V(A). Planned Program (Summary)

Program # 6
1. Name of the Planned Program
Youth and Family Development
☑ Reporting on this Program

V(B). Program Knowledge Area(s)
1. Program Knowledge Areas and Percentage

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>%1862 Extension</th>
<th>%1890 Extension</th>
<th>%1862 Research</th>
<th>%1890 Research</th>
</tr>
</thead>
<tbody>
<tr>
<td>307</td>
<td>Animal Management Systems</td>
<td>5%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>602</td>
<td>Business Management, Finance, and Taxation</td>
<td>5%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>801</td>
<td>Individual and Family Resource Management</td>
<td>25%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>802</td>
<td>Human Development and Family Well-Being</td>
<td>25%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>806</td>
<td>Youth Development</td>
<td>35%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>903</td>
<td>Communication, Education, and Information Delivery</td>
<td>5%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>100%</td>
<td></td>
<td></td>
<td>0%</td>
</tr>
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</table>

V(C). Planned Program (Inputs)
1. Actual amount of FTE/SYs expended this Program

<table>
<thead>
<tr>
<th>Year: 2017</th>
<th>Extension</th>
<th>Research</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1862</td>
<td>1890</td>
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<tr>
<td>Plan</td>
<td>8.0</td>
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<tr>
<td>Actual Paid</td>
<td>18.4</td>
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<tr>
<td>Actual Volunteer</td>
<td>32.6</td>
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</table>

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)
V(D). Planned Program (Activity)

1. Brief description of the Activity

- Collaborate with Native American reservations and 1994 land-grant institutions to provide culturally appropriate programming and related materials to Native American families.
- Conduct workshops and clinics that provide active learning and skill development
- Conduct meetings that focus on facilitation and leadership skills
- Develop curriculum and supporting teaching tools for volunteers to use
- Provide training for youth and adult volunteers
- Partner with youth serving groups on state and local levels
- Provide/develop web-based education and information access
- Facilitate small support groups for caregivers
- Develop printed and online resources

2. Brief description of the target audience

- Youth aged 5-19
- Children ages 0-5
- Parents of youth involved in 4-H
- Adult and youth volunteer leaders
- Professionals involved with youth development
- School administrators and teachers
- Military families
- Rural and urban Montana families, landowners and business owners
- Caregivers
- Healthcare providers and services
- Reservation populations

3. How was eXtension used?

- Connecting with resources and specialists from other areas
- Youth leadership programming
- Peer-reviewed and innovative planning, program development and evaluation tools
- Leadership training
• Techniques for working with youth and adult volunteers
• 4-H Curriculum
• Implementation of citizenship programs

V(E). Planned Program (Outputs)

1. Standard output measures

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Direct Contacts Adults</td>
<td>Indirect Contacts Adults</td>
<td>Direct Contacts Youth</td>
<td>Indirect Contacts Youth</td>
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<tr>
<td>Actual</td>
<td>9069</td>
<td>114251</td>
<td>21169</td>
<td>32645</td>
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</tr>
</tbody>
</table>

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2017
Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

<table>
<thead>
<tr>
<th></th>
<th>Extension</th>
<th>Research</th>
<th>Total</th>
</tr>
</thead>
<tbody>
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<td>2017</td>
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<tr>
<td>Actual</td>
<td>11</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

• Number of youth enrolled in organized 4-H clubs

Year   Actual
2017   8942

Output #2

Output Measure

• Number of youth participating in 4-H overnight camping programs

Year   Actual
### Output #3

**Output Measure**
- Number of youth and adult volunteers offering support for the 4-H program

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>3521</td>
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</tbody>
</table>

### Output #4

**Output Measure**
- Number of participants in classes and support groups for parents and caregivers.

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>470</td>
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</tbody>
</table>

### Output #5

**Output Measure**
- Number of participants in personal finance classes

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>2346</td>
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</tbody>
</table>
## V(G). State Defined Outcomes

