

V(A). Planned Program (Summary)

Program # 7

1. Name of the Planned Program

Community, Family, Home and Youth Development

Reporting on this Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
602	Business Management, Finance, and Taxation	10%	10%		
607	Consumer Economics	10%	10%		
801	Individual and Family Resource Management	20%	20%		
802	Human Development and Family Well-Being	20%	20%		
806	Youth Development	40%	40%		
	Total	100%	100%		

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2013	Extension		Research	
	1862	1890	1862	1890
Plan	83.8	14.9	0.0	0.0
Actual Paid Professional	58.5	7.7	0.0	0.0
Actual Volunteer	0.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
341695	465179	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
1016499	465179	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
5454226	537042	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

-All activities in Alabama 4-H that are non-strategic (base programming and volunteerism). Delivery modes include after-school clubs, in-school clubs, community clubs, special interest and project clubs, military clubs, residential camps, day camps, and in-school enrichment. Also includes field days, festivals, fairs, outdoor classrooms, libraries, community service organization, and Boys and Girls Clubs. Programs were delivered to 121,776 4-H members and participants by 67 staff and 2,879 4-H Volunteers.

-**Volunteer in Urban Programs (VIP)** leverages ACES efforts through volunteers in urban communities - ACES staff recruit, enroll, and train volunteers and volunteers serve the citizens of Alabama.

TMI (Teens Making Impact) helps youth development life skills related to career decision-making, effective communication, healthier lifestyles, and better understanding of political issues that impact lives and one's ability to become productive citizens in society.

-**CYFAR Teens Making Impact(TMI)**, is a 12-week youth leadership program focused on decisions relative to careers, healthy lifestyles, civic engagement, and community service.

-**4-H Health Rocks!** is a healthy living program designed for youth 10 -15 years of age. The program serves to engage youth, families, and communities in an effort to reduce tobacco, alcohol, and drug use.

-**The Urban SET (Science, Engineering and Technology)** program is designed to offer educational opportunities for youth and adults (as partners) to engage in science, engineering and technology programs. The program targets underserved youth 9-18 years of age residing in urban metropolitan cities.

Family Advocacy through Caring Engagement Strategies (FACES), a family strengthening curriculum, implemented as a series of five lessons or as a stand-alone program.

The Grand RAPP program focuses on helping parenting grandparents/relatives identify and understand possible ambivalent feelings in their new role, individual differences and temperament, approaches to communicating with adult children/relatives and discipline strategies.

The Successful Aging Initiative focus on understanding the importance of having proper life management documents in place and ways to enhance life during the senior years.

-**Shrimp TAA Project:** The USDA administers a grant program called "Trade Adjustment Assistance for Farmers" for commodities that have been negatively affected by unfair foreign trade. The program seeks to pay producers of the commodities monies to help offset these negative trade practices

2. Brief description of the target audience

4-H Youth age 9-18, other youth 9-18, Catfish Farmers, Shrimp Business Owners and their spouses, and Deck Hands who worked on shrimp boats in Southwest Alabama.

- FACES: approximately 26,594 participants. Of the 2,390 traceable participants, 92% were from urban areas and 8% from rural areas. The majority of the participants were female (76%). The majority of the participants were African Americans (76%) and White Americans (19%). Hispanics made up 2% of the participants, and American Indian, Asian, and Multiracial and Other Race participants made up less than 1% each. On average, 474 (20%) participants completed the five-lesson series.

-Grand RAPP: approximately 510 participants. Of the 351 traceable participants, 90% were from urban areas and 10% from rural areas. The majority of the participants were female (89%). 86% of the participants were African Americans and 14% were White Americans (19%). Other race made up less than 1% of the participants. On average, 50 participants completed the five-lesson series.

-Successful Aging Initiative: approximately 354,645 participants. Of the 2,855 traceable participants, 99% were from urban areas and 1% from rural areas. The majority of the participants were female (80%). 72% of the participants were African Americans and 28% were White Americans (19%). All other race made up less than 1% of the participants.

3. How was eXtension used?

eXtension was not used in this program

V(E). Planned Program (Outputs)

1. Standard output measures

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2013

Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2013	Extension	Research	Total
Actual	2	1	3

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of partnerships, publications, newsletters, articles, business plans, volunteers, success stories, testimonies, grants and contracts submitted and/or awarded, support groups, technology-based resources, research-based professional expertise, and curriculum.

