- 608 - Community Resource Planning and Development

Outcome #4

1. Outcome Target
Increase the percentage of employment opportunities in each county to enhance economic development.

2. Outcome Type: Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
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<tbody>
<tr>
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<td>3</td>
<td>4</td>
<td>5</td>
<td>5</td>
</tr>
</tbody>
</table>

3. Associated Institute Type(s)
• 1890 Extension
4. Associated Knowledge Area(s)
   ● 608 - Community Resource Planning and Development

Outcome #5

1. Outcome Target
Increase in the percentage of community participation awareness that will promote social and economic well being

2. Outcome Type : Change in Condition Outcome Measure

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 608 - Community Resource Planning and Development

Outcome #6

1. Outcome Target
Increase the percentage of communities' awareness to enhance community development.

2. Outcome Type : Change in Condition Outcome Measure

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 608 - Community Resource Planning and Development

(VJ). Planned Program (External Factors)

1. External Factors which may affect Outcomes
   ● Other (Annexation)
   ● Natural Disasters (drought, weather extremes, etc.)
   ● Populations changes (immigration, new cultural groupings, etc.)
   ● Economy
   ● Government Regulations
   ● Public Policy changes
   ● Competing Public priorities

Description
Organizing communities may be discouraged due to annexation that will likely affect proposed plans.

Over a period of years the local and national economies are likely to decline due to the inevitably of changing business cycles and changes in funding opportunities.

The unpredictable weather conditions during certain times of the year may restrict project activities such as survey administration, community meetings, workshops, etc, during projected periods for research and extension activities. These include periods of drought, ice storm, etc.

Legislative policies and variations in appropriation priorities may affect funding. This shift will hamper funding for community and
economic development projects. Federal and local government policies may change which would constrain some of our planned programs.

Local community and municipalities may enact laws and regulations in certain communities that would likely counter some of the programs and policies articulated by the project. Laws in the area of interest change, Public Policy changes.

Social, economic and demographic changes in various communities may force certain authorities to modify their public priorities.

Pending changes in Immigration laws may affect migration and other demographic issues, public policies and intern affect program priorities.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
   - Before-After (before and after program)
   - During (during program)
   - After Only (post program)
   - Retrospective (post program)

Description
   The success and accomplishments of this project will be evaluated based on the following measures: (a) the number of communities and administrators showing interest in and wanting to continue support for the project in consecutive years; (b) degree of improvement in the attitudes and experiences of the residents in terms of social consciousness and appreciation for community life and the needs of the poor. These are critical criteria for testing the effectiveness and accomplishments of a project of this nature. Despite how elaborate a behavioral research/extension project associated with a University is designed or how enthusiastic the faculty and extension staff responds, unless the project result in benefiting the communities where there is evidence of changed attitudes as well as increased participation and outreach outcomes, the work cannot be considered successful. (c) The amount of additional financial support received and the number of cooperating organizations involved each year, over the life of the project. (d). Participants of all community resource development activities will be requested to evaluate, submit comments and reflections for the relevance of the educational programs(e) Peer reviews will be done on an ongoing basis by researchers, sociologists and extension professionals within the extension and academic communities. Effort will be made to ensure that peer reviews are done through area professional publications both internally and externally. The evaluation of the plan and best practices will be ongoing and the assessment by stakeholders and clients will address final impact at the conclusion of the projects.

2. Data Collection Methods
   - On-Site
   - Mail
   - Observation
   - Case Study
   - Tests
   - Sampling
   - Telephone

Description
   • Census data will be compiled and analyzed to delineate various aspects of the social, economic and demographic features of the respective communities.

   • Comprehensive survey instruments will be developed and used to collect pertinent data on human capital development, labor and social-psychological issues within the community study areas

   • Standard mailing and telephone sampling techniques will be used to select and collect respondents data.
• Questionnaires will be pre-tested in each of the study areas before they are actually administered. Criteria for an acceptable response rate of return of questionnaires will be developed by the principal investigators.

• Various statistical tests will be used to evaluate the reliability of the secondary data.

• Labor Economic Interviews, sampling and polling will be conducted in targeted communities.

• Reliability coefficient tests will be done to estimate and determine the reliability and consistency of the data.

• Observations will be documented of community leaders implementing and completing ongoing local community and economic projects.
(A). Planned Program (Summary)

Program #6

1. Name of the Planned Program
Small Family Farm Enterprise Financial Analysis, Management, and Marketing

2. Brief summary about Planned Program
The planned program, through both research and extension outreach programming in the School of AREAS at Alcorn State University, strives to serve the needs of small and limited resource farmers. It encompasses the economics of agricultural production and farm management, business management, finance, taxation, marketing, and distribution practices. In the area of Economics of Agricultural Production and Farm Management, up to date economic analyses will be provided to delineate the factors that may contribute to farm profitability and sustainability. Farm and enterprise budgets will be developed and regularly updated. Models of profitable and sustainable operations and strategies would be determined and used in the delivery of extension programs to farmers who are experiencing financial stress. Small Farm Development Center of Alcorn State University will be an integral part of this project. In the area of Business Management, Finance and Taxation, the planned program will focus on the financial situation of the farm family, their debt level, spending ability and income generating capacity. Research will be designed to determine the situation of farmers with regard to their level of knowledge about farm record keeping, financial analysis, decision making, and other critical areas affecting financial viability. Educational programs, events, activities and technical assistance will be implemented to address the relevant issues and needs of limited resource farm families. In the area of Marketing and Distribution Practices, the program will focus on local, niche, regional, national and international markets, to provide reliable research based market analyses, and an understanding of the economic environment, marketing institutions, policy, regulatory, and global settings that are constantly changing. Joint extension and research studies and extension programming will focus on addressing problems associated with enterprise and market selection, optimal resource allocation in production, risk management. Furthermore, extension and outreach programs will be designed with the ultimate goal of enhancing the economic viability of small and limited resource farms and families.

3. Program existence : Intermediate (One to five years)
4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes
6. Expending other than formula funds or state-matching funds : Yes

(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>%1862 Extension</th>
<th>%1890 Extension</th>
<th>%1862 Research</th>
<th>%1890 Research</th>
</tr>
</thead>
<tbody>
<tr>
<td>601</td>
<td>Economics of Agricultural Production and Farm Management</td>
<td>30%</td>
<td></td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>602</td>
<td>Business Management, Finance, and Taxation</td>
<td>40%</td>
<td></td>
<td>50%</td>
<td></td>
</tr>
<tr>
<td>604</td>
<td>Marketing and Distribution Practices</td>
<td>30%</td>
<td></td>
<td>50%</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
<td></td>
<td><strong>100%</strong></td>
<td></td>
</tr>
</tbody>
</table>

(C). Planned Program (Situation and Scope)

1. Situation and priorities
Agriculture and forestry contribute significantly to the economy of the State of Mississippi, producing more than $5 billion worth of goods and services. The income created in agriculture and forestry generates more than $20 billion impact on the...
overall state economy via multiplier effects. Small and limited resource farms (i.e., farms generating less than $100,000 annual sales) constitute approximately 90% of Mississippi’s 42,186 farms, according to the 2002 Census of Agriculture (USDA, NASS, 2003). Small and limited resource farmers are important to Mississippi’s economy because of the unique nature of farm structure in this state.

A large proportion of farmers in Alcorn State University’s clientele are small and limited resource farmers. These farms are engaged in a variety of crop and livestock enterprises, including traditional field crops, beef, and new alternatives enterprises targeted to niche markets. Small farmers face numerous challenges having negative impact on financial and economic performance.

Fox et al. (1993), Sonka, et al. (1989), Abbott and Yarbrough(1993), are examples of past studies that investigated large farms managerial performance and income variability, and computer technology use in decision-making. Similarly, some past studies have examined farm management, marketing, policy and farm structure from the perspective of small and limited resource farmers (Nelson et al., 1999; Anderson and Roth, 1997; Gebremedhin and Christy, 1996).

The planned program will expand on Alcorn’s past research, extension and outreach efforts. For example, research will continue to address problems associated with enterprise and market selection, optimal resource allocation in production, risk management, farm business management, and financial and marketing strategies to enhance farm income, overall farm profitability, and individual/family resource allocation.

References


2. Scope of the Program

- In-State Extension
- In-State Research
1. Assumptions made for the Program

- By providing technical assistance in financial management an assumption of the planned program is that the farmers’ profit will increase, the farmers’ debt will decrease, that their quality of life is not adequate, that they will adapt to business management and that this will help increase their chances of getting a loan and other assistances made available by both Federal and State Agencies.

- The planned program is expected to increase the knowledge of small and limited resource farmers in farm management, business management, finance, marketing and distribution of farm products.

- Personnel/FTE allocation, and funding are internal environmental variables that may affect outcome.