### V. State Defined Outcomes Table of Content

<table>
<thead>
<tr>
<th>O. No.</th>
<th>OUTCOME NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Youth competency development: Increased number of youth participating in 4-H projects and activities and demonstrating increased knowledge and ability in specific competency areas including but not limited to science, healthy living and citizenship.</td>
</tr>
<tr>
<td>2</td>
<td>Youth life skill development: Increased number of youth participating in 4-H activities and demonstrating increased knowledge and ability in specific life skill areas including but not limited to teamwork, communication skills and public speaking.</td>
</tr>
<tr>
<td>3</td>
<td>Leadership/Volunteer Development: Increased number of youth and adults who have received leadership training and demonstrate increased knowledge and ability as a result of the training.</td>
</tr>
<tr>
<td>4</td>
<td>Military Family Partnerships: Increased interaction with military families resulting in increased capacity of families to access resources and support.</td>
</tr>
<tr>
<td>5</td>
<td>Parenting/Caregiving: Increased number of parents and caregivers who access support and resources and increased knowledge and ability of participants as a result of those efforts.</td>
</tr>
<tr>
<td>6</td>
<td>Personal Finances: Increased number of participants in classes and trainings and increased knowledge and aptitude of those participants based on pre- and post- survey results. Increased number of ACA inquiries, referrals, resources developed and shared, workshops and enrollments.</td>
</tr>
<tr>
<td>7</td>
<td>Expand research-based mental health educational programming to youth and adults statewide.</td>
</tr>
</tbody>
</table>
Outcome #1

1. Outcome Measures

Youth competency development: Increased number of youth participating in 4-H projects and activities and demonstrating increased knowledge and ability in specific competency areas including but not limited to science, healthy living and citizenship.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>0</td>
</tr>
</tbody>
</table>

3c. Qualitative Outcome or Impact Statement

**Issue (Who cares and Why)**

The Department of Commerce estimates that Science, Technology, Engineering and Math (STEM) occupations will grow 1.7 times faster than non-STEM jobs between 2008 and 2018. To meet these workforce needs, the United States will need approximately one million more STEM professionals than are projected to graduate over the next decade. Research has shown that 4-H members develop an increased interest in science three times higher than non-4-Hers.

**What has been done**

Montana youth participated in 38,327 projects related to (STEM) during 2017. These projects included robotics, bioscience, livestock, foods and nutrition, environmental education, plant sciences and engineering. An Advanced Market Livestock Program was created by Fort Peck Reservation and Daniels, McCone, Richland, Roosevelt, Sheridan and Valley counties. The project offered hands-on activities related to using carcass and value-added meat production to strengthen knowledge and provide a skill set with practical and potential employment opportunities.

**Results**

The program included 65 volunteers 342 youth. The overall rating for the project was 4.5/5 (1=poor, 5=excellent). Students learned from before and after analysis of cuts of meat, how to mix spices, how to make sausage, food safety, equipment safety, and cooking at the right temperature. These skills make them employable by a meat shop, grocery store meat department, or in restaurants. It also gave youth and families the skills necessary to process animals they harvest through hunting, thereby reducing their costs. The Tribal Elder Program and Grandparents Raising Grandchildren groups praised the project for creating a connection
between youth and the elderly. Parents of the youth have requested adult classes to learn similar skills. The project also satisfied Indian Education for All requirements mandated for teachers by state law.

4. Associated Knowledge Areas

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>307</td>
<td>Animal Management Systems</td>
</tr>
<tr>
<td>602</td>
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</tr>
<tr>
<td>801</td>
<td>Individual and Family Resource Management</td>
</tr>
<tr>
<td>802</td>
<td>Human Development and Family Well-Being</td>
</tr>
<tr>
<td>806</td>
<td>Youth Development</td>
</tr>
<tr>
<td>903</td>
<td>Communication, Education, and Information Delivery</td>
</tr>
</tbody>
</table>

Outcome #2

1. Outcome Measures

Youth life skill development: Increased number of youth participating in 4-H activities and demonstrating increased knowledge and ability in specific life skill areas including but not limited to teamwork, communication skills and public speaking.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>0</td>
</tr>
</tbody>
</table>

3c. Qualitative Outcome or Impact Statement

**Issue (Who cares and Why)**

Instability due to family situations and other challenges can lead young people to be at-risk. 4-H serves as a bridge between at-risk behavior and positive behavior. As our world continues to grow and change we need to prepare the youth of today for the future of tomorrow. 4-H grows and develops youth to be leaders with compassion, empathy and a vision: a vision to continue to make the world that we live in a better place. 4-H provides youth with critical life skills that will serve them their entire lives.

**What has been done**
Montana 4-H creates environments for positive youth development through experiential education, learning by doing projects, club meetings, community service projects, after-school programs, school enrichment, camps, conferences, international programs and exchanges, other events and activities. During 2017, 20,617 youth participated in 4-H activities. Of these, 8,942 were members of 4-H clubs. Over 20% were minorities compared to 11% of the state's overall population. 4-H directly contributes to the development of youth through programs in communication and public speaking, goal setting, professional etiquette, leadership and decision-making.

