

V(A). Planned Program (Summary)

Program # 3

1. Name of the Planned Program

Youth and Family

Reporting on this Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	20%			
805	Community Institutions, Health, and Social Services	20%			
806	Youth Development	60%			
	Total	100%			

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2013	Extension		Research	
	1862	1890	1862	1890
Plan	17.0	0.0	0.0	0.0
Actual Paid Professional	22.0	0.0	0.0	0.0
Actual Volunteer	40.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
442878	0	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
442878	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
3565645	0	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

- Recruit, screen, orient new volunteers
- Support and recognize volunteers
- Volunteer/staff training-multiple delivery methods
- Club/group organization, management, and reporting
- 4-H Afterschool (includes coalitions, meetings, staff training ,etc.)
- OMK - (includes coalitions, meetings, staff training, etc.)
- Training in civility and youth bullying
- Technical support to youth serving agencies/organizations
- Grant development
- 4-H Foundation work (local and state-wide) - fund raising activities
- Event and activity development and management
- Subject matter/life skill training-multiple delivery methods
- On-line financial security educational programs targeted for limited resource audiences

2. Brief description of the target audience

Youth - ages 5-18 involved in community 4-H clubs, after school programs, community coalitions and classrooms.

Parents, human service agencies, families

Adult volunteers, educators, decision makers, policy makers

3. How was eXtension used?

Age-paced news (Just in Time Parenting) and financial literacy resources were used from eXtension in delivering programs where we no longer have as much staff capacity.

V(E). Planned Program (Outputs)

1. Standard output measures

2013	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	35000	100000	39804	40000

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2013

Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2013	Extension	Research	Total
Actual	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of volunteers supported and recognized

Year	Actual
2013	1735

Output #2

Output Measure

- Number of volunteers trained

Year	Actual
2013	1200

Output #3

Output Measure

- Number of clubs/groups supported

Year	Actual
2013	287

Output #4

Output Measure

- Number of youth enrolled in 4-H as a 4-H club, after school or special interest group member

Year	Actual
2013	10988

Output #5

Output Measure

- Number of youth and adults participating in community service projects

Year	Actual
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2013 1364

Output #6

Output Measure

- Number of parents/families who receive age-paced newsletters
Not reporting on this Output for this Annual Report

Output #7

Output Measure

- Number of adults participating in on-line financial literacy programs

Year	Actual
2013	211

Output #8

Output Measure

- Number of educators and parents participating in workshops or educational events related to the issue of school bullying

Year	Actual
2013	478

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Number of of NH youth involved in 4-H YD programs who demonstrate an increase in specific life skills.
2	Number of youth/adults who demonstrate an increase in knowledge and skills related to specific projects and/or subject matter.
3	Number of youth and adults surveyed on involvement in 4-H YD programs that reported they influenced their community.
4	Number of NH youth over the age of 12 and involved in targeted 4-H YD, who present their achievements and/or act as teachers or resources to others through their 4-H experience.
5	Number of 4-H YD volunteers and program staff surveyed that understand and adopt practices within their programs/groups/clubs which foster a sense of belonging, mastery, generosity and independence (Circle of Courage) for all participating youth
6	Number of program participants who document an increase in their financial literacy on evaluation instruments
7	Number of participants that indicate an increase in their Understanding of Child Development and Knowledge of Parenting

Outcome #1

1. Outcome Measures

Number of of NH youth involved in 4-H YD programs who demonstrate an increase in specific life skills.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	507

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being
806	Youth Development

Outcome #2

1. Outcome Measures

Number of youth/adults who demonstrate an increase in knowledge and skills related to specific projects and/or subject matter.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	11995

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
806	Youth Development

Outcome #3

1. Outcome Measures

Number of youth and adults surveyed on involvement in 4-H YD programs that reported they influenced their community.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	2252

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

A recently completed 8 year longitudinal study 4-H Study of Positive Youth Development conducted at the Institute for Applied Research in Youth Development by Richard Lerner, Jacqueline V. Lerner and colleagues at Tufts University, collected data from 7,000 youth from 44 states. This landmark investigative study found that 4-H youth who participated in the longitudinal study are 1.8 times more likely than other youth to make contributions to their communities. These same youth are also 2.5 times more likely to have higher scores of measures of civic involvement and civic identity.

