

V(A). Planned Program (Summary)

Program # 5

1. Name of the Planned Program

Healthy Communities: Youth, Adults and Families

Reporting on this Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
724	Healthy Lifestyle	20%		10%	
801	Individual and Family Resource Management	10%		15%	
802	Human Development and Family Well-Being	15%		20%	
803	Sociological and Technological Change Affecting Individuals, Families, and Communities	15%		15%	
806	Youth Development	40%		10%	
903	Communication, Education, and Information Delivery	0%		30%	
	Total	100%		100%	

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2014	Extension		Research	
	1862	1890	1862	1890
Plan	160.0	0.0	9.0	0.0
Actual Paid	146.0	0.0	15.0	0.0
Actual Volunteer	0.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
468267	0	329250	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
2770743	0	1877670	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
5644893	0	421365	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

• Develop/identify theory- and evidence-based educational programs to promote healthy communities: youth, adults, and families. • Disseminate, implement, and evaluate effectiveness of programs to promote healthy communities: youth, adults, and families. • Strengthen collaborative capacity within K-State Research and Extension and among communities/ organizations to promote healthy communities: youth, adults, and families. • Provide technical assistance and educational programs to citizens seeking to make their communities healthy and sustainable places for meeting human needs. • Establish links between community development researchers and practitioners for cooperative efforts that result in healthy, sustainable communities. • Provide experiential learning opportunities for children and youth to address key and emerging issues that affect their growth and development. • Deliver and evaluate evidence-based community-development strategies for positive youth development in structured out-of-school settings (e.g., after-school programs, youth-serving organizations, clubs). • Strengthen the support for a volunteer development system through training and education on the experiential learning model, 4-H essential elements, ISOTURE model, age appropriate learning experiences and emerging aspects of youth development. • Provide imaginative, motivational, and experiential learning experiences to help youth build competencies and master life skills.

2. Brief description of the target audience

- Families and individuals of all ages living in Kansas, including populations with limited resources; low literacy skills; varying ethnicities; disabilities, diseases, or impairments; and documented or identifiable health disparities
- Economic stakeholders, and policy and funding agencies
- Health care and education professionals
- K-State Research & Extension faculty and staff with responsibilities for healthy communities: youth, adults, and families

3. How was eXtension used?

eXtension was not used in this program

V(E). Planned Program (Outputs)

1. Standard output measures

2014	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	158000	0	20000	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2014
 Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2014	Extension	Research	Total
Actual	2	0	2

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of educational programs delivered to increase knowledge of healthy communities: youth, adults, and families

Year	Actual
2014	21000

Output #2

Output Measure

- Number of program participants

Year	Actual
2014	80000

Output #3

Output Measure

- Number of educational programs to increase knowledge of volunteer development, experiential

learning, and youth development competencies

Year	Actual
2014	1300

Output #4

Output Measure

- Number of communities that participate in community capacity building trainings and activities led through Extension.

Year	Actual
2014	65

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Community projects engage participants in process to address community goals (Measured by number of substantial community projects that reflect shared participation in addressing community goals)
2	Community members are engaged in community improvement programs (measured by number of volunteer hours)
3	Volunteers, faculty, and staff understand and demonstrate effective youth development principles in service to youth (e.g., 5 Cs of positive youth outcomes, essential elements to positive learning environments)(Measured by number demonstrating competency)
4	Youths improve competence, confidence, connection, and character and caring (measured by number of youths who improve: (a) Competence - believe they are capable and successful; that they have mastery. (b) Confidence - know they influence the world around them (i.e., people and events); that they have independence. (c) Connection - know they are cared about; that they belong. (d) Character and Caring - Youths practice helping others; they are generous.)
5	Clientele demonstrate established financial goals to guide financial decisions toward financial security (Measured by increased number of participants who have established financial goals to guide financial decisions toward financial security)

Outcome #1

1. Outcome Measures

Community projects engage participants in process to address community goals (Measured by number of substantial community projects that reflect shared participation in addressing community goals)

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	656

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Kansas PRIDE (not an acronym) support community development efforts by providing a structure to mobilize local organizations and governments as they address quality of life issues. Communities are encouraged to assess their needs, set goals, implement plans, evaluate the impact, and celebrate.

What has been done

The PRIDE program adopted the community capitals model as a framework for the current program. This framework reveals the interactions between different parts of a community.

Results

In 2014, 65 Kansas PRIDE communities engaged in 503 ongoing and 153 completed projects at the local level. Kansas PRIDE communities reported that 259 of these projects engaged youths.

