# V(A). Planned Program (Summary)

#### Program #8

#### 1. Name of the Planned Program

Childhood Obesity

□ Reporting on this Program

Reason for not reporting

The University of Arkansas Division of Agriculture chose to align our Planned Programs to our Strategic Plan program areas. This decision will allow Arkansas to better communicate our efforts back to NIFA.

The data and information that would have been reported to Childhood Obesity is now located under Access to Safe & Nutritious Food.

# V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

## V(C). Planned Program (Inputs)

## 1. Actual amount of FTE/SYs expended this Program

Voor: 2012	Extension		Research	
Year: 2012	1862	1890	1862	1890
Plan	25.0	0.0	4.0	0.0
Actual Paid Professional	(NO DATA ENTERED)	(NO DATA ENTERED)	(NO DATA ENTERED)	(NO DATA ENTERED)
Actual Volunteer	(NO DATA ENTERED)	(NO DATA ENTERED)	(NO DATA ENTERED)	(NO DATA ENTERED)

## 2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
{NO DATA ENTERED}	{NO DATA ENTERED}	(NO DATA ENTERED)	{NO DATA ENTERED}
1862 Matching	1890 Matching	1862 Matching	1890 Matching
{NO DATA ENTERED}	(NO DATA ENTERED)	{NO DATA ENTERED}	(NO DATA ENTERED)
1862 All Other	1890 All Other	1862 All Other	1890 All Other
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

## V(D). Planned Program (Activity)

#### 1. Brief description of the Activity

Report Date 06/10/2013 Page 1 of 23

Moved.

## 2. Brief description of the target audience

Moved.

# 3. How was eXtension used?

Moved.

## V(E). Planned Program (Outputs)

## 1. Standard output measures

2012	Direct Contacts	Indirect Contacts	Direct Contacts	Indirect Contacts
	Adults	Adults	Youth	Youth
Actual	0	0	0	0

# 2. Number of Patent Applications Submitted (Standard Research Output) Patent Applications Submitted

Year: 2012 Actual: 0

## **Patents listed**

# 3. Publications (Standard General Output Measure)

#### **Number of Peer Reviewed Publications**

2012	Extension	Research	Total
Actual	0	0	0

## V(F). State Defined Outputs

# **Output Target**

#### Output #1

## **Output Measure**

• # grants/contracts funded in support of childhood obesity issues

Year	Actual
2012	0

Report Date 06/10/2013 Page 2 of 23

#### Output #2

#### **Output Measure**

• # of 4-H/Youth Food, Nutrition and Physical activity programs delivered related to eating healthy and being active

Year	Actual
2012	0

## Output #3

## **Output Measure**

 # of participants in 4-H/ Youth Food, Nutrition, and Physical Activity programs related to eating healthy and being active

Year	Actual
2012	0

## Output #4

#### **Output Measure**

• # of funded Federal grants and/or contracts

Year	Actual
2012	0

## Output #5

#### **Output Measure**

• # of adult clientele contacts from educational events (educational classes, workshops, group discussions, one-on-one interventions, demonstrations and other educational activities) related to eating healthy and being active

Year	Actual
2012	0

Report Date 06/10/2013 Page 3 of 23

# V(G). State Defined Outcomes

# V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	# of children and youth who increased consumption of foods recommended by the U.S. Dietary Guidelines for Americans.
2	# of families/caregivers who increased consumption of foods recommended by the U.S. Dietary Guidelines for Americans.
3	# of Children/Youth who intend to adopt healthy eating patterns.
4	# of Families/Caregivers who intend to adopt healthy eating patterns.
5	# of Children/Youth who gained knowledge of foods to increase as recommended by the U.S. dietary Guidelines for Americans.
6	# of Families/Caregivers who gained knowledge of foods to increase as recommended by the U.S. dietary Guidelines for Americans.
7	# of Children/Youth who gained knowledge of foods to decrease as recommended by the U.S. dietary Guidelines for Americans.
8	# of Families/Caregivers who gained knowledge of foods to decrease as recommended by the U.S. dietary Guidelines for Americans.
9	# of Children/Youth who gained knowledge about healthy eating patterns.
10	Number and/or increased/improved technologies and processes that enhance the nutritional value and marketability of foods and food products.
11	Number increased as it relates to the generation, dissemination, and utilization of research to support dietary recommendations and their adoption.
12	# of environmental changes implemented to support healthy eating guidelines.
13	# of Children/Youth who increased their physical activity and/or reduced sedentary time.
14	# of Families/Caregivers who increased their physical activity and/or reduced sedentary time.
15	# of Children/Youth who increased physical activity to 60 minutes or more daily.
16	# of Families/Caregivers who plan time together for physical activity following an Extension program.
17	# of Children/Youth who understand the importance of balancing food intake and physical activity.