Results
Every county has impressive impacts from 4-H programming. A sample includes:
Gallatin County (400 members): 100% who completed a survey indicated they developed greater communication skills because of 4-H, 56% said they were better able to see another person’s point of view and 96% said they improved their ability to prepare presentations.
Chouteau County: Eight junior leaders demonstrated improved leadership, communications, organizational and decision-making skills by teaching livestock classes to 4th and 5th grade students.
A local fireman commended the Fergus County office because a young lady who had responded to an emergency event with skill and poise, said it was because of what she learned in 4-H.

Testimonial: I have taken several 4-H projects from market and breeding projects to sewing, woodworking and gardening. Through these projects I have learned that you don't always get it right on the first try. Persistence will pay off if you do not give up. It is not how your project turned out but what you learned along the way. I have also learned that sharing knowledge with others can be even more rewarding.

4. Associated Knowledge Areas

<table>
<thead>
<tr>
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<tbody>
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<td>Youth Development</td>
</tr>
<tr>
<td>903</td>
<td>Communication, Education, and Information Delivery</td>
</tr>
</tbody>
</table>

Outcome #3

1. Outcome Measures

Leadership/Volunteer Development: Increased number of youth and adults who have received leadership training and demonstrate increased knowledge and ability as a result of the training.

2. Associated Institution Types
● 1862 Extension

3a. Outcome Type:
Change in Action Outcome Measure

3b. Quantitative Outcome

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>0</td>
</tr>
</tbody>
</table>

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
Leaders, both youth and adult, are vital to the strength of 4-H programs and communities. The greater the depth of leadership within a program, the greater the likelihood that the program will be successful. Trained, caring adults matched with youth create partnerships that increase the competence, connection, confidence, compassion and character for both entities and increase the ability of clubs and communities to function at the highest level. MSU Extension is committed to training volunteers and improving their leadership skills.

What has been done
The 4-H motto, learn by doing, is applied to leadership through experiences that allow youth to lead. Youth receive training and guidance in preparing programs such as 4-H project days, camps and service learning activities. Youth are called upon to complete projects or events from idea to implementation and evaluation. In addition, youth manage all aspects of club activities from conducting needs assessments, running organized meetings, budgeting and resource management. Individual counties and regions provide extensive opportunities for leadership training including volunteer certification.

Results
Each 4-H volunteer impacts between 20 and 36 kids. By offering training and certification opportunities for volunteers, counties reported an increase in participation of 50%. Statewide, there were 3521 reported volunteers who contributed nearly $2 million in economic value to their communities. Reports indicate that 75% of youth who participate in 4-H leadership programs also had leadership roles in school, church, and other community organizations.
Carbon County: Youth leaders planned and implemented a Prom Dress Drive to help teens access affordable dresses, planned and led a Project Day and Clover Camp and prepared a presentation for MSU Leadership including the President, all the Vice Presidents, all the Deans and other faculty and student leaders. They provided an overview of 4-H and shared personal stories about how 4-H had impacted their lives and their community.

Testimonial: As a young 4-Her I struggled with leadership. I was not a natural leader but I learned. Through the encouragement of leaders and fellow 4-Hers, I have become a leader. I never thought I would say that.

4. Associated Knowledge Areas
### Outcome #4

1. **Outcome Measures**

   Military Family Partnerships: Increased interaction with military families resulting in increased capacity of families to access resources and support.

   Not Reporting on this Outcome Measure

### Outcome #5

1. **Outcome Measures**

   Parenting/Caregiving: Increased number of parents and caregivers who access support and resources and increased knowledge and ability of participants as a result of those efforts.

2. **Associated Institution Types**

   - 1862 Extension

3a. **Outcome Type:**

   Change in Knowledge Outcome Measure

3b. **Quantitative Outcome**

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>0</td>
</tr>
</tbody>
</table>

3c. **Qualitative Outcome or Impact Statement**

   **Issue (Who cares and Why)**

   By 2025 it is expected that more than 25% of Montana's population will be over 65 years of age. With extended life expectancy comes a variety of chronic illnesses. Research indicates high rates of depression and anxiety among caregivers, as well as increased vulnerability to health problems. In 2014, AARP estimated Montana had 118,000 unpaid caregivers providing 110 million hours of care to loved ones at a value of $1.4 billion (based on $12.97/hour). Montana is currently ranked 49/50 in services for caregivers. Extension seeks to provide increased support. More than 6600 grandparents in Montana are responsible for the primary care of their grandchildren.

