

V(A). Planned Program (Summary)

Program # 4

1. Name of the Planned Program

Youth, Family and Community Development

Reporting on this Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
124	Urban Forestry	0%		3%	
131	Alternative Uses of Land	0%		6%	
134	Outdoor Recreation	0%		1%	
205	Plant Management Systems	5%		0%	
602	Business Management, Finance, and Taxation	0%		3%	
604	Marketing and Distribution Practices	3%		5%	
606	International Trade and Development Economics	0%		2%	
608	Community Resource Planning and Development	3%		6%	
724	Healthy Lifestyle	0%		5%	
801	Individual and Family Resource Management	12%		1%	
802	Human Development and Family Well-Being	35%		20%	
803	Sociological and Technological Change Affecting Individuals, Families, and Communities	6%		14%	
804	Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures	0%		13%	
805	Community Institutions and Social Services	0%		3%	
806	Youth Development	36%		14%	
903	Communication, Education, and Information Delivery	0%		4%	
	Total	100%		100%	

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2014	Extension		Research	
	1862	1890	1862	1890
Plan	17.0	0.0	4.0	0.0
Actual Paid	17.1	0.0	3.3	0.0
Actual Volunteer	1271.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
180269	0	67781	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
2273307	0	475794	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
283901	0	454992	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

More than any other social institution, the family has profound influence on the health and well-being of its members, particularly its youth and elderly. CTAHR strengthens families in Hawaii's rural and urban environments by providing assistance in areas such as family health and lifespan development, financial and time management, youth development, parenting, and caring for the elderly. Each of these areas of emphasis impact community conditions and societal well-being, and CTAHR takes responsibility for collecting and compiling current social indicator data on Hawaii communities, and making the results accessible to government agencies, nonprofits, and policy makers through the Data Center maintained by the Center on the Family. Colleagues from UH community colleges, nonprofit organizations, and government agencies are partners on a number of CTAHR projects.

In FY2014, CTAHR reports on homeless services needs and utilization and on substance abuse treatment services in Hawaii were again important references for policy makers and for media investigations of social conditions and the adequacy of services provided. The Quality Care program provided training and technical assistance to childcare centers and family childcare providers seeking financial incentives from the state for meeting voluntary standards. Educational packets were provided to 251 family childcare providers in FY2014, and more than 1500 registered providers have received technical assistance from 2010-2014.

Child development and early childhood education are important areas for CTAHR researchers and extension efforts. The Hui A'o Mua (HAM) Early Reading First program was developed to give preschool teachers a research-based literacy curriculum, supported by intensive workshops and in-class coaching, and including a weekly home curriculum. Evaluation of the efficacy of the HAM program in FY2014 indicated that the intensive professional development and in-class support raised classroom quality to levels considered excellent. Strategies to engage parents were also very successful. Although the resource commitments required are substantial, HAM children showed substantial advantages on emergent reading, and HAM children with low receptive vocabulary scores and low to average alphabet

knowledge showed better outcomes than children with similar low skills.

Adolescence can be a vulnerable period, and mindfulness training is an innovative way to address mental health and delinquency issues. Mindfulness regards mental health as the ability to be fully present in an equilibrated way with moment to moment experiences. Studies conducted in 2013-2014 with incarcerated Native Hawaiian and Pacific Islander youth, who have a disproportionately higher incarceration rate than Caucasians or East Asians in Hawaii, demonstrated measurable reductions in stress, anxiety, and aggression (both behaviorally and biochemically). As a result, mindfulness training was also provided to K-12 teachers and counselors, and the state Office of Youth Services is collaborating with CTAHR to provide training to youth and family-serving agencies in Hawaii.

2. Brief description of the target audience

As intended by the Land Grant perspective, CTAHR's "targeted" clients for this program in **instruction** are the undergraduate and graduate students in family and consumer sciences and allied fields. Targeted clients for **research** are peers and extension specialists. Clients for **extension specialists** are CTAHR's county extension agents and the counterpart professional personnel of sister state and federal agencies, such as the Hawai'i State Departments of Health and Social Services; adults (4-H leaders) and youth (ages 5-19) through the 4-H Youth Development program; young children and parents through the literacy programs; adults through the Family Education and Family Community Leadership Programs; home gardeners; and the elderly, extension staff in other CTAHR units and at sister institutions; and other members of the professional community who deal with family, youth and health issues. Clients for **extension agents** are children, youth and families "at risk" in targeted communities through the "New Community Projects" program, kindergartners and parents through the "KAMP" programs, adults (4-H leaders) and youth (ages 5-19) through the 4-H Youth Development program, young children and parents through the literacy programs, adults through the Family Education and Family Community Leadership Programs, home gardeners, and the elderly, extension staff in other CTAHR units and at sister institutions, and other members of the professional community who deal with family, youth and health issues.