Year	Actual
2013	4570

Output #2

Output Measure

- Number of 4-H Clubs

Year	Actual
2013	1375

Output #3

Output Measure

- Number of volunteer hours provided by VIPs and Student volunteers (college, middle and high school)

Year	Actual
2013	46928

Output #4

Output Measure

- Number of positive aging initiatives activities implemented.

Year	Actual
2013	38

Output #5

Output Measure

- Number of support activities for grandparents raising grandchildren.

Year	Actual
2013	53

Output #6

Output Measure

- Number of relationship classes taught

Year	Actual
2013	210

Output #7

Output Measure

- Number of dollars resulting from volunteer service hours

Year	Actual
2013	2200000

Output #8

Output Measure

- Number of Urban SET participants

Year	Actual
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2013 95

Output #9

Output Measure

- Number of Urban Health Rocks participants

Year	Actual
2013	4356

Output #10

Output Measure

- Number of 4-H Club Members

Year	Actual
2013	33150

Output #11

Output Measure

- 4-H New Volunteer Training

Year	Actual
2013	1883

Output #12

Output Measure

- Number of 4H participants

Year	Actual
2013	88626

Output #13

Output Measure

- Number of 4H volunteers

Year	Actual
2013	2879

Output #14

Output Measure

- Number of 4-H Spring Training

Year	Actual
2013	68

Output #15

Output Measure

- Number of 4-H Training Modules

Year	Actual
2013	12

Output #16

Output Measure

- Number of 4-H Military Clubs

Year	Actual
2013	14

Output #17

Output Measure

- Amount of Grants awarded

Year	Actual
2013	93006

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	4-H volunteers recruited, screened, trained, and retained.
2	Life-skills gained
3	Knowledge gains
4	Business Plans Developed
5	Number of people adopting credit, saving, asset management, and career development practices.
6	Dollars saved as a result of counseling and referrals.
7	Increased interest in science, engineering, and technology careers
8	Increase life skills among urban youth
9	Decrease in adolescent risky behavior (substance use)
10	Percentages of older adults implementing positive aging practices learned during Successful Aging activities.
11	Increase in Business Plans Developed by Shrimp and Catfish Farmers
12	Percentage of grandparents & other relative caregivers who are better prepared for assuming role as primary caregiver of children.
13	Percentage of adults implementing positive relationship skills, Dollars saved as a result of counseling and referrals
14	Amount Saved Through Volunteers
15	Number of OMK 4H Youth

Outcome #1

1. Outcome Measures

4-H volunteers recruited, screened, trained, and retained.

Not Reporting on this Outcome Measure

Outcome #2

1. Outcome Measures

Life-skills gained

Not Reporting on this Outcome Measure

Outcome #3

1. Outcome Measures

Knowledge gains

Not Reporting on this Outcome Measure

Outcome #4

1. Outcome Measures

Business Plans Developed

Not Reporting on this Outcome Measure

Outcome #5

1. Outcome Measures

Number of people adopting credit, saving, asset management, and career development practices.

Not Reporting on this Outcome Measure

Outcome #6

1. Outcome Measures

Dollars saved as a result of counseling and referrals.

Not Reporting on this Outcome Measure

Outcome #7

1. Outcome Measures

Increased interest in science, engineering, and technology careers

2. Associated Institution Types

- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	95

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Youth need science, engineering and technology (SET) life skills to be competitive in the 21st century.

What has been done

Urban SET Program- 95 urban youth participated in AAMU STEM Day and explored science concepts and careers in SET.

Results

82% of the participating youth (n=95) indicated that the activities increased their interest in science, technology, engineering, and mathematics.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being

806 Youth Development

Outcome #8

1. Outcome Measures

Increase life skills among urban youth

2. Associated Institution Types

- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	1352

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

An increasing number of youth lack the life skills to make healthy and informed choices. Today's teens are often overwhelmed with too much information; much of it is not effective regarding life changing choices. Teens need information concerning issues that influence their health and well-being.

What has been done

TMI is a 5-12-week youth leadership program focused on decisions relative to careers, healthy lifestyles, civic engagement, and community service.

