

V(A). Planned Program (Summary)

Program # 8

1. Name of the Planned Program

Childhood Obesity

- Reporting on this Program

Reason for not reporting

Childhood Obesity Planned Program was combined for ease of reporting purposes with our Foods, Nutrition, and Health Planned Program.

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2014	Extension		Research	
	1862	1890	1862	1890
Plan	4.0	0.5	4.7	0.0
Actual Paid	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
Actual Volunteer	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 Matching	1890 Matching	1862 Matching	1890 Matching
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 All Other	1890 All Other	1862 All Other	1890 All Other
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

V(D). Planned Program (Activity)

1. Brief description of the Activity

Conduct educational classes, workshops, short courses, meetings, seminars, and trainings for children, parents, teachers, school food service workers, and health and other professional groups;

develop curriculum, newsletters, and other educational resources; establish and implement train-the-trainer models to promote educational opportunities; facilitate local and statewide coalitions and/or task forces; conduct assessments and community surveys; partner with community agencies and institutions to facilitate programs and community development; contribute to the creation/revision of social systems and public policies; conduct research studies and disseminate program and research results to both the professional community and lay public through journal articles, papers, reports, and public media; develop and implement marketing strategies using various outlets to promote program participation and reinforce other activities, with special attention to underserved and disadvantaged audiences; disseminate research-based information to lay audiences and address emerging needs using a variety of media and innovative technology resources; cooperate with media and other community agencies to seek effective means of targeting new and non-traditional audiences; and respond to consumer inquiries.

Programs will be behaviorally-focused and help facilitate children and youth meeting the current U.S. Dietary Guidelines for Americans. Recommendations include: A) **consuming more healthy foods** such as: vegetables, fruits, whole grains, fat-free or low-fat milk and milk products, seafood, lean meats and poultry, eggs, beans and peas, and nuts and seeds; B) **consuming less foods/food components that are commonly eaten in excess** such as: sodium, solid fats, added sugars, and refined grains; and C) **following healthy eating patterns** such as: eating breakfast, eating as a family, making healthy snack choices, etc.

2. Brief description of the target audience

Childhood Obesity: young children (ages 2 - 5 years); school-age children; adolescents; parents, foster parents, and grandparents; caregivers (in-home and for-profit day care providers); teachers and other school faculty for young children, youth, and adolescents; school nutrition directors and staff; school wellness committees; school nurses and other health care providers; and Extension educators.

3. How was eXtension used?

{No Data Entered}

V(E). Planned Program (Outputs)

1. Standard output measures

2014	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	0	0	0	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2014

Actual: {No Data Entered}

Patents listed

{No Data Entered}

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2014	Extension	Research	Total
Actual	8	8	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of children and youth participating in Extension nutrition education, physical activity, or other obesity-prevention programs at childcare centers, schools, after school programs, camps, or other settings.

Year	Actual
2014	0

Output #2

Output Measure

- Number of families, caregivers participating in Extension nutrition education, physical activity, or other obesity-prevention programs.

Year	Actual
2014	0

Output #3

Output Measure

- Number of Head Start and preschool teachers, elementary and secondary school teachers, school nurses, school nutrition directors, and school health and wellness committee members participating in Extension trainings to implement nutrition education, physical activity, and other obesity-prevention programs for children and youth.

Year	Actual
2014	0

Output #4

Output Measure

- Number of children and youth who are exposed to nutrition education, physical activity, or other obesity-related messages from extension-led social marketing campaigns.

Year	Actual
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2014 0

Output #5

Output Measure

- Number of policy changes implemented to support healthy eating and physical activity guidelines for children and youth.

Year	Actual
2014	0

Output #6

Output Measure

- Number of environmental changes implemented to support healthy eating and physical activity guidelines for children and youth.

Year	Actual
2014	0

Output #7

Output Measure

- Number of active research projects on the development or adoption of healthy eating and physical activity guidelines and childhood obesity.

Year	Actual
2014	0

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Number of children and youth who report eating more healthy foods.
2	Number of children and youth who report eating less of foods/food components which are commonly eaten in excess.
3	Number of children and youth who report adopting healthier eating patterns.
4	Number of families/caregivers who report eating more healthy foods.
5	Number of families/caregivers who report eating less of foods/food components which are commonly eaten in excess.
6	Number of families/caregivers who report adopting healthier eating patterns.
7	Number of children and youth who report increasing their physical activity
8	Number of children and youth who report decreasing sedentary activity (i.e. screen time).
9	Number of children and youth who report engaging daily in 60 minutes of physical activity.
10	Number of children, youth, and families/caregivers who report spending time together in physical activity.

Outcome #1

1. Outcome Measures

Number of children and youth who report eating more healthy foods.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension
- 1862 Research

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
{No Data Entered}

What has been done
{No Data Entered}

Results
{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #2

1. Outcome Measures

Number of children and youth who report eating less of foods/food components which are commonly eaten in excess.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension
- 1862 Research

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
{No Data Entered}

What has been done
{No Data Entered}

Results
{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #3

1. Outcome Measures

Number of children and youth who report adopting healthier eating patterns.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
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{No Data}	null
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Outcome #4

1. Outcome Measures

Number of families/caregivers who report eating more healthy foods.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #5

1. Outcome Measures

Number of families/caregivers who report eating less of foods/food components which are commonly eaten in excess.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Outcome #6

1. Outcome Measures

Number of families/caregivers who report adopting healthier eating patterns.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #7

1. Outcome Measures

Number of children and youth who report increasing their physical activity

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Outcome #8

1. Outcome Measures

Number of children and youth who report decreasing sedentary activity (i.e. screen time).

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Outcome #9

1. Outcome Measures

Number of children and youth who report engaging daily in 60 minutes of physical activity.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #10

1. Outcome Measures

Number of children, youth, and families/caregivers who report spending time together in physical activity.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)
- Other (Loss of county agents)

Brief Explanation

{No Data Entered}

V(I). Planned Program (Evaluation Studies)

Evaluation Results

{No Data Entered}

Key Items of Evaluation

{No Data Entered}