

V(A). Planned Program (Summary)

Program # 8

1. Name of the Planned Program

Childhood Obesity

Reporting on this Program

Reason for not reporting

Combined with Health and Nutrition. See Childhood Obesity, Health, and Nutrition.

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2013	Extension		Research	
	1862	1890	1862	1890
Plan	3.0	0.0	0.0	0.0
Actual Paid Professional	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
Actual Volunteer	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 Matching	1890 Matching	1862 Matching	1890 Matching
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 All Other	1890 All Other	1862 All Other	1890 All Other
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

V(D). Planned Program (Activity)

1. Brief description of the Activity

"All for Kids" is an interdisciplinary approach addressing child obesity. Utilizing strategies from maternal/child health and nutrition, exercise physiology and child development, this program encourages preschool children and their families to engender healthy eating habits and being active every day. Cooperative Extension staff provide 24, 30-minute lessons three times a week for eight weeks to

preschoolers. Families are engaged in weekly nutrition activities and monthly events to extend the education to the home.

This program has been extensively piloted and a variety of curriculum materials and educational tools form videos, to music, etc. have been developed.

"Chefs for Kids" is aimed at 1st and 2nd graders during school. It focuses on food and nutrition, making healthy choices as well as physical activity.

2. Brief description of the target audience

The primary target audience is per-school youth and youth in elementary school along with their families. A secondary audience is those who teach youth health, nutrition and physical activity or care for youth - parents, teachers, child care providers, health educators, etc.

3. How was eXtension used?

{No Data Entered}

V(E). Planned Program (Outputs)

1. Standard output measures

2013	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	0	0	0	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2013

Actual: {No Data Entered}

Patents listed

{No Data Entered}

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2013	Extension	Research	Total
Actual	3	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- {No Data Entered}

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Preschoolers improving physical skills for improved health and weight control (All 4 Kids).
2	Preschoolers who would choose a health snack over an unhealthy snack when presented a choice (All 4 Kids).
3	First and second grade students learning healthy food choices and good physical activity choices (Chefs For Kids).
4	Youth learning to make healthy food choices and gaining physical activity through "hands on" school garden based educational programs.
5	American Indian youth increase awareness of and exposure to a variety of vegetables and fruits, including traditional American Indian varieties ("Veggies For Kids").

Outcome #1

1. Outcome Measures

Preschoolers improving physical skills for improved health and weight control (All 4 Kids).

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #2

1. Outcome Measures

Preschoolers who would choose a health snack over an unhealthy snack when presented a choice (All 4 Kids).

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
{No Data Entered}

What has been done
{No Data Entered}

Results
{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #3

1. Outcome Measures

First and second grade students learning healthy food choices and good physical activity choices (Chefs For Kids).

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
------	--------

2013 0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
{No Data Entered}

What has been done
{No Data Entered}

Results
{No Data Entered}

4. Associated Knowledge Areas

KA Code	Knowledge Area
{No Data}	null

Outcome #4

1. Outcome Measures

Youth learning to make healthy food choices and gaining physical activity through "hands on" school garden based educational programs.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
{No Data Entered}

What has been done
{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Outcome #5

1. Outcome Measures

American Indian youth increase awareness of and exposure to a variety of vegetables and fruits, including traditional American Indian varieties ("Veggies For Kids").

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Appropriations changes
- Other (Grant availability)

Brief Explanation

{No Data Entered}

V(I). Planned Program (Evaluation Studies)

Evaluation Results

{No Data Entered}

Key Items of Evaluation

{No Data Entered}