- The participants in this planned program are expected to be small and limited resource farmers with varying educational background and limited access to capital for startup. The participants in the planned program are assumed to have a desire to improve their current situation.

- County staff will provide adequate liaison between the state staff and the participating farmer for effective implementation of the planned program.

- Profitable marketing is assumed to require a logical approach in deciding at what price to sell or buy and by what method to establish that price. The decision of how to market and at what price requires an informed understanding of how markets work and why prices move up and down. Knowing the basics of supply and demand is necessary. But, also understanding the various marketing methods and tools helps in making the right marketing decisions.

2. Ultimate goal(s) of this Program

The ultimate goal is to enhance the economic viability of small and limited resource farm families by strengthening their technical knowledge, skills and economic decision-making so that they can contribute fully to the agricultural economy; better their own lives and the lives of their children or other dependents, ultimately benefiting the society as a whole in rural Mississippi.

(V). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
<thead>
<tr>
<th>Year</th>
<th>Extension</th>
<th></th>
<th></th>
<th>Research</th>
</tr>
</thead>
<tbody>
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<td></td>
<td>1862</td>
<td>1890</td>
<td>1862</td>
<td>1890</td>
</tr>
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<td>2013</td>
<td>0.0</td>
<td>9.0</td>
<td>0.0</td>
<td>2.0</td>
</tr>
</tbody>
</table>

(V). Planned Program (Activity)

1. Activity for the Program

Research activities: Collection of primary data from farmers, retailers and other economic units along the supply chain; gathering and collation of relevant secondary statistical data; analysis of production, managerial, marketing and financial data; development of enterprise budgets; development of models of effective strategies; dissemination of results. One conference presentation per year; one non refereed publication per year; one biennial refereed journal article; two presentations annually at
meetings and workshops for farmers. Extension and Outreach Activities: Will consist of the development (or identification) of relevant training materials to address knowledge gaps and training needs of farmers. Focus Groups Survey instruments; One research project per year Workshop/Meetings; development of curricula and learning resources; Evaluation and assessment; types of Methods. Research methods will include focus groups, surveys to obtain primary data; data analysis through cross tabulations, analysis of variance, regression techniques, enterprise, whole farm and partial budgeting techniques, linear programming, input output to evaluate impact. Direct extension methods in this planned program will encompass workshops, educational classes, group meetings and one on one technical assistance sessions with farmers, field days tours and small farmers' conferences. Additionally, farmers will be reached via indirect methods, such as, public service announcements, news bulletins, media programs and web sites.

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Education Class</td>
<td>Newsletters</td>
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<tr>
<td>Demonstrations</td>
<td>Web sites</td>
</tr>
<tr>
<td>Workshop</td>
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</tr>
</tbody>
</table>

3. Description of targeted audience

Small farmers; limited resource farmers; family farmers and disadvantaged farmers, low-income rural families.

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
<th>Indirect Contacts Youth</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

<table>
<thead>
<tr>
<th>Year</th>
<th>Expected Patent Applications</th>
</tr>
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<tr>
<td>2013</td>
<td>0</td>
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</table>

3. Expected Peer Review Publications

<table>
<thead>
<tr>
<th>Year</th>
<th>Research Target</th>
<th>Extension Target</th>
<th>Total</th>
</tr>
</thead>
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<tr>
<td>2009</td>
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<td>1</td>
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</tr>
<tr>
<td>2013</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>
V(H). State Defined Outputs

1. Output Target

- Conduct educational sessions on farm and financial management of farming operations
  

- Conduct educational sessions on farm Legal Risk
  

- Conduct educational Vendors Borrowers Training
  

- Conduct educational Workshop on Farm Management
  

- Conduct educational demonstration on Farm Management
  

- Conduct educational tours/conferences
  


V(I). State Defined Outcome

<table>
<thead>
<tr>
<th>O. No</th>
<th>Outcome Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Percentage of clientele (experiencing financial difficulty) who will benefit from the planned program through training workshops and technical assistance offered by extension personnel.</td>
</tr>
<tr>
<td>2</td>
<td>Percentage increase in farmers who demonstrate knowledge or skill gained of their Legal Rights.</td>
</tr>
<tr>
<td>3</td>
<td>Percentage increase of clientele gaining knowledge or skill to minimize legal risks on farms.</td>
</tr>
<tr>
<td>4</td>
<td>Percentage increase of clientele who will gain knowledge of farm and financial management.</td>
</tr>
<tr>
<td>5</td>
<td>Percentage of farmers that have modified from existing practices or technologies.</td>
</tr>
<tr>
<td>6</td>
<td>Percentage of farmers that learn how to balance their accounts.</td>
</tr>
<tr>
<td>7</td>
<td>Percentage of farmers that developed a complete record book or some formalized record keeping system.</td>
</tr>
<tr>
<td>8</td>
<td>Percentage of Increase in the number of youth applying for farm operation loans.</td>
</tr>
<tr>
<td>9</td>
<td>Percentage of clients utilizing an established marketing plans.</td>
</tr>
<tr>
<td>10</td>
<td>Conduct educational sessions on marketing and distribution of products, goods and services.</td>
</tr>
<tr>
<td>11</td>
<td>Conduct educational workshops on marketing and distribution of products, goods and services.</td>
</tr>
<tr>
<td>12</td>
<td>Conduct educational demonstrations on marketing and distribution of products, goods and services.</td>
</tr>
<tr>
<td>13</td>
<td>Conduct educational tours on marketing and distribution of products, goods and services.</td>
</tr>
<tr>
<td>14</td>
<td>Percentage of clientele to gain knowledge on new marketing techniques.</td>
</tr>
<tr>
<td>15</td>
<td>Percentage of the number of individuals' knowledge of marketing and distribution practices.</td>
</tr>
<tr>
<td>16</td>
<td>Percentage of the number of participants making adjustments in produce marketing.</td>
</tr>
</tbody>
</table>
Outcome #1

1. Outcome Target
Percentage of clientele (experiencing financial difficulty) who will benefit from the planned program through training workshops and technical assistance offered by extension personnel.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
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3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 602 - Business Management, Finance, and Taxation

Outcome #2

1. Outcome Target
Percentage increase in farmers who demonstrate knowledge or skill gained of their Legal Rights.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
<th>2010</th>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 602 - Business Management, Finance, and Taxation

Outcome #3

1. Outcome Target
Percentage increase of clientele gaining knowledge or skill to minimize legal risks on farms.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>2009</th>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 601 - Economics of Agricultural Production and Farm Management

Outcome #4

1. Outcome Target
Percentage increase of clientele who will gain knowledge of farm and financial management

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 601 - Economics of Agricultural Production and Farm Management
Outcome #5
1. Outcome Target
Percentage of farmers that have modified from existing practices or technologies.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>Outcome #5</th>
<th>Outcome #6</th>
<th>Outcome #7</th>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 601 - Economics of Agricultural Production and Farm Management

Outcome #6
1. Outcome Target
Percentage of farmers that learn how to balance their accounts.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>Outcome #6</th>
<th>Outcome #7</th>
<th>Outcome #8</th>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 602 - Business Management, Finance, and Taxation

Outcome #7
1. Outcome Target
Percentage of farmers that developed a complete record book or some formalized record keeping system.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>Outcome #7</th>
<th>Outcome #8</th>
</tr>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 602 - Business Management, Finance, and Taxation

Outcome #8
1. Outcome Target
Percentage of Increase in the number of youth applying for farm operation loans.

2. Outcome Type : Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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</tr>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 602 - Business Management, Finance, and Taxation
Outcome #9

1. Outcome Target
Percentage of clients utilizing an established marketing plans.

2. Outcome Type : Change in Condition Outcome Measure

<table>
<thead>
<tr>
<th>Outcome Measure</th>
<th>2009</th>
<th>2010</th>
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</table>

3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
  ● 604 - Marketing and Distribution Practices

Outcome #10

1. Outcome Target
Conduct educational sessions on marketing and distribution of products, goods and services.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Outcome Measure</th>
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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
  ● 604 - Marketing and Distribution Practices

Outcome #11

1. Outcome Target
Conduct educational workshops on marketing and distribution of products, goods and services.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Outcome Measure</th>
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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
  ● 604 - Marketing and Distribution Practices

Outcome #12

1. Outcome Target
Conduct educational demonstrations on marketing and distribution of products, goods and services.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Outcome Measure</th>
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3. Associated Institute Type(s)
• 1890 Extension

4. Associated Knowledge Area(s)
  ● 604 - Marketing and Distribution Practices
Outcome #13

1. Outcome Target
Conduct educational tours on marketing and distribution of products, goods and services.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 604 - Marketing and Distribution Practices

Outcome #14

1. Outcome Target
Percentage of clientele to gain knowledge on new marketing techniques.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 604 - Marketing and Distribution Practices

Outcome #15

1. Outcome Target
Percentage of the number of individuals' knowledge of marketing and distribution practices.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
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</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 604 - Marketing and Distribution Practices

Outcome #16

1. Outcome Target
Percentage of the number of participants making adjustments in produce marketing.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
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</tbody>
</table>

3. Associated Institute Type(s)
- 1890 Extension

4. Associated Knowledge Area(s)
- 604 - Marketing and Distribution Practices
1. External Factors which may affect Outcomes

- Populations changes (immigration, new cultural groupings, etc.)
- Appropriations changes
- Economy
- Competing Public priorities
- Public Policy changes
- Government Regulations
- Competing Programmatic Challenges
- Natural Disasters (drought, weather extremes, etc.)