3. How was eXtension used?

eXtension was not used in this program

V(E). Planned Program (Outputs)

1. Standard output measures

2014	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	17900	269342	17061	10259

2. Number of Patent Applications Submitted (Standard Research Output)
Patent Applications Submitted

Year: 2014

Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2014	Extension	Research	Total
Actual	45	14	59

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of people completing non-formal education programs on parenting, youth development, and leadership development

Year	Actual
2014	14361

Output #2

Output Measure

- Number of volunteer hours

Year	Actual
2014	66416

Output #3

Output Measure

- Presentations at international and national meetings.

Year	Actual
2014	15

Output #4

Output Measure

- Grant proposals submitted.

Year	Actual
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2014

42

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Number of individuals who adopt at least one new practice learned.
2	Number of stakeholders completing non-formal education programs on parenting, youth development, and leadership development.
3	Total dollar value of grants and contracts obtained.

Outcome #1

1. Outcome Measures

Number of individuals who adopt at least one new practice learned.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	6588

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Residents want a better quality of life.

What has been done

Workshops, demonstrations, presentations, website and publications gave residents the knowledge to have a better quality of life.

Results

Hawaii families in both rural and urban environments are assisted in areas such as family health and lifespan development, personal and family financial and time management, youth development, parenting, and caring for the elderly. This improves quality of life and productivity of Hawaii's residents and builds stronger communities.

4. Associated Knowledge Areas

KA Code	Knowledge Area
124	Urban Forestry
608	Community Resource Planning and Development
724	Healthy Lifestyle
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
803	Sociological and Technological Change Affecting Individuals, Families, and Communities

804	Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures
806	Youth Development
903	Communication, Education, and Information Delivery

Outcome #2

1. Outcome Measures

Number of stakeholders completing non-formal education programs on parenting, youth development, and leadership development.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	14361

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Residents want a better quality of life.

What has been done

Workshops, demonstrations, presentations, website and publications gave residents the knowledge to have better skills on parenting, youth development and leadership.

Results

Residents have changed their behavior so they have a better quality of life.

4. Associated Knowledge Areas

KA Code	Knowledge Area
124	Urban Forestry
608	Community Resource Planning and Development
724	Healthy Lifestyle
801	Individual and Family Resource Management
802	Human Development and Family Well-Being

805	Community Institutions and Social Services
806	Youth Development
903	Communication, Education, and Information Delivery

Outcome #3

1. Outcome Measures

Total dollar value of grants and contracts obtained.

2. Associated Institution Types

- 1862 Extension
- 1862 Research

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2014	3657635

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Resources are needed for research and extension programs to assist Hawaii's families and communities.

What has been done

Funds were obtained.

Results

Hawaii economy was improved as external funds were received and Hawaii's communities are better off as a result of the research and extension programming.

4. Associated Knowledge Areas

KA Code	Knowledge Area
604	Marketing and Distribution Practices
724	Healthy Lifestyle
801	Individual and Family Resource Management
802	Human Development and Family Well-Being

803	Sociological and Technological Change Affecting Individuals, Families, and Communities
804	Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures
805	Community Institutions and Social Services
806	Youth Development
903	Communication, Education, and Information Delivery

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Appropriations changes
- Public Policy changes
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

The economic downturn and cuts in social services over the past several years have place great strains on many social institutions and social safety nets (eg. counseling, social services, food banks, charitable organizations) with serious implications especially for disadvantaged populations. It is under these circumstances that community based volunteer organizations such as 4H Youth Development, Master Gardeners and intergenerational programs (eg Grandparents Raising Grandchildren) become especially important and valuable. CTAHR is one of the main supporters and proponents of these programs in Hawaii.

V(I). Planned Program (Evaluation Studies)

Evaluation Results

All projects conducted under this program were peer-reviewed before initiation. Annual progress reports were collected and evaluated by the associate deans for research and extension. Funds are not released for those projects which did not show tangible progress.

Key Items of Evaluation

None.