   **What has been done**
Powerful Tools for Caregivers (PTC) is an educational program that provides family caregivers with skills and confidence to better care for themselves while caring for someone with a chronic illness. The Extension PTC class trains instructors to conduct six weekly 90-minute classes in communities across Montana to empower caregivers. The Montana Grandparents Raising Grandchildren (GRG) Project provides resources for grandparent-headed families including support group facilitator training and coordination of a network of 36 education/support groups in 32 communities across the state, including on the seven Indian Reservations. Efforts to better reach minorities were successful, 33% of the 405 direct participants were Native Americans; and nearly a quarter were male. Newsletters are sent through the mail and electronically to 982 contacts.

**Results**
In 2017, PTC was expanded to include grandparent caregivers (GrandCares) and 15 participants took that version. All participants made statistically significant gains from pre to post test on feeling confident asking for help, understanding emotions and finding ways to keep up with self-care. Sixty percent strongly agreed they felt more confident in caregiving following the class and 71% were making changes to better care for themselves. Since grandparents often care for grandchildren informally, the state saves more than $213,000/day in foster care payments. GRG regularly reaches more than 200 grandparents directly and more than 950 through newsletters, listservs and web contacts. Evaluation of participants concluded that grandparents showed statistically significant improvements in their awareness of resources to help them in their role, confidence in asking for help from community resources, ability to network with others and ability to find enjoyment in their grandkids. The evaluation also showed that the program did not help with stress, coping skills or better self-care. This further supports the need for expanding the new GrandCares program.

4. **Associated Knowledge Areas**

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>802</td>
<td>Human Development and Family Well-Being</td>
</tr>
<tr>
<td>806</td>
<td>Youth Development</td>
</tr>
</tbody>
</table>

**Outcome #6**

1. **Outcome Measures**

   Personal Finances: Increased number of participants in classes and trainings and increased knowledge and aptitude of those participants based on pre- and post- survey results. Increased number of ACA inquiries, referrals, resources developed and shared, workshops and enrollments.

2. **Associated Institution Types**

   - 1862 Extension

3a. **Outcome Type:**

   Change in Action Outcome Measure
3b. Quantitative Outcome

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>0</td>
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</tbody>
</table>

3c. Qualitative Outcome or Impact Statement

**Issue (Who cares and Why)**
Increased knowledge about personal finance topics leads to improved decision making and better financial security for individuals and families. When people have good financial security, they are less likely to need government and community safety net programs (food bank, supplemental nutrition, Section 8 housing, etc.) Montanans of all ages can benefit from learning about the need for estate planning as 70% die without writing a will. The average age of farm operators is 58. During the next decade many operations will be passed down to the next generation. Many don't realize how property is titled impacts who receives it if they die without writing a will.

**What has been done**
Solid Finances is a web-based adult financial series with the goal of improving the financial literacy of working adults. Classes include topics such as banking, health insurance, avoiding financial scams, taking the mystery out of retirement planning, working with investment professionals, budgeting for your good life, organizing your financial records and more. During 2017, 634 people attended 18 Solid Finance webinars and the recordings were watched an additional 1069 times.
In addition, Extension offered 60 Estate Planning classes that were attended by 1840 people in communities statewide. Estate planning information was also offered via MontGuides (factsheets), radio programs and newspaper and magazine articles.

**Results**
Solid Finances:
62% of attendees obtained their credit score after participating in the Credit Score Session.
50% of attendees increased their contribution to their Health Savings Account or Flexible Spending Account after learning about them.
82% of participants calculated the amount of money they will need for retirement.
Estate Planning:
75% of participants said they learned a lot from the presentation.
15% intend to write a will in their own handwriting.
30% indicated they will review their will.
45% will see an attorney about executing a will.
94% will discuss estate planning with a spouse or other family members.
91% will review their beneficiary designations.
Marsha Goetting, the MSU Extension family economics specialist, earned the 2017 Western Region Excellence Award from Cooperative Extension, USDA NIFA and APLU.

4. Associated Knowledge Areas

<table>
<thead>
<tr>
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<th>Knowledge Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>602</td>
<td>Business Management, Finance, and Taxation</td>
</tr>
</tbody>
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Outcome #7

1. Outcome Measures

Expand research-based mental health educational programming to youth and adults statewide.