4. Associated Knowledge Areas

KA Code	Knowledge Area
803	Sociological and Technological Change Affecting Individuals, Families, and Communities

Outcome #2

1. Outcome Measures

Community members are engaged in community improvement programs (measured by number of volunteer hours)

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	63054

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

The philosophy of community development that Kansas PRIDE encourages is based on the fundamental valuing of volunteer citizen participation.

What has been done

In 2014, 65 Kansas PRIDE communities engaged in 503 ongoing and 153 completed projects at the local level. Kansas PRIDE communities reported that 259 of these projects engaged youths.

Results

In 2014, Kansas PRIDE communities reported 63,054 hours of volunteerism. This conservatively calculates to a dollar value of more than \$1,316,567. Kansas PRIDE communities reported raising \$338,555 for reinvestment in their communities during 2014.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being
803	Sociological and Technological Change Affecting Individuals, Families, and Communities
806	Youth Development

Outcome #3

1. Outcome Measures

Volunteers, faculty, and staff understand and demonstrate effective youth development principles in service to youth (e.g., 5 Cs of positive youth outcomes, essential elements to positive learning environments)(Measured by number demonstrating competency)

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	3158

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Looking for a way to unite 4-H across the state at the local level, 48 Hours of 4-H was born.

What has been done

Kansas 4-H Youth Leadership Council executive officers chose to have a two-day event as a finale for National 4-H Week. Pulling together a new statewide community service project in eight months required careful planning and determination. This 48-hour service project was a collaboration among the Kansas 4-H Youth Leadership Council, Kansas 4-H Foundation, and 4-H Youth Development.

Results

One hundred thirty projects in 58 counties took place October 11-12. Total participants: 3,138 of which 468 were 4-H alumni. The projects ranged from painting at Rock Springs 4-H Center to helping at animal shelters or working at food banks to making care packages for military serving overseas. Results: \$9,375 raised for charities; 9,214 items collected (primarily nonperishable food); 109 new youth joined 4-H; and \$41,037 in volunteer time.

The next 48 Hours of 4-H is scheduled for October 10-11, 2015--a weekend of service--a lifetime of impact.

4. Associated Knowledge Areas

KA Code	Knowledge Area
806	Youth Development

Outcome #4

1. Outcome Measures

Youths improve competence, confidence, connection, and character and caring (measured by number of youths who improve: (a) Competence - believe they are capable and successful; that they have mastery. (b) Confidence - know they influence the world around them (i.e., people and events); that they have independence. (c) Connection - know they are cared about; that they belong. (d) Character and Caring - Youths practice helping others; they are generous.)

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	39

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

America faces a future of intense global competition with a startling shortage of scientists. Only 5% of current U.S. college graduates earn science, engineering, or technology degrees, and student science test scores have been declining. These statistics, coupled with the record number of retirements in science and engineering fields, leave the nation unable to keep up with the increasing demand for trained professionals.

What has been done

Shawnee County 4-H worked with employees from Bartlett and West Engineers to present the Maps and Apps science experiment to two fourth-grade classrooms in Topeka. The engineers explained how maps are made, and students gained a new appreciation of the importance of learning geometry and other math and science concepts.

Results

4-H members are nearly twice as likely as nonmembers to participate in science programs outside of school.

4. Associated Knowledge Areas

KA Code	Knowledge Area
806	Youth Development

Outcome #5

1. Outcome Measures

Clientele demonstrate established financial goals to guide financial decisions toward financial security (Measured by increased number of participants who have established financial goals to guide financial decisions toward financial security)

Not Reporting on this Outcome Measure

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Appropriations changes
- Public Policy changes
- Competing Public priorities
- Competing Programmatic Challenges

Brief Explanation

{No Data Entered}

V(I). Planned Program (Evaluation Studies)

Evaluation Results

Evaluation Questions:

Do groups report creating or revising strategic plans?

Do groups report less legal and ethical issues?

Do groups report that members practice improved communication skills?

Do groups report improved ability to identify community needs?

Do group members report that they seek out additional leadership roles within the community?

Long-Term:

Groups/Boards:

- Membership on boards and committees is sustained.
- Representation on board and committees is expanded.
- Members serve longer on boards and committees.
- Civic groups/community boards report an increase in effectiveness of leadership and progress toward group goals.

Communities:

- Increased diversity among volunteer base.
- Community improvements that represent the needs of current and future residents.
- Community vitality that attracts young people and families to the community.
- Sustainable community improvement process.

Evaluation Questions:

All Participants or Groups/Boards:

How many community groups have been sustained?

How many groups are involved in participatory community planning?

How many boards or committees have partnered with others?

How many participants in leadership development programs report broader community involvement?

Key Items of Evaluation