

V(A). Planned Program (Summary)

Program # 3

1. Name of the Planned Program

Family Well-being

Reporting on this Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
607	Consumer Economics	10%			
724	Healthy Lifestyle	20%			
801	Individual and Family Resource Management	30%			
802	Human Development and Family Well-Being	40%			
Total		100%			

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2014	Extension		Research	
	1862	1890	1862	1890
Plan	21.4	0.0	0.0	0.0
Actual Paid	18.8	0.0	0.0	0.0
Actual Volunteer	1.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
764369	0	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
376261	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	0	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

- Participate in radio/TV Programs
- Educational Campaign
- Curriculum and educational materials development.
- Provide Training
- Conduct Workshops meetings and short courses.
- Establishment of collaborations
- Orientation
- Exhibitions (Billboards in malls and public places with informative brochures and other educational material).

2. Brief description of the target audience

Extension agents, home economists, PRAES specialists, professionals from other agencies, parents, low income families, children, youth, elder people, volunteers, new couples, at risk population and the general public.

3. How was eXtension used?

Extension was not used in this program

V(E). Planned Program (Outputs)

1. Standard output measures

2014	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	11496	2863	8389	1628

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2014
 Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2014	Extension	Research	Total
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Actual	0	0	0
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V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of persons that completed courses in parenting and related areas.

Year	Actual
2014	2708

Output #2

Output Measure

- Number of persons that completed courses in aging aspects.

Year	Actual
2014	1509

Output #3

Output Measure

- Number of persons that completed the Consumer Education course.

Year	Actual
2014	1653

Output #4

Output Measure

- Number of persons that completed individual and family resource management course.

Year	Actual
2014	816

Output #5

Output Measure

- Number of persons that completed non-formal health education and health promotion programs.

Year	Actual
2014	862

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Number of persons that reported improved parenting skills.
2	Number of persons that gained knowledge in aging aspects.
3	Number of consumers that adopted the practice of preparing their individual family budget.
4	Number of persons that reduced their risk levels upon the completion of one or more recommended lifestyles.
5	Number of consumers that adopted savings practices through goods and services selection process (Consumer Education course)

Outcome #1

1. Outcome Measures

Number of persons that reported improved parenting skills.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	1515

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

The increase of family violence, child maltreatment and neglect in Puerto Rico is a social problem affecting quality of lives of families, individuals and children. (PR Census, 2010)

What has been done

To attend this issue, the Family life and Child development specialist developed and educational material and implemented a Family violence Prevention campaign at state level during the month of November (National Family Month) . Extension educators of the FCS program developed the campaign in their counties. Also, we established collaborations with state and local government, agencies, institutions and faith base communities and leaders to disseminate the information.

Results

As result of that, one hundred sixty two (162) collaborations were established, one hundred (101) educational campaigns were developed ,seventeen thousands and six hundred eighty eight (17,688) individuals and families benefited through the educational information, such as the utilization of different methodologies and strategies.(workshops, information centers, courses, orientations, social mass media , etc.)

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being

Outcome #2

1. Outcome Measures

Number of persons that gained knowledge in aging aspects.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	762

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

The elder population is increasing in our society with a longer life expectancy. In this stage of life, elderly presented the following needs: loneliness, depression, low self-esteem, and other situations related to aging process and aspects.

What has been done

As result of that, a course on "Buscando Mi Centro y Viviendo en Armonía" (Finding my Center and Living in Harmony) was offered to increase participants knowledge and skills to decrease face losses, loneliness, and depression and increase self-esteem.

Results

A total of 1,509 elders participated in the courses of aging aspects. As result of that, 762 (50%) participants gained knowledge and develop skills toward aging, self-esteem, loneliness, and other situations related to the aging process. Participants expressed a decrease of emotional depression and loneliness and an improvement in the relations with family members and friends. FCS Extension educators will continue to offer this course to other elderly.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being

Outcome #3

1. Outcome Measures

Number of consumers that adopted the practice of preparing their individual family budget.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	711

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management

Outcome #4

1. Outcome Measures

Number of persons that reduced their risk levels upon the completion of one or more recommended lifestyles.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	663

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
724	Healthy Lifestyle

Outcome #5

1. Outcome Measures

Number of consumers that adopted savings practices through goods and services selection process (Consumer Education course)

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	344

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
607	Consumer Economics

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Public Policy changes
- Competing Programmatic Challenges

Brief Explanation

Economic issues affecting individuals and families might have affected their participation in the programs. In addition, the retirement of FCS professionals resulted in fewer personnel to work with participants.

V(I). Planned Program (Evaluation Studies)

Evaluation Results

Evaluation is planned for Fiscal Year 2015.

Key Items of Evaluation