Description

The availability of funding, personnel and other critical resources in program implementation; weather and general climatic conditions in the targeted areas, including natural disasters; domestic and international policies affecting the agricultural sector; general economic conditions affecting markets and prices; participants and recipients.

External environmental factors that may affect the outcome of the planned program are: growth and availability of markets, domestic and international agricultural policies, USDA and state-funded programs affecting the clientele, the weather and related natural disasters.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- During (during program)
- Comparisons between program participants (individuals, group, organizations) and non-participants
- Retrospective (post program)

Description

The following evaluation processes will be used in evaluating management decision-making knowledge and skills gained and adoption of research based techniques. Mail, telephone, on-site, structured as well as unstructured processes.

- After Only (post program)
- Before-After (before and after program)
- During (during program)

Time series (multiple points before and after program)

Baseline data will be collected (or assembled) on the clientele in year one; the data will include demographic variables, skill levels, farm characteristics; acreage, crops and livestock produced, etc. Program evaluation will take place at the end of each year; summative program evaluation will be conducted in year 5.

2. Data Collection Methods
Description

Primary data will be collected via surveys by structured interviews, by mail or by telephone. Stratified samples of farmers will be drawn for the surveys. Financial and farm accounting data will be extracted (with consent) from farm records of those producers who participate in the small-farm technical assistance program. Also, primary statistical data will be collected from retailers, wholesalers, and other units along the food distribution chain by face-to-face interviews, mail or telephone surveys.

Secondary statistical data on input and output prices will be assembled from government documents and USDA NASS websites.
1. Name of the Planned Program
Forestry Natural Resources and Preservation

2. Brief summary about Planned Program

The planned program will focus on soil, plant, water, and nutrient relationships; management of the forest resources; Agroforestry; and alternative use of land. These programs will benefit the Alcorn State University community and the stakeholders that Alcorn services by giving valuable knowledge to ensure a healthy and productive forested area. The soil, plant, water, and nutrient relationships will emphasize the use of manures and other organic materials as plant nutrient sources on forested lands. Composting is a natural way to increase tree growth [USDA EPA Office of Solid Waste, 1999]. Other benefits associated with composting includes but not limited to 1) suppression of plant diseases and pests, and 2) reduction or the elimination of chemical fertilizers.

Management and sustainability of forest resources will highlight forest health assessments and management practices to protect forests from insect and disease infestations, and investigate native and non-native invasive species that interfere with forest management objectives. The insects of interest for the initial phase of the planned program will be Southern Pine Beetles. The diseases that will be investigated will include Oak Wilt and Leptographium Root Disease of Loblolly pine trees.

Agroforestry will, through identifying new and innovative woody plant species, enhance economic returns. From Agroforestry practices, designs will be created to emphasize floral products. The woody plant species of interest will be pine straw. Products will be produced from pine straw to improve small farmers' economic status.

The planned program will focus also on alternative uses of land concentrating on conservation and management practices. The emphasis here will be to inform small farmers about the benefits of good forest management practices to prevent erosion, increase timber yields, and provide recreational usage. This phase of the project will be geared to educating clientele about multi-use of their property. It will also update the targeted audiences about new methods and ideas in forest conservation and management. Alcorn State University is a land-grant institution that encourages researchers to seek new avenues through research initiatives for the financial betterment of the under-privileged communities in Southwest Mississippi, in particular the limited-resources farmers. This mission will enable this project to provide additional income for its clientele as well as conserve their existing property for future generations, and ecologically preserve the land as well as the environment by continuous forestation.

3. Program existence : New (One year or less)
4. Program duration : Long-Term (More than five years)
5. Expending formula funds or state-matching funds : Yes
6. Expending other than formula funds or state-matching funds : No
Soil, Plant, Water, Nutrient Relationships

Management and Sustainability of Forest Resources

Agroforestry

Alternative Uses of Land

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<thead>
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<th>Knowledge Area</th>
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<th>%1862 Research</th>
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<td>30%</td>
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\( V(C). \) Planned Program (Situation and Scope)

1. Situation and priorities

Soil erosion is a social and economic problem that is an essential factor in assessing ecosystem health and function. Forest soils are characterized by their associated litter. Soils found in a forest can have a direct effect on tree species composition and productivity. Trees prevent soil erosion, and they conserve energy. Tree roots stabilize the soil (Soil, Plant, Water, and Nutrient Relationships, and Management and Sustainability of Forest Resources).

Forested lands are an important natural resource especially in Mississippi. Mississippi has over 18.5 million acres of forested lands [Mississippi State University Extension Service, 2005]. The forest creates economical impacts of $1.25 billion to the quality of life for Mississippians by providing jobs, forest products, livestock forage areas, wildlife habitats, scenic areas, conditions for medicinal plants, and recreational experiences [Mississippi State University Extension Service, 2004]. Practices to improve management are needed to maintain and sustain the current forested lands for present and future generations (Alternative Uses of Land, Management and Sustainability of Forest Resources, and Agroforestry).

The keys to reducing the impact to the southern pine beetle and other forest pests are prevention and rapid detection. Improving forest health aids in the reduction of susceptibility to forest diseases. Southern pine beetles are the primary tree-killing species, and they are responsible for the death of millions of conifer trees [Price et. al., 1992]. Southern pine beetles kill more conifers than fire, disease, and storms combined [Prestemon, 2001]. Research needed to be done to determine susceptibility versus non-susceptibility of trees to forest pests. Formulations in the prevention or determent of forest pests will be needed to help small farmers and non-agriculture landowners maintain a healthy forest environment. (Management and Sustainability of Forest Resources)

To achieve the goals of these research initiatives, researchers and extension educators at Alcorn State University will be involved. Collaborations between scientists and federal agencies will be needed to ensure that the overall goals are met. Innovative and sound scientific methods in forest management will be instituted in order to achieve erosion prevention, economic sustainability, and insect suppression.

References:


2. Scope of the Program

- In-State Extension
- In-State Research

2(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

In order to complete the tasks necessary for the soil, plant, water, and nutrient relationships to be successful, native trees should be planted to protect against erosion. Other important issues for the success of this task will be soil types, healthy stock trees, and survival of planted trees. The data gathered from this study must also be accepted and implemented by the small farmers and non-agriculture landowners, for whom the research is directed to ensure that erosion is controlled. If the research data is not accepted and implemented by the targeted audiences, town hall meetings incorporating county agents will be used to determine what new methods must be designed to change mindsets and reeducate.

In order to complete the tasks necessary for the success of management and sustainability of forest resources, collaborations with scientists who have forest pathology backgrounds will be needed. Also, instrumentation for the detection of diseases such as Oak Wilt and Loblolly Decline will need to be purchased. Data gathered from this study will need to be disseminated via presentations and pamphlets to targeted audiences to ensure that these and other diseases do not spread and destroy plantations and groves. If diseases spread despite information distribution, the trees affected will have to be eradicated.

In order to complete the tasks necessary for the success of Agroforestry, collaborations with the National Agroforestry Center and other forest products agencies will be needed. Innovative methods to increase income of small farmers and non-agriculture landowners will need to be invented. Also, maximum use of available resources will be needed to show targeted audiences the benefits of raw material products that were once destroyed as waste materials. If additional income is not generated, the targeted audience will remain in their present economic state. The cooperation of county agents will be needed to disseminate information about the importance of increased income for each household that Alcorn services.

In order to complete the tasks necessary for the success of alternative uses of land, small farmers and non-agriculture landowners must be given information concerning techniques used for multi-purpose land practices. Small farmers and non-agriculture landowners must be taught innovative and new ideas to prevent soil erosion, increase time yields, and provide recreational usage of their property. Without this knowledge, small farmers and non-agriculture landowners will continue to thwart the progress of future generations. If new knowledge is rejected, researchers and county agents will determine a new method to stimulate interest in alternative uses of land by showing the positive components to multi-use sustainability.