Results

TMI program pre-posttest indicated a 90 percent (n=795) increase in knowledge of life skills and decision-making,

165 students participated in post assessments of CYFAR TMI programs. 80% of teens reported that they make healthy eating choices to reduce health risks. 83% of the 165 teens reported that they are physically active; 89% of teens reported that their appearance mattered to them. 92% of teens reported that before making a decision, they would think about how their choices would affect their futures

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being

806 Youth Development

Outcome #9

1. Outcome Measures

Decrease in adolescent risky behavior (substance use)

2. Associated Institution Types

- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	4356

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Middle school age youth are continuing to be involved with illicit drugs, alcohol, and tobacco usage.

What has been done: (6 to 8 Lines Max)

What has been done

Urban Health Rocks! Program- Seven Urban Extension Agents and 68 volunteers reached 4,356 program participants at 47 sites with each youth having completed a minimum of 10 hours of educational training.

Results

Urban Health Rocks! Program-Participants showed consistent increase in knowledge about smoking, drinking and other drug usage upon completion of program training; participants demonstrated enhanced social competencies, self-confidence, and, exhibited a keen sense of awareness for the importance of community service involvement.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
806	Youth Development

Outcome #10

1. Outcome Measures

Percentages of older adults implementing positive aging practices learned during Successful Aging activities.

2. Associated Institution Types

- 1890 Extension

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	60

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

The elderly population in the United States is rapidly expanding. One out of every seven Americans (35 million) is over the age of 65. With the aging of the baby boomers, America's older population will double by 2030 (71.5 million), and will account for 19.6 percent (about 1 in 5) of the population. It is not uncommon for people, as they age, to be concerned about what the future will bring and whether they will be equipped to meet the challenges that lie ahead.

What has been done

The Seniors Can curriculum, a wellness program for older adults developed by the University of Nevada Cooperative Extension System, was used as an educational resource and guide. Additionally, An Overview of Elder Law, A Gift for Your Family, and LegalEASE publications, and Estate Planning Basics, A Guide to Life Organization were used. The program was implemented by use of classes, workshops, seminars, family day programs, conferences, support groups, etc.

Results

- 1)Estate planning among older adults increased by 66% compared to the previous year of 83 individuals.
- 2)Development of Life Care Management Plans saved older adults in Alabama more than \$77,250 in 2013.

4. Associated Knowledge Areas

KA Code	Knowledge Area
602	Business Management, Finance, and Taxation
607	Consumer Economics
801	Individual and Family Resource Management

802 Human Development and Family Well-Being
806 Youth Development

Outcome #11

1. Outcome Measures

Increase in Business Plans Developed by Shrimp and Catfish Farmers

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	378

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Completed plans paid the shrimpers monies that could be used to: improve their businesses, reinvest in capital equipment, pay off existing debts, help in the recovery of the BP oil spill, pay off personal debts, and stabilize family finances.

What has been done

326 business plans completed and approved for Shrimp TAA program.

Results

Shrimpers in six counties received \$2,439,171 and Catfish Farmers in 15 counties received \$864,000 totaling \$3,303,171 in direct income

4. Associated Knowledge Areas

KA Code	Knowledge Area
602	Business Management, Finance, and Taxation
607	Consumer Economics
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
806	Youth Development

Outcome #12

1. Outcome Measures

Percentage of grandparents & other relative caregivers who are better prepared for assuming role as primary caregiver of children.

2. Associated Institution Types

- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	58

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

For the past few decades, the number of grandparents and relatives having to once again raise a child has been increasing throughout the United States of America. In the State of Alabama, more than 148,000 children under the age of 18 are now living with grandparents or other relatives (Grandfacts, 2012). Forty five percent (45%) of the 63,529 grandparent householders responsible for their grandchildren are raising their grandchildren without the presence of the parents in the household.

What has been done

Grand Rapp, a four-lesson series, provides educational resources and training that enhances family members' knowledge of their family strengths. The program was implemented by use of classes, workshops, seminars, family day programs, conferences, support groups, etc.

Results

Pre/Post results

- Participants were significantly more knowledgeable of community resources for parenting grandparents/relatives (t = -4.42; 24% increase).
- Participants were significantly more knowledgeable of how to effectively discipline without using punishment (t = -2.66; 19% increase).
- Participants were significantly more knowledgeable of how to use logical & natural consequences in disciplining (t = -2.93; 19% increase).
- Participants were significantly more knowledgeable of how to recognize and address risk behaviors (t = -2.70; 21% increase).

