**V(A). Planned Program (Summary)**

**Program # 21**

1. **Name of the Planned Program**

   Parenting

**V(B). Program Knowledge Area(s)**

1. **Program Knowledge Areas and Percentage**

<table>
<thead>
<tr>
<th>KA Code</th>
<th>Knowledge Area</th>
<th>%1862 Extension</th>
<th>%1890 Extension</th>
<th>%1862 Research</th>
<th>%1890 Research</th>
</tr>
</thead>
<tbody>
<tr>
<td>802</td>
<td>Human Development and Family Well-Being</td>
<td>100%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**V(C). Planned Program (Inputs)**

1. **Actual amount of professional FTE/SYs expended this Program**

<table>
<thead>
<tr>
<th>Year: 2009</th>
<th>Extension</th>
<th>Research</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1862</td>
<td>1890</td>
</tr>
<tr>
<td>Plan</td>
<td>9.2</td>
<td>0.0</td>
</tr>
<tr>
<td>Actual</td>
<td>8.0</td>
<td>0.0</td>
</tr>
</tbody>
</table>

2. **Actual dollars expended in this Program (includes Carryover Funds from previous years)**

<table>
<thead>
<tr>
<th>Extension</th>
<th>Research</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smith-Lever 3b &amp; 3c</td>
<td>Hatch</td>
</tr>
<tr>
<td>103147</td>
<td>0</td>
</tr>
<tr>
<td>1862 Matching</td>
<td>1890 Matching</td>
</tr>
<tr>
<td>407623</td>
<td>0</td>
</tr>
<tr>
<td>1862 All Other</td>
<td>1890 All Other</td>
</tr>
<tr>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

**V(D). Planned Program (Activity)**

1. **Brief description of the Activity**

   Conduct workshops and multi-sessions programs; develop curriculum and educational resources, including print and web materials; provide training; work with media; partnering with other agencies and states.

2. **Brief description of the target audience**

   Parents or others acting in a parenting role (e.g., grandparents, other relatives, foster parents).

**V(E). Planned Program (Outputs)**

1. **Standard output measures**
### 2. Number of Patent Applications Submitted (Standard Research Output)

**Patent Applications Submitted**

- **Year:** 2009
- **Plan:** 0
- **Actual:** 0

**Patents listed**

### 3. Publications (Standard General Output Measure)

**Number of Peer Reviewed Publications**

<table>
<thead>
<tr>
<th>Year</th>
<th>Extension</th>
<th>Research</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plan</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Actual</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

### V(F). State Defined Outputs

**Output Target**

**Output #1**

**Output Measure**

- Number of classes/workshops provided (face-to-face or web).

<table>
<thead>
<tr>
<th>Year</th>
<th>Target</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>100</td>
<td>497</td>
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</tbody>
</table>

**Output #2**

**Output Measure**

- Number of individual questions answered.

<table>
<thead>
<tr>
<th>Year</th>
<th>Target</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>50</td>
<td>0</td>
</tr>
</tbody>
</table>

**Output #3**

**Output Measure**

- Number of guide sheets distributed.

<table>
<thead>
<tr>
<th>Year</th>
<th>Target</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>0</td>
<td>2501</td>
</tr>
</tbody>
</table>

**Output #4**

**Output Measure**

- Number of website visitors.
### Output #5

**Output Measure**

- Number of in-service trainings provided.

<table>
<thead>
<tr>
<th>Year</th>
<th>Target</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>200000</td>
<td>127160</td>
</tr>
</tbody>
</table>
### V. State Defined Outcomes Table of Content

<table>
<thead>
<tr>
<th>O. No.</th>
<th>OUTCOME NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Percent of participants who show increased knowledge of appropriate parenting practices (as defined by National Extension Parent Education Model [NEPEM]).</td>
</tr>
<tr>
<td>2</td>
<td>Number of participants who have adopted appropriate parenting practices (as defined by NEPEM).</td>
</tr>
</tbody>
</table>
Outcome #1

1. Outcome Measures

   Percent of participants who show increased knowledge of appropriate parenting practices (as defined by National Extension Parent Education Model [NEPEM]).

2. Associated Institution Types

   ● 1862 Extension

3a. Outcome Type:

   Change in Knowledge Outcome Measure

3b. Quantitative Outcome

   Year    Quantitative Target    Actual
   2009    35                     33

3c. Qualitative Outcome or Impact Statement

   Issue (Who cares and Why)
   During the Missouri Plan of Work process, 78 counties identified a need for parenting programs. The counties identified a wide range of parents and others acting in a parenting role (e.g. divorced parents, grandparents who are parenting, young parents, low-income parents, etc) who need support and resources to develop better parenting skills.

   What has been done
   Parenting programs provide participants with strategies to better manage personal stress, understand, guide, nurture, and motivate their children.

   Results
   Over 33 percent of parents who participated in parent education indicated they increased their knowledge and skills in order to maintain their stress level and become better parents.

4. Associated Knowledge Areas

   KA Code    Knowledge Area
   802        Human Development and Family Well-Being

Outcome #2

1. Outcome Measures

   Number of participants who have adopted appropriate parenting practices (as defined by NEPEM).

2. Associated Institution Types

   ● 1862 Extension

3a. Outcome Type:

   Change in Action Outcome Measure

3b. Quantitative Outcome

   Year    Quantitative Target    Actual
3c. Qualitative Outcome or Impact Statement

**Issue (Who cares and Why)**
During the Missouri Plan of Work process, 78 counties identified a need for parenting programs. The counties identified a wide range of parents and others acting in a parenting role (e.g. divorced parents, grandparents who are parenting, young parents, low-income parents, etc) who need support and resources to develop better parenting skills.

**What has been done**
Parenting programs provide participants with strategies to better manage personal stress, understand, guide, nurture, and motivate their children.

**Results**
Just over six percent of participants indicated that they adopted one or more of the parenting practices learned in their parenting education program.

4. Associated Knowledge Areas

<table>
<thead>
<tr>
<th>KA Code</th>
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</tr>
</thead>
<tbody>
<tr>
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</tr>
</tbody>
</table>

V(H). Planned Program (External Factors)

**External factors which affected outcomes**
- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

**Brief Explanation**

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned
   - After Only (post program)
   - Retrospective (post program)
   - Before-After (before and after program)
   - During (during program)
   - Comparisons between program participants (individuals, group, organizations) and non-participants

**Evaluation Results**

**Key Items of Evaluation**