2. Ultimate goal(s) of this Program

- Forest productivity- To educate and demonstrate to small farmers and landowners the benefits in conservation and sustainability of the forest for enhancing income and awareness of the need for a healthy forest environment.

2(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program
<table>
<thead>
<tr>
<th>Year</th>
<th>Extension 1862</th>
<th>Extension 1890</th>
<th>Research 1862</th>
<th>Research 1890</th>
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</tr>
</tbody>
</table>

(F). Planned Program (Activity)

1. Activity for the Program
   - Identify forest pests and their host trees using rapid identification techniques as well as 2-D gel analyses. The Gas chromatography/Mass Spectrometer will be used to identify and verify natural attractants or repellents of forest pests found in the preferred planted host trees.
   - Tree planting for demonstration plots using native trees as treatments.
   - Collaborate with other agencies such as USDA Forest Service and Mississippi State University to determine the survival index of native trees’ soil types and natural stands.
   - Set up test plots for erosion control using native trees as treatments and non-tree areas as control.
   - Alternative usage of forestation by-products will be formulated using materials and methods that limited-resources farmers can readily obtain.
   - Research guides will be established to implement techniques needed to supply limited-resources farmers with alternatives to provide additional income on their property such as multi-use endeavors.
   - Conduct Educational workshops to teach small farmers and non-agricultural landowners about research findings.
   - Conduct Educational tours for children as recruitment tools to make them aware of the careers agriculture offers for their future.
   - Conduct Conferences on research findings to the scientific community and the university.
   - Present research findings at national meetings to the global community in agriculture.
   - Disseminate research findings to stakeholders via newsletters, internet, town hall meetings, flyers, open forums, workshops, farm visits, and demonstration tours

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Education Class</td>
<td>Newsletters</td>
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<tr>
<td>Demonstrations</td>
<td>TV Media Programs</td>
</tr>
<tr>
<td>Group Discussion</td>
<td>Web sites</td>
</tr>
<tr>
<td>One-on-One Intervention</td>
<td>Billboards</td>
</tr>
</tbody>
</table>
3. Description of targeted audience
   - Small Farmers (less than 100 acres)
   - Youth Aged 12-18 Years
   - Extension Educators
   - Non-Agriculture Landowners
   - Policy Makers

(G). Planned Program (Outputs)

1. Standard output measures

   Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
<th>Indirect Contacts Youth</th>
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2. (Standard Research Target) Number of Patent Applications Submitted

   Expected Patent Applications
   
<table>
<thead>
<tr>
<th>Year</th>
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</tr>
</tbody>
</table>

(H). State Defined Outputs

1. Output Target

   - Conduct educational demonstrations and tours on tree planting using native trees as tree treatment for Forest Management for Limited Resource farm families and youth in communities.

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
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<th>2012</th>
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</table>
• Conduct Educational workshops on Environmental Education for Youth on Forest Management.


• Conduct events at State Fair and develop Exhibits for Career Day on Environmental Forestry Management.

V(I). State Defined Outcome

<table>
<thead>
<tr>
<th>O. No</th>
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<tbody>
<tr>
<td>1</td>
<td>Percent of participants gaining knowledge and skills on Forest Management.</td>
</tr>
<tr>
<td>2</td>
<td>Number of persons implementing erosion techniques</td>
</tr>
<tr>
<td>3</td>
<td>Percent of landowners and farms utilizing wildlife habitat formation and wildlife conservation.</td>
</tr>
<tr>
<td>4</td>
<td>Number of Youth aware of environmental education on Alternative Uses of Land.</td>
</tr>
<tr>
<td>5</td>
<td>Number of Youth sharing information with parents and grandparents on the economics of wildlife conservation.</td>
</tr>
</tbody>
</table>
Outcome #1

1. Outcome Target
Percent of participants gaining knowledge and skills on Forest Management.

2. Outcome Type: Change in Knowledge Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
- 123 - Management and Sustainability of Forest Resources

Outcome #2

1. Outcome Target
Number of persons implementing erosion techniques

2. Outcome Type: Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
- 123 - Management and Sustainability of Forest Resources

Outcome #3

1. Outcome Target
Percent of landowners and farms utilizing wildlife habitat formation and wildlife conservation.

2. Outcome Type: Change in Condition Outcome Measure

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3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
- 123 - Management and Sustainability of Forest Resources

Outcome #4

1. Outcome Target
Number of Youth aware of environmental education on Alternative Uses of Land.

2. Outcome Type: Change in Action Outcome Measure

<table>
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3. Associated Institute Type(s)
- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)
2009 Alcorn State University Combined Research and Extension Plan of Work

- 123 - Management and Sustainability of Forest Resources

**Outcome #5**

1. **Outcome Target**

Number of Youth sharing information with parents and grandparents on the economics of wildlife conservation.

2. **Outcome Type**

   Change in Action Outcome Measure

<table>
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<td>20</td>
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</table>

3. **Associated Institute Type(s)**

   - 1890 Research

4. **Associated Knowledge Area(s)**

   - 131 - Alternative Uses of Land

**V(J). Planned Program (External Factors)**

1. **External Factors which may affect Outcomes**

   - Appropriations changes
   - Public Policy changes
   - Government Regulations
   - Natural Disasters (drought, weather extremes, etc.)
   - Economy

   **Description**

   Natural disasters can destroy the trees that will be planted as part of this project. Because of nature's unpredictability, one cannot accurately assess the damage that may occur. Natural disasters whether drought, flood, weather extremes, or even insect infestations can wipe out an entire forest. This destruction can be economically devastating as well as aesthetically unpleasing. Storm winds have a dramatic effect on the stability of trees. Winds can cause irreplaceable damage such as leaning, breakage, and stress.

   The economy can play a crucial role in maintaining as well as purchasing necessary equipment and native trees for the project. Economics also affects transporting small farmers and non-agriculture landowners to demonstration plots. Appropriation changes can determine the completion of the project. Without the needed funds, the project will cease. Appropriated funds are necessary to fund the research and personnel needed to make the project a success. Any regulations that the government may impose can impede the sustainability of this project. Forestry has various constraints that may be implemented at any time.

**V(K). Planned Program (Evaluation Studies and Data Collection)**

1. **Evaluation Studies Planned**

   - Before-After (before and after program)
   - Comparisons between program participants (individuals, group, organizations) and non-participants
   - Time series (multiple points before and after program)
   - During (during program)

   **Description**

   - Before-After (before and after program)

   - During (during program)

   - Time series (multiple points before and after program)

   - Comparison between program participants (individuals, groups, and organizations) and non-participants
• Peer Review Evaluations (such as Mississippi State University and the USDA Forest Service)

• Peer Review Journals

• Oral Presentations

• Poster Presentations

• Measure Landscape Changes

• Measure Forest Health Improvements

• Survey the Small Farmers and Non-Agriculture Landowners Acceptability and Implementation of Research Disseminated

To evaluate the success of this project, digital pictures will be taken before the research is implemented, during the process, and at the end. This will give landowners, small farmers, and collaborators the opportunity to see how this research has made an impact. Documentation will be necessary in recording the progress of the research project. Dissemination of the findings will be done at national meetings and seminars. Information obtained from research finding will be presented in peer review journals.

2. Data Collection Methods

● Sampling
● Journals
● Mail
● Observation
● Tests
● Telephone
● On-Site

Description

Mailings will be done to invite landowners and small farmers to view demonstration plots. They will obtain on-site observations and demonstrations. The plots will also be used as part of classroom activities for students enrolled at the university. The knowledge given to the students will be tested in the form of exams to further evaluate their comprehension of the research demonstrated. From this research, publications will be used to disseminate findings to the scientific Forestry community. The telephone will be a tool used to communicate questions that any individual may have concerning the projects performed in this research.
(A). Planned Program (Summary)