2. Associated Institution Types

● 1862 Extension

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

<table>
<thead>
<tr>
<th>Year</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
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<td>2017</td>
<td>0</td>
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</table>

3c. Qualitative Outcome or Impact Statement

**Issue (Who cares and Why)**
Mental illnesses are a common problem, affecting 25% of the U.S. population each year, with 6% having serious mental illness. The prevalence of mental health problems are even greater in Montana where the suicide rate is nearly twice the national rate (Montana Strategic Suicide Prevention Plan, 2015). There are large populations at high risk of mental illness including Native Americans and veterans, and the rural settings have limited mental health treatment resources. Thus, Montanans frequently face mental illness in their lives and communities. In rural Montana, where healthcare services are scarce, mental health literacy is critical as family members and friends may be the first to identify changes in a loved one needing professional services.

**What has been done**
To address the mental health needs of Montanans, MSU Extension has joined with the MSU Center for Mental Health Research and Recovery (CMHRR) to implement mental health literacy and suicide prevention programming. Many Extension faculty have been called upon to support the mental health efforts in their counties. The subject expertise in youth and family, and the outreach role of FCS and 4-H Extension field faculty positions them to scale-up educational programming around mental health. Two programs have been implemented. To increase mental health literacy, MSU Extension held a Mental Health First Aid (MHFA) training. To assist youth in understanding mental health issues and learn coping skills to reduce suicide and suicidal thoughts, the Youth Aware of Mental Health (YAM) was taught in six schools to 143 youth.

**Results**

Report Date 06/13/2018
For the Mental Health First Aid classes, we compared the number of correct responses on the pre-opinion survey to the number of correct responses on the post-survey of knowledge gained. Overall the average score for the pre-opinion survey was 67% and the post-survey of knowledge gained was 100%. Law enforcement/first responders were a target audience and during 2017, 32 took the course. On average adult participants taking the 8-hour Mental Health First Aid course increased their beliefs and knowledge about individuals with mental illness by nearly 33%. Nearly all participants gained knowledge and skills on how to assist in a mental health emergency and increased their knowledge of mental health literacy.

Youth Aware of Mental Health was taught in six schools to 143 youth. A total of eight classes were held. A presurvey was completed and a postsurvey will be completed three months after the end of the classes, therefore we do not have outcome data as of the end of 2017.

4. Associated Knowledge Areas

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>802</td>
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</tr>
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<td>Communication, Education, and Information Delivery</td>
</tr>
</tbody>
</table>

V(H). Planned Program (External Factors)

External factors which affected outcomes
- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

MSU Extension’s work in youth and family development is intensive and often very specific to the needs of individual communities. Montana 4-H continues to be the largest youth organization in the state. Efforts continue to be underway to better track impacts from a regional and statewide level, as opposed to only local.

V(I). Planned Program (Evaluation Studies)

Evaluation Results

Mental Health First Aid class participants increased their score from a pre-survey to post survey from 67% to 100%. Nearly all participants gained knowledge and skills on how to assist in a mental health emergency and increased their knowledge of mental health literacy.

Solid Finances:

- 62% of attendees obtained their credit score after participating in the Credit Score
Session.
- 50% of attendees increased their contribution to their Health Savings Account or Flexible Spending Account after learning about them.
- 82% of participants calculated the amount of money they will need for retirement.

**Estate Planning:**
- 75% of participants said they learned a lot from the presentation.
- 15% intend to write a will in their own handwriting.
- 30% indicated they will review their will.
- 45% will see an attorney about executing a will.
- 94% will discuss estate planning with a spouse or other family members.
- 91% will review their beneficiary designations.

**Key Items of Evaluation**
- Montana youth participated in 38,327 STEM projects.
- 4-H youth on the Fort Peck Reservation and six northeast Montana counties learned advanced meat processing techniques that increased their employment opportunities, taught them the skills needed to process their own hunting harvest and connected youth and elderly in culturally important activities.
- Gallatin County (400 members): 100% who completed a survey indicated they developed greater communication skills because of 4-H, 56% said they were better able to see another persons' point of view and 96% said they improved their ability to prepare presentations.
- A local fireman commended the Fergus County office because a young lady who had responded to an emergency event with skill and poise, said it was because of what she learned in 4-H.
- 3521 4-H youth and adult volunteers contributed nearly $2 million in economic value to their communities.
- Following Powerful Tools for Caregivers classes, 60% strongly agreed they felt more confident in care giving and 71% were making changes to take better care of themselves.
- When grandparents care for their grandchildren rather than having the kids be formally in the foster care system, the state of Montana saves more than $213,000/day. MSU Extension provides resources for these families to be successful.
- MSU Extension family economics specialist, Marsha Goetting, earned the 2017 Western Region Excellence Award from Cooperative Extension, USDA/NIFA and APLU.
- 143 youth in six Montana schools received free Youth Aware of Mental Health training during 2017.