Delayed Post test results

Participants' attitude towards raising their grandchildren/relatives was significantly more positive

(t = -2.34; 8% more positive) and were significantly more knowledgeable of the difference between punishment and discipline (t = -2.38; 15% increase).

4. Associated Knowledge Areas

KA Code	Knowledge Area
602	Business Management, Finance, and Taxation
607	Consumer Economics
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
806	Youth Development

Outcome #13

1. Outcome Measures

Percentage of adults implementing positive relationship skills, Dollars saved as a result of counseling and referrals

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	449

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

A direct relationship between the well-being of children, families and communities has been cited by various professionals and organizations. When families are strong and do well, children do well. Likewise, when communities are strong, families are strong. Critical for all families are those attributes that strengthen individuals as well as the family itself.

What has been done

FACES, a five-lesson series, provide educational resources and training that enhances family members' knowledge of their family strengths. The program was implemented by use of classes, workshops, seminars, family day programs, conferences, etc.

Results

Based on pretest and post delayed data ($p < .05$; mode = 3-4 months after program, $N=75$)

- 1) Participants deliberately created more opportunities for their families to spend time together ($t = -10.80$).
- 2) Participants used negotiation skills when dealing with conflicts in their family ($t = -9.29$)
- 3) Participants resolved family conflicts without anyone feeling hurt or unheard ($t = -7.01$)
- 4) Participants decreased the use of name calling, complaining, bring up the past, etc. during family conflicts ($t = 2.61$)
- 5) Participants practiced stress management techniques ($t = -17.10$)
- 6) Participants included their children in financial decision making ($t = -6.91$).

4. Associated Knowledge Areas

KA Code	Knowledge Area
602	Business Management, Finance, and Taxation
607	Consumer Economics
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
806	Youth Development

Outcome #14

1. Outcome Measures

Amount Saved Through Volunteers

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	2200000

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Volunteers make a difference, allowing ACES, Alabama 4-H, and Urban Youth Development to leverage paid staff time and effort into communities through effective volunteerism efforts.

What has been done

4H and Urban New and Non Traditional Volunteers recruitment, screening, training, supervision, reporting, recognition, reward, and mentoring

Results

-2,879 volunteers worked 96,151 hours for Alabama 4-H youth in 2013 = \$2.1M leveraged time in Alabama communities.

-588 volunteers worked 13,340.62 hours for ACES Urban Youth Development programs in 2013 = \$295,361.

-Alabama A&M University service learning had 33,587 hours of service to 57 agencies = \$743,616.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
806	Youth Development

Outcome #15

1. Outcome Measures

Number of OMK 4H Youth

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

Year	Actual
2013	2159

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Alabama has five military installations, families face deployment and other stresses. Military youth need life skills to cope.

What has been done

Community Support Networks established and sustained, summer camps, sports camps, special needs family camps, SOMK Retreat, Winter Leadership Summit, 4-H Club Meetings, Hero Pack events.

Results

2159 Military youth served and 14 4-H Military Clubs are helping military families cope.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
806	Youth Development

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Other (None)

Brief Explanation

None

V(I). Planned Program (Evaluation Studies)

Evaluation Results

- 2879 4-H Volunteers reported 96,151 hours of service for \$2.1M contribution to 4-H Youth
- 588 VIP Volunteers reported 13,340.62 hours of service for \$295,361 contribution to urban youth development; 4,689 Alabama A&M.
 - Estate planning among older adults increased by 66% compared to the previous year of 83 individuals.
 - Development of Life Care Management Plans saved older adults in Alabama more than \$77,250 in 2013.

Key Items of Evaluation

Based on pretest and post delayed data (p< .05; mode = 3-4 months after program, N=75)

- Participants deliberately created more opportunities for their families to spend time

together (t = -10.80).

- Participants used negotiation skills when dealing with conflicts in their family (t = -9.29)
- Participants resolved family conflicts without anyone feeling hurt or unheard (t = -7.01)
- Participants decreased the use of name calling, complaining, during family conflicts (t = 2.61)

- Participants practiced stress management techniques (t = -17.10)
- Participants included their children in financial decision making (t = -6.91).

Delayed Post test results following Grand Rapp Program

- 1) Participants' attitude towards raising their grandchildren/relatives was significantly more positive (t = -2.34; 8% more positive).
- 2) Participants were significantly more knowledgeable of the difference between punishment and discipline (t = -2.38; 15% increase).