Program #8

1. Name of the Planned Program
Human Nutrition, Health, Wellness and Obesity

2. Brief summary about Planned Program

Youth obesity has increased at an alarming rate in the United States and particularly in Mississippi. The Center for Disease Control reports that 35.6% of Mississippi HS students are overweight or at risk and 35% of low-income children between 2 and 5 years of age in Mississippi are overweight or at risk of becoming overweight (CDC, 2006). The current trends in obesity among African-American adolescents in the state of Mississippi remain the highest among all ethnic groups. Since obesity starts in early childhood and extends into the adolescent years and possibly into adulthood, behavior modification with healthy eating and increased physical activity still remain the key strategies to preventing the onset of obesity in all population groups. The overarching objective of this project is to improve human food consumption patterns that will enhance a healthy, well nourished population and reduce the incidence of obesity in Mississippi youth. Secondly, to treat those already diagnosed with acute and/or chronic diseases associated with obesity such as heart disease, diabetes, hypertension and cancer. Research suggests that parental involvement leads to more favorable results in obesity prevention, as the family is thought to be the key unit to developing an environment that is conducive to healthy eating and increased physical activity. The program, therefore, will involve an attempt to help families get a better understanding of the foods they consume, how to control energy intake, and how controlled energy intake augmented with increased physical activity improves a family members chance of reaching and maintaining a healthier weight. The four major behavior changes to be addressed are dietary, social, physical activity and personal health habits to reduce obesity. The planned program, will stress fostering healthy lifestyles through translating behavior research into practical application and disseminating current nutrition education to address nutrition, health, wellness and obesity to individuals and families in communities within the Southwest region of Mississippi. Therefore, general nutrition education, weight management and physical fitness education programs will be emphasized for limited resources individual and families in identified communities. A research project that addresses adolescent obesity within the family unit will be implemented. This research effort will utilize newly developed nutrition education and lifestyle education programs in an attempt to slow down or stop excessive weight gain and promote increased physical activity among rural residents utilizing a behavioral family-based intervention. Research objectives will be developed that target the following recommended intervention areas: (1) Develop educational strategies for a series of effective nutrition education programs that will help subjects achieve and maintain a healthy weight covering basic topics such as, improve understanding of why calories matter, portion control, healthy snacking, supermarket tours, how to read a food label and ingredient lists, strategies for eating at a fast food restaurant, principles of an effective weight management program, and how to plan healthy meals that control energy intake on a limited budget. (2) Likewise, increased physical activity is important for treatment and prevention of future weight gain. Develop educational strategies that will increase family member’s participation and time spent meeting recommended daily physical activity. (3) Improve tools for food intake analysis and nutritional assessment. (4) Improve our understanding of dietary and feeding choices that prevent or improve weight loss. (5) Improve our understanding of what motivates or hinders people from meeting recommended duration of daily physical activity.

3. Program existence : Intermediate (One to five years)

4. Program duration : Long-Term (More than five years)

5. Expending formula funds or state-matching funds : Yes

6. Expending other than formula funds or state-matching funds : Yes

(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage
2009 Alcorn State University Combined Research and Extension Plan of Work

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>%1862 Extension</th>
<th>%1890 Extension</th>
<th>%1862 Research</th>
<th>%1890 Research</th>
</tr>
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<tbody>
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<td>701</td>
<td>Nutrient Composition of Food</td>
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<td></td>
<td>0%</td>
<td>5%</td>
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<td>702</td>
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<tr>
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<td>Nutrition Education and Behavior</td>
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<td><strong>Total</strong></td>
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<td><strong>100%</strong></td>
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</tr>
</tbody>
</table>

V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Mississippi is leading the nation in obesity and obesity related health conditions. Living conditions, behavioral factors, and lifestyles have been identified as some of the major factors responsible for excessive weight gain and obesity, (J.P. Peter, 2002). In 2005, 66.7% of Mississippi adults were overweight. Obesity has been linked to the increased risk of chronic disease such as hypertension, type II diabetes, heart disease, stroke, gallbladder disease, osteoarthritis, sleep apnea and colon cancer. Almost 190,000 adults in the state now have been diagnosed with diabetes, with an estimated 520,000 adults considered obese. Heart disease is the number one killer in the state. Thirty four (34%) of Mississippian had hypertension, with diabetes being the 7th leading cause of death in the state, (MS. State Department of Health 2005). Chronic disease is responsible for 7 out of 10 deaths each year. Mississippi is one of the southern states that have experienced dramatic increases in overweight among children and youth. Of 32 states with weighted data from the 2003 Youth Risk Behavior Surveillance System (YRBSS) reported by the Centers for Disease Control and Prevention (CDC), Mississippi had the highest percentage of high school students in the nation who were overweight (15.7%) and one of the highest percentages of students at risk for becoming overweight (15.7%) (* ref at end of document). Practical application of healthy lifestyles and positive eating habits can reduce excess weight gain; lower the cost of medical insurance, prescription medication and frequent visits to the doctor’s office. A number of social, health and socioeconomic factors affect the prevalence of obesity in the state of Mississippi. Socially disadvantaged groups such as single parents, women, elderly, or disabled individuals are at greater risk of suffering from nutrition related health conditions, (Wrigley, 2002). Researchers have also noted that the current environment, as it relates to the layout of communities including locations of food supplies, recreational facilities, and access to these locations, does not support healthy life styles. Proper access to adequate healthcare and hospital services is a crucial issue for rural and poverty stricken areas in Mississippi. Information linking diet and health is increasing, but consumers in these rural communities of Mississippi are more dependent upon processed and packaged foods for larger proportions of their meals. Based on the "Foods 2000" results from the Delta, there is a greater dependence on stores like gas stations, Dollar General, Wal Mart and other non food retailers, for prepared foods and groceries. This, points to a critical need to make foods with improved nutritional properties that will maintain optimal health and prevent disease available.

2. Scope of the Program

- Integrated Research and Extension
- In-State Research
- In-State Extension
- Multistate Extension

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Situational barriers, lack of income and time can be possible barriers that prevent caregivers from participating in nutrition education programs on a regular basis. Aggressive recruitment strategies will be implemented to increase program participation.
With innovative, non traditional promotional advertisement of planned program, rural communities will welcome the opportunity to participate and volunteer to help with improving health conditions within their communities. Enhancement of program attendance will result in improved dietary status and maintaining proper management of chronic diseases. Training and implementation of nutrition health educational programs will slow down excess weight gain and prevent and/or delay the onset of nutrition related chronic diseases. Disparities in the prevalence of overweight and obesity exist in many segments of the population based on race, ethnicity, gender, age and socioeconomic status. For example, overweight and obesity are particularly common among minority groups and those with a lower family income. Research will reveal the culturally appropriate health and nutrition promotion, prevention and treatment of obesity in underserved and under represented population groups. Furthermore, research efforts will uncover emerging technologies to provide access to nutrition therapies to treat related problems/diseases and evaluate intervention success.

2. Ultimate goal(s) of this Program

Cultivate a healthy and well nourished population through an innovative delivery system that disseminate information on current and improved methods to practices healthy living behaviors that will result in stopping or delaying the early onset of lifestyle related diseases and illness. Deleting the gaps between research and extension outreach programs will improve Mississippi rural population’s nutritional knowledge; skills and attitude to adopt behavior patterns to decrease the trend of excessive weight gain. This measure should improve the health status, the quality of life and longevity of life. ASU Research and Extension model programs in nutrition and health can be replicated or applied in rural communities nationwide.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program

<table>
<thead>
<tr>
<th>Year</th>
<th>Extension</th>
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</tr>
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</tbody>
</table>

V(F). Planned Program (Activity)

1. Activity for the Program

- Investigate the impact of social, psychological and economic factors on food choices.
  - Research food consumption patterns, improved tools for dietary intake assessment and nutritional status pertinent to rural communities.
  - Research the educational programs that are effectively informing and educating people in rural communities about related issues of food and nutrition.
  - Develop interventions using tenets of Community based participatory research (CBPR) approach which ensures collaboration from the communities and sustainability of the outcomes.
  - Use the CBPR approach, fostering "Equal access" will be a goal in reaching audiences that are diverse in terms of income, language, age, gender and culture. Some issues will be addressed through public policy and community capacity building.
  - Determine the prevalence of nutrition related problems such as malnutrition from excess energy intake, food insecurity, lack of nutrition information and knowledge that can lead to obesity and nutrition related diseases. Empower people to reclaim control of their lives by developing positive lifelong habits related to safe and healthy eating at home and away from home, regular physical activity, stress management and time management.

- Conduct workshops within local communities to promote nutrition and healthy lifestyles.
- Conduct Seminars to increase the use of garden fresh vegetables.
- Provide technical assistance on a continual basis in the promotion of community activities and events geared toward the
improvement of healthy weights, adequate nutrient intake, preventive steps in childhood obesity and intervention steps in managing per existing medical conditions.

- Providing educational training sessions and information exchange among program participants engaged in the program will enable them to make wise decisions concerning nutrition, health and lifestyle. Visualize the healthy food (such as fresh vegetable/fruit) available to local communities in Mississippi, to visualize availability to physical activity facilities. Visualize areas with high prevalence of obesity. Use the findings to target local communities for intensive intervention, education program design, and to provide information to food chains to improve fresh food availability to local residents. The research output will include publications in refereed journals, non-refereed publications, oral and poster presentations at professional conferences and newsletters articles. Joint research and extension output will include workshops, demonstrations and seminars. Community leaders will visualize healthy food accessibility in the school system lunch programs, and food consumption patterns of children. Collect the location and capacity of each health screening center. Determine the availability, travel time and cost to access these health screening centers. Provide suggestions regarding the locations where new health providers/screening centers need to be established.

