

V(A). Planned Program (Summary)

Program # 3

1. Name of the Planned Program

4-H Youth Development

Reporting on this Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	10%			
805	Community Institutions, Health, and Social Services	10%			
806	Youth Development	80%			
	Total	100%			

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2012	Extension		Research	
	1862	1890	1862	1890
Plan	12.0	0.0	0.0	0.0
Actual Paid Professional	11.0	0.0	0.0	0.0
Actual Volunteer	31.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
251753	0	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
251753	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	0	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

- Recruit, screen, orient new volunteers
- Support and recognize volunteers
 - Middle manager system design and support
- Volunteer/staff training-multiple delivery methods
- Club/group organization, management, and reporting
- 4-H Afterschool (includes coalitions, meetings, staff training ,etc.)
- CYFAR - (includes coalitions, meetings, staff training, etc.)
- OMK - (includes coalitions, meetings, staff training, etc.)
- Technical support to youth serving agencies/organizations
- Grant development
- Media, including radio. TV, newspaper (indirect)
- 4-H Foundation work (local and state-wide) - fund raising activities
- Marketing/PR, general 4-H newsletters
- Event and activity development and management
 - Subject matter/life skill training-multiple delivery methods
- Records, Resume, recognition opportunities
- County Fair

2. Brief description of the target audience

Youth - ages 5-18 involved in community 4-H clubs, after school programs, community coalitions and classrooms.

Adult volunteers, educators, decision makers, policy makers

3. How was eXtension used?

4-H Youth Development staff participated in several eXtension professional development opportunities, including the series on 4-H Guiding Principles.

V(E). Planned Program (Outputs)

1. Standard output measures

2012	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	13858	0	10945	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2012
 Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2012	Extension	Research	Total
Actual	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of volunteers supported and recognized

Year	Actual
2012	2636

Output #2

Output Measure

- Number of volunteers trained

Year	Actual
2012	435

Output #3

Output Measure

- Number of clubs/groups supported

Year	Actual
2012	330

Output #4

Output Measure

- Number of youth enrolled in 4-H as a 4-H club, after school or special interest group member

Year	Actual
2012	5832

Output #5

Output Measure

- Number of youth and adults participating in community service projects

Year	Actual
2012	1368

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Number of of NH youth involved in 4-H YD programs who demonstrate an increase in specific life skills.
2	Number of youth/adults who demonstrate an increase in knowledge and skills related to specific projects and/or subject matter.
3	Number of youth and adults surveyed on involvement in 4-H YD programs that reported they influenced their community.
4	Number of NH youth over the age of 12 and involved in targeted 4-H YD, who present their achievements and/or act as teachers or resources to others through their 4-H experience.
5	Number of 4-H YD volunteers and program staff surveyed that understand and adopt practices within their programs/groups/clubs which foster a sense of belonging, mastery, generosity and independence (Circle of Courage) for all participating youth
6	NH Operation Military Kids Program

Outcome #1

1. Outcome Measures

Number of of NH youth involved in 4-H YD programs who demonstrate an increase in specific life skills.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2012	337

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Recent research shows kids are spending less time outside than ever before and that this "nature deficit" is having significant negative impacts on physical and mental development. In today's pressure-oriented society, camp provides a non-threatening environment for America's youth to be active, to develop competence in life skills, to learn about and enhance their own abilities and to benefit from meaningful participation in a community designed just for them. In New Hampshire there are many youth residential camps which are ACA(American Camp Association) accredited, but few focus on the combination of environmental education and positive youth development.

What has been done

UNH Cooperative Extension, 4-H youth development cooperates with New Hampshire Fish and Game to provide the residential environmental educational camp in the White Mountain of New Hampshire, Barry Conservation 4-H Camp. Trained and certified staff and volunteers provide week long experiences for youth 10-16 years of age in: Fishing, shooting sports, hunter certification, basic environmental education and wilderness survival skills, plus a mini-camp experience for those young campers 8-10 years old. Camp provides children with a community of caring adults, who nurture experiential education that results in self-respect and appreciation for human value. All of the outcomes - self-identity, self-worth, self-esteem, leadership, and self-respect - build personal competencies. These personal competencies are reflected in the four "C's" of the camp community: compassion, contribution, commitment, and character. These "C's" of personal development mirror the positive youth development that happens in other 4 H experiences.

