

**V(A). Planned Program (Summary)**

**Program # 9**

**1. Name of the Planned Program**

Childhood Obesity, Chronic Health Issues, and Healthy Lifestyles

Reporting on this Program

Reason for not reporting

Adapted our reporting to align with the College's new strategic plan.

**V(B). Program Knowledge Area(s)**

1. Program Knowledge Areas and Percentage

**V(C). Planned Program (Inputs)**

**1. Actual amount of FTE/SYs expended this Program**

Year: 2014	Extension		Research	
	1862	1890	1862	1890
<b>Plan</b>	181.9	0.0	31.7	0.0
<b>Actual Paid</b>	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
<b>Actual Volunteer</b>	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

**2. Actual dollars expended in this Program (includes Carryover Funds from previous years)**

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 Matching	1890 Matching	1862 Matching	1890 Matching
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 All Other	1890 All Other	1862 All Other	1890 All Other
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

**V(D). Planned Program (Activity)**

**1. Brief description of the Activity**

Research and extension will partner in addressing the issues surrounding childhood obesity and chronic health problems to develop and deliver solutions for our communities. Research programs will

focus on unraveling the complex underlying causes of chronic health problems as well as understanding the nutritional composition of foods that contribute to a healthy lifestyle. Economic and policy analyses will inform efforts to promote sustainability within and beyond our communities. Educational programs, interactive physical activity, and activities designed to attract youth will be conducted in schools, out-of-school locations, camps, and communities. Evidenced-based practices will be utilized to ensure that the programs will be effective and produce positive results. Program partnerships will be strengthened with collaborations within the university, counties, communities, state, other universities, and nation.

A health-centered approach that focuses on the whole child--physically, mentally, and socially--will be used rather than a weight-centered approach. The emphasis is on living actively, eating in normal and healthy ways, and creating a nurturing environment that helps children recognize their own worth and that respects cultural food and family traditions.

A series of educational events and activities will be utilized to reinforce educational information and appropriate behavior practices. Parental and leader involvement will be included as an integral part of programs, highly encouraged and supported. The Harvest 4-Health program in collaboration with the state 4-H program and Master Gardeners, will emphasize growing foods for healthy eating and gardening activities that promote physical activity.

**2. Brief description of the target audience**

Target audiences include health care professionals, health- and nutrition-related researchers, nutritionists, youth, 4-H members, teachers, school nurses, community groups and volunteers, community recreation and sports directors, parents, and after-school and daycare providers.

**3. How was eXtension used?**

{No Data Entered}

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

2014	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
<b>Actual</b>	0	0	0	0

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

Year: 2014

Actual: {No Data Entered}

**Patents listed**

{No Data Entered}

### 3. Publications (Standard General Output Measure)

#### Number of Peer Reviewed Publications

2014	Extension	Research	Total
Actual	{No Data Entered}	{No Data Entered}	0

#### V(F). State Defined Outputs

##### Output Target

##### Output #1

###### Output Measure

- Number of college-initiated technology disclosures.

Year	Actual
2014	0

##### Output #2

###### Output Measure

- Number of participants in extension education classes and workshops.

Year	Actual
2014	0

**V(G). State Defined Outcomes**

**V. State Defined Outcomes Table of Content**

O. No.	OUTCOME NAME
1	Percentage of extension class/workshop participants who expect to implement/adopt practices. (This is a short-term outcome measure.)
2	Percentage of extension class/workshop participants who respond to a follow-up survey with a self-report that they have implemented/adopted practices. (This is a medium-term outcome measure.)

### **Outcome #1**

#### **1. Outcome Measures**

Percentage of extension class/workshop participants who expect to implement/adopt practices. (This is a short-term outcome measure.)

#### **2. Associated Institution Types**

- 1862 Extension

#### **3a. Outcome Type:**

Change in Knowledge Outcome Measure

#### **3b. Quantitative Outcome**

<b>Year</b>	<b>Actual</b>
2014	0

#### **3c. Qualitative Outcome or Impact Statement**

##### **Issue (Who cares and Why)**

{No Data Entered}

##### **What has been done**

{No Data Entered}

##### **Results**

{No Data Entered}

#### **4. Associated Knowledge Areas**

<b>KA Code</b>	<b>Knowledge Area</b>
{No Data}	null

### **Outcome #2**

#### **1. Outcome Measures**

Percentage of extension class/workshop participants who respond to a follow-up survey with a self-report that they have implemented/adopted practices. (This is a medium-term outcome measure.)

## 2. Associated Institution Types

- 1862 Extension

### 3a. Outcome Type:

Change in Action Outcome Measure

### 3b. Quantitative Outcome

Year	Actual
2014	0

### 3c. Qualitative Outcome or Impact Statement

#### Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

## V(H). Planned Program (External Factors)

### External factors which affected outcomes

- Economy
- Appropriations changes
- Government Regulations
- Competing Public priorities
- Other (Extramural Funding)

### Brief Explanation

{No Data Entered}

**V(I). Planned Program (Evaluation Studies)**

**Evaluation Results**

{No Data Entered}

**Key Items of Evaluation**

{No Data Entered}