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Indirect Methods</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Discussion</td>
<td>TV Media Programs</td>
</tr>
<tr>
<td>Workshop</td>
<td>Public Service Announcement</td>
</tr>
<tr>
<td>One-on-One Intervention</td>
<td>Billboards</td>
</tr>
<tr>
<td>Other 2 (Technical Assistance)</td>
<td>Web sites</td>
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<tr>
<td>Other 1 (Seminars)</td>
<td>Newsletters</td>
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<tr>
<td>Demonstrations</td>
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<td>Education Class</td>
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</table>

3. Description of targeted audience

- High Risk obese Adults and Youth
- High Risk Adults and youth with Chronic Diseases
- Limited Resource Families
- Other interested community members

The target audience will initially include all community members. Baseline assessment data will be collected on community members from the age of 3 and above. Through the CBPR process the community will identify what they believe are their problems, and through collaborations with the university, will design an intervention to address the identified problem. This could include interventions targeting children or interventions targeting adults or both.

Y(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods
<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
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2. (Standard Research Target) Number of Patent Applications Submitted

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<tr>
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</tbody>
</table>

3. Expected Peer Review Publications

<table>
<thead>
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</tr>
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<td>3</td>
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</tbody>
</table>

V(H). State Defined Outputs

1. Output Target

- Number of community members involved in the CBPR process
  - 2009: 300
  - 2010: 300
  - 2011: 300
  - 2012: 300
  - 2013: 300

- Number of interventions
  - 2009: 6
  - 2010: 8
  - 2011: 10
  - 2012: 12
  - 2013: 13

- Conduct educational classes on adequate nutrient consumption and physical fitness and lifestyle.
  - 2009: 24
  - 2010: 30
  - 2011: 35
  - 2012: 38
  - 2013: 40

- Conduct demonstrations on recipe modification to decrease fat, salt and sugar
  - 2009: 10
  - 2010: 15
  - 2011: 21
  - 2012: 25
  - 2013: 30

- Provide educational seminars on obesity related health conditions
  - 2009: 6
  - 2010: 10
  - 2011: 12
  - 2012: 14
  - 2013: 18

- Conduct community activities in nutrition and health
  - 2009: 16
  - 2010: 28
  - 2011: 32
  - 2012: 35
  - 2013: 38
- Research studies conducted on Human Nutrition, Health, Wellness and Obesity

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
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- Research papers prepared for publication in refereed and non-refereed outlets

<table>
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- Research results presented at conferences

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</tbody>
</table>

- Provide community decision makers with visualized statistics about food accessibility, food affordability, physical activity facilities, and health screening centers to improve the health and wellness environment.

<table>
<thead>
<tr>
<th>Year</th>
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<th>2011</th>
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V(I). State Defined Outcome

<table>
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<tr>
<th>O. No</th>
<th>Outcome Name</th>
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<tbody>
<tr>
<td>1</td>
<td>Percentages of participants that will improve their nutritional knowledge on healthy lifestyle.</td>
</tr>
<tr>
<td>2</td>
<td>Percentages of participants that will increase physical activity to reduce stress and maintain healthy weights.</td>
</tr>
<tr>
<td>3</td>
<td>Percentages of participants that will improve existing health conditions related to obesity through the enhancement of positive lifestyles.</td>
</tr>
<tr>
<td>4</td>
<td>Percentages of participants that will increase their involvement in the number of organized neighborhood sports and or other programs to increase physical fitness among youth at risk.</td>
</tr>
<tr>
<td>5</td>
<td>Percentage of participants that will reduce fast foods consumption with an increase in home prepared meals.</td>
</tr>
<tr>
<td>6</td>
<td>Percentages of participants that will improve lifestyles behavior in the management or prevention of diabetes.</td>
</tr>
<tr>
<td>7</td>
<td>Percentages of participants that will changes lifestyles behaviors in the management or prevention for hypertension.</td>
</tr>
<tr>
<td>8</td>
<td>Percentages of participants that will improve lifestyles behaviors in the management or prevention of heart disease.</td>
</tr>
<tr>
<td>9</td>
<td>Percentages of participants that will improve skills in the management or prevention of childhood overweight and obesity.</td>
</tr>
<tr>
<td>10</td>
<td>Percentages of participants that will maintain weight loss.</td>
</tr>
<tr>
<td>11</td>
<td>Percentages of participants that will decrease excessive weight gain.</td>
</tr>
<tr>
<td>12</td>
<td>Percentages of children that will increase physical fitness.</td>
</tr>
<tr>
<td>13</td>
<td>Percentages of participants that will Increase their consumption of healthier food products which promote healthier eating and reduction of chronic diseases.</td>
</tr>
</tbody>
</table>
Outcome #1

1. Outcome Target
Percentages of participants that will improve their nutritional knowledge on healthy lifestyle.

2. Outcome Type : Change in Knowledge Outcome Measure

<table>
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<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
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<td>%</td>
<td>37</td>
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</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research

4. Associated Knowledge Area(s)
● 724 - Healthy Lifestyle

Outcome #2

1. Outcome Target
Percentages of participants that will increase physical activity to reduce stress and maintain healthy weights.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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<th>2010</th>
<th>2011</th>
<th>2012</th>
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<td>%</td>
<td>10</td>
<td>15</td>
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</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research

4. Associated Knowledge Area(s)
● 724 - Healthy Lifestyle

Outcome #3

1. Outcome Target
Percentages of participants that will improve existing health conditions related to obesity through the enhancement of positive lifestyles.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tbody>
<tr>
<td>%</td>
<td>12</td>
<td>14</td>
<td>16</td>
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</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research

4. Associated Knowledge Area(s)
● 703 - Nutrition Education and Behavior

Outcome #4

1. Outcome Target
Percentages of participants that will increase their involvement in the number of organized neighborhood sports and or other programs to increase physical fitness among youth at risk.

2. Outcome Type : Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
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<tbody>
<tr>
<td>%</td>
<td>6</td>
<td>8</td>
<td>10</td>
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<td>15</td>
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</table>

3. Associated Institute Type(s)
• 1890 Extension
• 1890 Research
4. Associated Knowledge Area(s)
   ● 702 - Requirements and Function of Nutrients and Other Food Components

Outcome #5

1. Outcome Target
Percentage of participants that will reduce fast foods consumption with an increase in home prepared meals.

2. Outcome Type: Change in Action Outcome Measure

   2009: 14
   2010: 16
   2011: 18
   2012: 20
   2013: 30

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 701 - Nutrient Composition of Food

Outcome #6

1. Outcome Target
Percentages of participants that will improve lifestyles behavior in the management or prevention of diabetes.

2. Outcome Type: Change in Condition Outcome Measure

   2009: 8
   2010: 10
   2011: 12
   2012: 14
   2013: 20

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 703 - Nutrition Education and Behavior

Outcome #7

1. Outcome Target
Percentages of participants that will changes lifestyles behaviors in the management or prevention for hypertension.

2. Outcome Type: Change in Condition Outcome Measure

   2009: 5
   2010: 7
   2011: 9
   2012: 10
   2013: 20

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 703 - Nutrition Education and Behavior

Outcome #8

1. Outcome Target
Percentages of participants that will improve lifestyles behaviors in the management or prevention of heart disease.

2. Outcome Type: Change in Condition Outcome Measure

   2009: 10
   2010: 12
   2011: 14
   2012: 16
   2013: 20

3. Associated Institute Type(s)
4. Associated Knowledge Area(s)
   ● 703 - Nutrition Education and Behavior

Outcome #9
1. Outcome Target
Percentages of participants that will improve skills in the management or prevention of childhood overweight and obesity.

2. Outcome Type: Change in Condition Outcome Measure
   

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 724 - Healthy Lifestyle

Outcome #10
1. Outcome Target
Percentages of participants that will maintain weight loss.

2. Outcome Type: Change in Condition Outcome Measure
   

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 724 - Healthy Lifestyle

Outcome #11
1. Outcome Target
Percentages of participants that will decrease excessive weight gain.

2. Outcome Type: Change in Condition Outcome Measure
   

3. Associated Institute Type(s)
   • 1890 Extension
   • 1890 Research

4. Associated Knowledge Area(s)
   ● 703 - Nutrition Education and Behavior

Outcome #12
1. Outcome Target
Percentages of children that will increase physical fitness.
2. Outcome Type : Change in Condition Outcome Measure

2009 : 15
2010 : 15
2011 : 20
2012 : 20
2013 : 25

3. Associated Institute Type(s)

- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)

- 703 - Nutrition Education and Behavior

 Outcome #13

1. Outcome Target

Percentages of participants that will increase their consumption of healthier food products which promote healthier eating and reduction of chronic diseases.