Results

Two hundred and seven campers were surveyed throughout the 2012 camping season. The questions were directed to determine the life skill development that occurs at Barry Conservation

4-H Camp.

Campers indicated that:

- 97% were responsible for their own behavior.
- 85% were concerned about the well-being of others.
- 91% learned that others' ideas were as important as their own.
- 93% tried to solve problems without being violent.
- 91% thought carefully before making decisions.
- 94% respected others who were different than me.
- 86% learned about my strengths and weaknesses.
- 94% contributed to the success of the team.
- 93% accepted people who thought or acted differently.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being
806	Youth Development

Outcome #2

1. Outcome Measures

Number of youth/adults who demonstrate an increase in knowledge and skills related to specific projects and/or subject matter.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2012	717

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code **Knowledge Area**
806 Youth Development

Outcome #3

1. Outcome Measures

Number of youth and adults surveyed on involvement in 4-H YD programs that reported they influenced their community.

Not Reporting on this Outcome Measure

Outcome #4

1. Outcome Measures

Number of NH youth over the age of 12 and involved in targeted 4-H YD, who present their achievements and/or act as teachers or resources to others through their 4-H experience.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2012	1246

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code **Knowledge Area**
806 Youth Development

Outcome #5

1. Outcome Measures

Number of 4-H YD volunteers and program staff surveyed that understand and adopt practices within their programs/groups/clubs which foster a sense of belonging, mastery, generosity and independence (Circle of Courage) for all participating youth

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2012	413

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
806	Youth Development

Outcome #6

1. Outcome Measures

NH Operation Military Kids Program

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

Year	Actual
2012	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

New Hampshire Operation: Military Kids (OMK) collaborates with all branches of the military, as well as community organizations across the state, to provide sustainable local support services to military youth and their families before, during, and after deployment.

What has been done

OMK leads a coalition of partners such as National Guard, Reserve, and Active Duty military service components; the American Legion; State of NH departments and agencies, municipalities, and schools; the spiritual community; recreation departments; community coalitions; local businesses; and other youth and community organizations in a national outreach initiative that is present in 49 U.S. States and 2 U.S. Territories. CE MYFP provides direct year-round programming, camp opportunities, and support services, throughout every phase of the deployment cycle, to families and youth of service members from all branches of the military. Additional NH OMK efforts work to raise community awareness through education in order to foster a more comprehensive understanding regarding the impact of deployment on NH's military youth and families. CE MYFP builds sustainable local support services and networks for military youth, year-round programming providing summer and winter camp opportunities, participation in 4-H Clubs, youth-focused programming and events, UNH campus opportunities, and other targeted programs. OMK team members collaborate with groups across the state, creating networks of support for approximately 5,400 NH military children by connecting them with other military and non-military youth through a variety of recreational, social, and educational programs. Approximately 3,000 youth from NH military families are school age.

Results

Speak Out for Military Kids (SOMK): A youth-led, adult supported activity that gives a voice to military youth, enabling them to educate community members about what it is like to be a military kid. During FY 2012, NH OMK:

- Trained 7 new military and non-military youth as local community speakers through the SOMK program, who provided 16 unique presentations to 381 community members
- A survey of the SOMK Camp participants revealed, in part, the following:
 - 100% learned the importance of compromise when working with others in a group setting
 - 100% learned how to better share responsibility
 - 100% became better at listening to the ideas of others
 - 86% better understood the impact of their feelings and actions on others

Tour of Discovery Camps provided an opportunity for youth to enjoy traditional camp activities while attending themed camps focusing on the 4-H Mission Mandates of Science, Healthy Living,

and Citizenship. Participants revealed via written survey, in part, the following:

Campers learned more about:

- 91% science and technology due to building a trebuchet and bottle rocket
- 91% the importance of applying knowledge when designing structures
- 91% healthy eating
- 96% how to keep healthy by keeping active
- 88% fixing and cooking healthy foods

Campers also became better at:

- 95% sharing responsibility
- 84% sharing their ideas

Participants met campers and staff who:

- 97% made them feel good about themselves
- 89% helped them when they needed it
- 96% they plan to keep in touch with
- 90% listened if they were upset or had a problem
- 83% they can contact for help in the future
- Overall, 97% felt supported by OMK counselors

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being
806	Youth Development

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Appropriations changes
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

V(I). Planned Program (Evaluation Studies)

Evaluation Results

Nothing additional to what's been reported.

Key Items of Evaluation

None at this time.