In New Hampshire 4-H citizenship development is an intentional process used in 4-H clubs. 119 4-H groups reported having completed Community Service Learning projects involving 1200 youth and 1052 volunteers. The time invested engaging youth and adults working in partnership together was 26,035 hrs; youth (12,456 hrs) and adults (13,578 hrs.) resulting in 281 community service learning projects being completed by 4-H clubs throughout the State. Leaders reported groups responding to community needs around areas such as the elderly, food drives, roadside cleanups, environmental projects, Earth Day projects, animal rescue projects, helping families in the community less fortunate, children's book drives and community beautification projects.

Research demonstrates that participation in 4-H that supports contribution results in 4-H youth being substantially more likely than other youth to make contributions to their community. The application of the 4-H pledge; "hands to larger service", influences youth in a positive way to make a difference for themselves and their community.

4. Associated Knowledge Areas

KA Code	Knowledge Area
805	Community Institutions, Health, and Social Services
806	Youth Development

Outcome #4

1. Outcome Measures

Number of NH youth over the age of 12 and involved in targeted 4-H YD, who present their achievements and/or act as teachers or resources to others through their 4-H experience.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	3626

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
806	Youth Development

Outcome #5

1. Outcome Measures

Number of 4-H YD volunteers and program staff surveyed that understand and adopt practices within their programs/groups/clubs which foster a sense of belonging, mastery, generosity and independence (Circle of Courage) for all participating youth

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	225

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
806	Youth Development

Outcome #6

1. Outcome Measures

Number of program participants who document an increase in their financial literacy on evaluation instruments

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	211

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Vibrant and economically-strong New Hampshire communities provide safe and secure environments for NH families. Likewise, secure and stable families form the backbone of thriving NH communities. An educated and engaged citizenry is an important asset to communities, providing a skilled workforce, community volunteers, increased family well-being and a stronger New Hampshire.

Most Americans strive to reach financial security, defined as the ability to save and invest towards future goals, while effectively meeting current day-to-day basic financial needs. However, many Americans are vulnerable, potentially facing financial crisis because of too much debt, too little savings, job loss, or inadequate planning. Through research-based resources and programs, UNH Cooperative Extension provides financial management skills training to professionals (train-the-trainer) and families, and works with community coalitions to establish and maintain community-based solutions to poverty and financial insecurity.

What has been done

UNHCE financial management education provides resources designed to improve existing habits and help participants establish and reach their own financial goals. Program goals include decreasing debt, increasing savings, improving financial management habits, and increasing participant confidence in making their own financial decisions.

UNHCE works with partners to create effective responses to financial insecurity. One such collaboration has been with More Than Wheels, an award-winning nonprofit organization that helps people purchase a reliable car. As part of the More Than Wheels program, participants are required to take a 6-week financial education class, Making Money Work for You, which UNHCE provides through in-person classes and webinars. During FY 2013, 163 More Than Wheels participants enrolled in UNHCE financial education classes in Keene, Claremont, and Manchester and via webinar technology.

Results

Webinars provided access to NH citizens across the state not able to attend an in-person class due to child care or transportation issues, work conflicts, or distance. Thus, UNHCE was able to increase its "reach" to NH citizens.

Of the participants returning evaluations of the program:

- 93% plan to or have completed a debt repayment plan;
- 80% plan to or have completed discussing financial goals with household members;
- 97% plan to or have prepared a balance sheet;
- 85% plan to or have established an emergency savings fund;
- 88% plan to or have updated and/or corrected credit reports if needed;
- 100% expect to use knowledge gained to better manage income and expenses;
- 97% expect to save money regularly;
- 98% expect to decrease debt to free up future income.

When asked to give an example of a change the participant expected to make due to attending the Making Money Work for You program, comments included:

- "I have taken this workshop before when I was still married, but it has inspired me to really own the responsibility of my financial situation and plan well for the future."
- "Be more aware of what I am spending my money on."
- "Better my spending and saving habits. Developing a deeper appreciation for the dollar."

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being

Outcome #7

1. Outcome Measures

Number of participants that indicate an increase in their Understanding of Child Development and Knowledge of Parenting

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	103

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Appropriations changes
- Public Policy changes
- Competing Public priorities
- Competing Programmatic Challenges

Brief Explanation

Several of our key positions in parenting and family development were lost during the reorganization two years ago, resulting in fewer impacts.

V(I). Planned Program (Evaluation Studies)

Evaluation Results

Post-workshop surveys and on-line surveys for 4-H volunteers were mainly used to collect impact data. Focus groups have been used for needs assessment as well.

Key Items of Evaluation