2. Outcome Type : Change in Condition Outcome Measure

2009 : 7
2010 : 8
2011 : 10
2012 : 12
2013 : 15

3. Associated Institute Type(s)

- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)

- 702 - Requirements and Function of Nutrients and Other Food Components

V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Other (Poor transportation)
- Public Policy changes

Description

Natural Disasters: Natural disasters such as Hurricane Katrina may affect the research component. This may cause problems in the availability of nutritious foods. Natural disasters can also force the participants to relocate resulting in a decrease in program participation.

Environmental measures: may influence those population groups which are hard to reach with health education programs such as those with lower educational attainment, lower incomes and language barriers. Environmental changes may also be cost-effective and have a more lasting effect on behavior changes because they become incorporated into structures, systems policies and socio-cultural norms. Additionally in the area of obesity, environmental changes minimize the direct message to the public about body size thereby reducing the chance of contributing to eating disorders and distorted perceptions of body image.

Resistance to change: This could be due to techniques and management and suspicion which can be potential obstacles to achieving the objectives. In addition, reduction of traditionally available public and private sector financial-risk mitigation programs, such as availability of insurance, can add to this resistance to try/adopt innovative practices. Using the CBPR approach could be one solution to this problem.
V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
   - Before-After (before and after program)
   - Case Study
   - During (during program)
   - Comparisons between program participants (individuals, group, organizations) and non-participants

   Description
   The experimental design of most studies will be:

   Pre- post-

   Intervention community with control community

   Delayed intervention

   Instruments to Assess the Obesity Problem through Baseline data collection on the following

   Psycho-social
   Socio-economic
   Anthropometric
   Biological
   Geographical layout of communities
   Availability of food stores and recreational facilities

   Increase Public Awareness of the Problem through Social Marketing Campaign

   Brand the Community Based Research in the Communities

   Solicit community member involvement

   Process evaluation of Social Marketing

   Recruit Community Members

   Communities will be active members in the collaborative process as the baseline data is evaluated, problems identified and interventions developed

   The challenge now is to develop innovative strategies for reaching the individual within the community and to develop methods for evaluation that make common and scientific sense. Population behavior change can occur, even though the gains may be smaller than anticipated. Promoting and evaluating the participant's behavior change continues to be a major challenge. The development and execution of nutrition and health intervention programs will require the following steps: (1) need analysis, (2) problem identification, (3) strategy development, (4) intervention and (5) evaluation.

2. Data Collection Methods
● On-Site
● Mail
● Observation
● Sampling
● Structured
● Tests

Description
In behavior study there is a need to consider both individual variations within each community, and community-level variations within each treatment group.

Two sets of sample sizes must be considered: the number of individuals in each community to be sampled and the number of communities to be included. Studies should report justification for sample size at both of these levels with, ideally, power calculations at both individual and community level.

Intervention Group – Participants who attend events, activities and programs developed and implemented to improve weight managements, chronic diseases and healthy lifestyles will be identified as the intervention group.

Control Group— randomly selected rural counties who did not receive the intervention will be asked to complete the pre-post evaluation instrument to measure nutrition knowledge, food choices, attitudes and behavioral changes compared to that of the intervention counties.

The Pre-Post Evaluation-- instruments to measure awareness, knowledge, attitudes and the health belief model of the intervention counties compared to that of the control counties who did not receive the Healthy Weights Program intervention model.

Primary data will be transferred from the Tracking and Evaluation Folders using the computer software program Nutritionist IV Data Base. The data will be used for evaluating the lifestyle of the rural communities. Research scientists will have access to valid data, which can be used to write nutrition articles and design educational prevention programs in nutrition and health. Data collected will not only serve as tools for evaluating program outcome and impact, but as an avenue for collecting primary data on the living conditions, nutrition status, lifestyle and health problems of the rural communities in Southwest Mississippi.

Sustainable Evaluation- mail-out instruments to measure project participants six weeks after completing Healthy Weights 10-week segment. The instruments will assess the impact.

Reference:


(A). Planned Program (Summary)

Program #9

1. Name of the Planned Program
Agriculture and the Environment

2. Brief summary about Planned Program

The goal of the Agriculture and the Environment planned program is to identify best management practice(s) and best available technology(ies) to improve crop production and maximize its economic values while minimizing adverse impact to the environment. The results will be used as an approach to support farmers/producers in Mississippi to achieve sustainable agriculture through economic growth and environmental compliance. Through research, crop production will be evaluated using conventional production practices versus improved management strategies and available technologies. Concurrently, cost and benefit analysis associated with each practices (combination of management practices and available technologies) will be calculated. At the end of the studies, evaluations will be conducted to determine the least costly strategies that maximize profitability of production and minimize adverse impact to the environment. Information will be documented and disseminated throughout the community through seminars, workshops, publications, and media. Extension efforts will be exercised through direct and indirect communications with farmers/producers using publications and other information resources. This program will demonstrate how farmers can be both profitable and in compliance with existing agricultural law and regulations that can lead to better government assistance opportunities. Efforts in environmental protection will provide farmers/producers with better opportunities to participate in government conservation and other related programs that would be beneficial to them. Overall, in the addition to the study of the relationships between soil, plant, water and nutrient, the planned program is parallel to several environmental concerns and can simultaneously address watershed protection and management as well as pollution prevention and mitigation, an approach to achieve sustainable agriculture.

3. Program existence: Intermediate (One to five years)

4. Program duration: Long-Term (More than five years)

5. Expending formula funds or state-matching funds: Yes

6. Expending other than formula funds or state-matching funds: No

(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

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<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
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<tbody>
<tr>
<td>102</td>
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<td>Watershed Protection and Management</td>
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<td>Pollution Prevention and Mitigation</td>
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<tr>
<td>605</td>
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<td><strong>100%</strong></td>
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</table>
V(C). Planned Program (Situation and Scope)

1. Situation and priorities

Small farmers in Mississippi have traditionally been concerned about conserving and sustaining their farmland. However, they are reluctant to participate in the conservation programs due to the program requirements, their hesitance to share private data, and joint heirs of their property. Farmers/producers are lacking in information on current management practices and available technologies to maximize their efforts in crop production. Existing information to assist them in finding the best management practices (BMPs) and the best available technologies (BATs) in combination with the least cost expenses to maximize their profitability in production is not readily available and attainable. The potential to increase production through increased cropping intensity is needed to help solve many production obstacles. Furthermore, the numbers of farmers/producers are generally decreasing due to the lack of interest in production that stems from their inability to make more profit and also from the "traditional" labor intensiveness of agricultural production. The lack of interest in agriculture is also due to the lack of education in field of agriculture at the school systems.

The practice of agriculture has changed dramatically in the past two decades. Agriculture productivity rise due to new technologies, mechanization, increased chemical use, specialization and government policies that favored maximizing production. However, these changes may cause risks in farming associated with costs adverse effect to the health of the ecosystem, such as depletion of top soil and water resources contamination. These situations lead to the decline of family or small farms, continued neglect of the living and working conditions for farm laborers, increasing costs of production, and the disintegration of economic and social conditions in rural communities. To sustain agriculture practices in Mississippi, studies/researches will be needed to identify improved management practices and available technologies that will allow farmers/producers to increase their profits with minimum impact to the environment. Information on economic choices will enable farmers/producers to access and allocate resources for the production of commodities, services, and products to achieve sustainable farming. Together, research and extension will encourage farmers with their production problems. ASU-Agriculture & Environment (ASU-AE) planned program will identify methods for farmers/producers to achieve sustainable agriculture and maximizes their profitability with minimum adverse environmental impacts. Reference: Cacek, Terry and Linda Langner, 1986 "The economic implications of organic farming," American Journal of Alternative Agriculture 1((1):25 29.

2. Scope of the Program

- In-State Extension
- In-State Research

V(D). Planned Program (Assumptions and Goals)

1. Assumptions made for the Program

Assumptions in this planned program (1) farmers/producers believe that it is not economically feasible to minimize adverse environmental impact when considering maximum profitability of crop production; (2) it will be difficult to promote environmental protection strategies to farmers/producers due to their limited knowledge about environmental concerns; (3) it will difficult to change the behavior of farmers/producers due to their beliefs in traditional agricultural practices.

2. Ultimate goal(s) of this Program

To identify best management practices and best available technologies to improve crop production and maximize its economic values while minimizing adverse environmental impact.

V(E). Planned Program (Inputs)

1. Estimated Number of professional FTE/SYs to be budgeted for this Program
1. Activity for the Program

The planned program will start with research in identifying the best management practices (BMPs) in combination with best available technologies (BATs) that will increase crop production and maximize profitability. Information obtained will be documented and shared with farmers/producers with suggestions and recommendations. Concurrent research will also be conducted to evaluate the costs and benefits associated with each BMPs and BATs. Analysis derived from this study will be documented and shared with farmers/producers. Educational publications will be developed to be distributed and workshops will be conducted to demonstrate new findings. The first two-years of this planned program will be focused on the research aspect only, since crop production and rotation will require time. The third year will incorporate extension aspect, as we have results from on-going studies and more extensive extension work will be performed as we have more findings.

2. Type(s) of methods to be used to reach direct and indirect contacts

<table>
<thead>
<tr>
<th>Direct Methods</th>
<th>Indirect Methods</th>
</tr>
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<tbody>
<tr>
<td>Other 1 (Curriculum Development)</td>
<td>Other 2 (Reports)</td>
</tr>
<tr>
<td>Demonstrations</td>
<td>Web sites</td>
</tr>
<tr>
<td>One-on-One Intervention</td>
<td>Public Service Announcement</td>
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<tr>
<td>Education Class</td>
<td>Newsletters</td>
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<tr>
<td>Other 1 (Fact Sheets)</td>
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</tbody>
</table>

3. Description of targeted audience

The targeted audience will be farmers/producers and landowners.

V(G). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) to be reached through direct and indirect contact methods

<table>
<thead>
<tr>
<th>Year</th>
<th>Direct Contacts Adults</th>
<th>Indirect Contacts Adults</th>
<th>Direct Contacts Youth</th>
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<td>2013</td>
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</table>
2. (Standard Research Target) Number of Patent Applications Submitted

Expected Patent Applications

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<th>2012</th>
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</table>

3. Expected Peer Review Publications

<table>
<thead>
<tr>
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<th>Research Target</th>
<th>Extension Target</th>
<th>Total</th>
</tr>
</thead>
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<tr>
<td>2013</td>
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</tr>
</tbody>
</table>

V(H). State Defined Outputs

1. Output Target

- Conduct experiments to identify best management practice(s) and best available technology(ies) to maximize crop production.
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Conduct research to evaluate cost benefit analysis for each BMPs and BATs
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Develop educational materials to document identified BMPs and BATs.
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Develop educational materials to document identified best management practices and best available technologies
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Develop educational materials to document C/B analysis associated with each management practices and best available technologies
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Conduct workshops and seminars to share information with farmers/producers
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Conduct field tours to show farmers/producers of activities.
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:

- Conduct study to evaluate the effectiveness of program intervention by introducing new improved management practices and technologies
  - 2009:
  - 2010:
  - 2011:
  - 2012:
  - 2013:
V(I). State Defined Outcome

<table>
<thead>
<tr>
<th>O. No</th>
<th>Outcome Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Number of identified best management practice (BMP) and best available technology (BAT) that will be identified.</td>
</tr>
<tr>
<td>2</td>
<td>Number of Cost Benefit Analysis evaluations associated with each BMPs and BATs</td>
</tr>
<tr>
<td>3</td>
<td>Number of educational materials that will be developed to address Best Management Practices and Best Available Technologies.</td>
</tr>
<tr>
<td>4</td>
<td>Number of educational materials that will be developed to address CBA for each BMPs and BATs</td>
</tr>
<tr>
<td>5</td>
<td>Number of workshops and seminars conducted to address applicable BMPs and BATs and associated cost benefit analysis</td>
</tr>
<tr>
<td>6</td>
<td>Number of participants (farmers/producers) who adopts and implement new BMPs and selected BATs.</td>
</tr>
</tbody>
</table>
**Outcome #1**

1. **Outcome Target**
Number of identified best management practice (BMP) and best available technology (BAT) that will be identified.

2. **Outcome Type:** Change in Knowledge Outcome Measure

   2009 : 1  
   2010 : 1  
   2011 : 1  
   2012 : 1  
   2013 : 1

3. **Associated Institute Type(s)**
   • 1890 Research

4. **Associated Knowledge Area(s)**
   ● 102 - Soil, Plant, Water, Nutrient Relationships
   ● 112 - Watershed Protection and Management
   ● 133 - Pollution Prevention and Mitigation

**Outcome #2**

1. **Outcome Target**
Number of Cost Benefit Analysis evaluations associated with each BMPs and BATs

2. **Outcome Type:** Change in Knowledge Outcome Measure

   2009 : 1  
   2010 : 1  
   2011 : 1  
   2012 : 1  
   2013 : 1

3. **Associated Institute Type(s)**
   • 1890 Research

4. **Associated Knowledge Area(s)**
   ● 601 - Economics of Agricultural Production and Farm Management
   ● 605 - Natural Resource and Environmental Economics

**Outcome #3**

1. **Outcome Target**
Number of educational materials that will be developed to address Best Management Practices and Best Available Technologies.

2. **Outcome Type:** Change in Action Outcome Measure

   2009 : 0  
   2010 : 0  
   2011 : 0  
   2012 : 1  
   2013 : 1

3. **Associated Institute Type(s)**
   • 1890 Extension
   • 1890 Research

4. **Associated Knowledge Area(s)**
   ● 102 - Soil, Plant, Water, Nutrient Relationships
   ● 112 - Watershed Protection and Management
   ● 133 - Pollution Prevention and Mitigation

**Outcome #4**

1. **Outcome Target**
Number of educational materials that will be developed to address CBA for each BMPs and BATs
2. Outcome Type: Change in Action Outcome Measure

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<th>2011</th>
<th>2012</th>
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3. Associated Institute Type(s)

- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)

- 102 - Soil, Plant, Water, Nutrient Relationships
- 112 - Watershed Protection and Management
- 133 - Pollution Prevention and Mitigation
- 601 - Economics of Agricultural Production and Farm Management
- 605 - Natural Resource and Environmental Economics

Outcome #5

1. Outcome Target

Number of workshops and seminars conducted to address applicable BMPs and BATs and associated cost benefit analysis

2. Outcome Type: Change in Action Outcome Measure

<table>
<thead>
<tr>
<th>Year</th>
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3. Associated Institute Type(s)

- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)

- 102 - Soil, Plant, Water, Nutrient Relationships
- 112 - Watershed Protection and Management
- 133 - Pollution Prevention and Mitigation
- 601 - Economics of Agricultural Production and Farm Management
- 605 - Natural Resource and Environmental Economics

Outcome #6

1. Outcome Target

Number of participants (farmers/producers) who adopts and implement new BMPs and selected BATs.

2. Outcome Type: Change in Action Outcome Measure

<table>
<thead>
<tr>
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3. Associated Institute Type(s)

- 1890 Extension
- 1890 Research

4. Associated Knowledge Area(s)

- 102 - Soil, Plant, Water, Nutrient Relationships
- 112 - Watershed Protection and Management
- 133 - Pollution Prevention and Mitigation
V(J). Planned Program (External Factors)

1. External Factors which may affect Outcomes
   - Competing Public priorities
   - Government Regulations
   - Economy
   - Natural Disasters (drought, weather extremes, etc.)

   Description
   Agriculture production is very sensitive and susceptible to extreme weather conditions, change in governmental policies and regulations, competitive land uses and shifting development patterns, evolving consumer demands, and global influenced markets. External factor such as weather extremes can delay planting of crops, or significantly affect the quality and quantity of crop production during growing season, thus affecting profitability.

   Municipal and commercial zoning such as competitive land uses, shifting development patterns and global market influence will have an effect that decreases favorable land for agricultural purposes. Re-zoning can also happen due to changes in a rural population from immigration or relocation and new cultural grouping. Population changes in farming communities can lead to producer/neighbor issues that influence choice of agriculture production practices.

   The fluctuation in the agricultural and global economy will also determine profitability verses prices of commodities, supplies, and other needed resources. Supply and demand will facilitate changes that occur in the state and regional economies within the sector of agriculture enterprises. Public policy that governs comparative prices and competing public priorities of harvested crops will also be a factor that needs to be considered.

V(K). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
   - Before-After (before and after program)
   - Comparison between locales where the program operates and sites without program intervention

   Description
   Evaluation studies will be measured according to the number of farmers/producers who participates in adopting and implementing new strategies in crop production which includes implementing BMPs and BATs that maximizes their productivity while minimizing adverse impact to the environment. The number of participants will be compared to communities where the farmers/producers are lacking in information (or without program intervention) and therefore do not adopt or implement new production strategies.

2. Data Collection Methods
   - Observation
   - Sampling
   - Case Study
   - Journals
   - Telephone
   - Whole population
   - Mail
   - Tests

   Description
   Sampling will be done collect data of communities in which extension agents conduct seminars and workshops to share and disseminate information to farmers/producers. Collection of data can be done using whole population or statistical data and the use of geographic information systems to determine land-use areas for agricultural practices. Mail and telephone are another method to obtain information to determine the number of participants. Historical data from journals will be used to conduct observations and case studies. Overall, the impact of the planned program will be determine according to the number of participants that adopts and implement new strategies (BMPs and BATs) to achieve sustainable agriculture.