Report Date 06/10/2013 Page 4 of 23

18	# of environmental changes implemented to support physical activity guidelines.
19	# of families with children who supplement their diets with healthy foods that they produce/preserve/obtain utilizing community/backyard gardens, fishing, hunting, etc.
20	# of stakeholders who made healthy foods more accessible in their communities in personally and socially acceptable ways.
21	# of families with children who access/produce/preserve healthy foods.
22	# of families with children who increased knowledge of how to access/produce/preserve healthy foods.

#### 1. Outcome Measures

# of children and youth who increased consumption of foods recommended by the U.S. Dietary Guidelines for Americans.

## 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

Page 5 of 23 Report Date 06/10/2013

# KA Code Knowledge Area

{No Data} null

#### Outcome #2

#### 1. Outcome Measures

# of families/caregivers who increased consumption of foods recommended by the U.S. Dietary Guidelines for Americans.

#### 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

# Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### **Results**

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Report Date 06/10/2013 Page 6 of 23

#### 1. Outcome Measures

# of Children/Youth who intend to adopt healthy eating patterns.

## 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

```
Issue (Who cares and Why)
```

{No Data Entered}

## What has been done

{No Data Entered}

#### **Results**

{No Data Entered}

#### 4. Associated Knowledge Areas

KA Code Knowledge Area {No Data} null

## Outcome #4

#### 1. Outcome Measures

# of Families/Caregivers who intend to adopt healthy eating patterns.

## 2. Associated Institution Types

Report Date 06/10/2013 Page 7 of 23

• 1862 Extension

#### 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year Actual 2012 0

## 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

## 4. Associated Knowledge Areas

**KA Code Knowledge Area** {No Data} null

#### Outcome #5

#### 1. Outcome Measures

# of Children/Youth who gained knowledge of foods to increase as recommended by the U.S. dietary Guidelines for Americans.

#### 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Knowledge Outcome Measure

## 3b. Quantitative Outcome

Year Actual 2012 0

## 3c. Qualitative Outcome or Impact Statement

Report Date 06/10/2013 Page 8 of 23

## Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #6

#### 1. Outcome Measures

# of Families/Caregivers who gained knowledge of foods to increase as recommended by the U.S. dietary Guidelines for Americans.

#### 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

#### 3c. Qualitative Outcome or Impact Statement

## Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

Report Date 06/10/2013 Page 9 of 23

## 4. Associated Knowledge Areas

# KA Code Knowledge Area

{No Data} null

## Outcome #7

#### 1. Outcome Measures

# of Children/Youth who gained knowledge of foods to decrease as recommended by the U.S. dietary Guidelines for Americans.

## 2. Associated Institution Types

• 1862 Extension

#### 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

#### 3c. Qualitative Outcome or Impact Statement

#### Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

#### 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} nul

Report Date 06/10/2013 Page 10 of 23

#### 1. Outcome Measures

# of Families/Caregivers who gained knowledge of foods to decrease as recommended by the U.S. dietary Guidelines for Americans.

## 2. Associated Institution Types

• 1862 Extension

#### 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

**KA Code Knowledge Area** {No Data} null

## Outcome #9

#### 1. Outcome Measures

# of Children/Youth who gained knowledge about healthy eating patterns.

## 2. Associated Institution Types

Report Date 06/10/2013 Page 11 of 23

#### • 1862 Extension

#### 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

## Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

# KA Code Knowledge Area

{No Data} null

#### Outcome #10

#### 1. Outcome Measures

Number and/or increased/improved technologies and processes that enhance the nutritional value and marketability of foods and food products.

## 2. Associated Institution Types

• 1862 Research

#### 3a. Outcome Type:

Change in Condition Outcome Measure

#### 3b. Quantitative Outcome

Year Actual

Report Date 06/10/2013 Page 12 of 23

2012 0

#### 3c. Qualitative Outcome or Impact Statement

# Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

#### 4. Associated Knowledge Areas

#### KA Code Knowledge Area

{No Data} null

#### Outcome #11

#### 1. Outcome Measures

Number increased as it relates to the generation, dissemination, and utilization of research to support dietary recommendations and their adoption.

## 2. Associated Institution Types

• 1862 Research

#### 3a. Outcome Type:

Change in Condition Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	Λ

#### 3c. Qualitative Outcome or Impact Statement

#### Issue (Who cares and Why)

{No Data Entered}

## What has been done

{No Data Entered}

Report Date 06/10/2013 Page 13 of 23

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #12

#### 1. Outcome Measures

# of environmental changes implemented to support healthy eating guidelines.

## 2. Associated Institution Types

- 1862 Extension
- 1862 Research

## 3a. Outcome Type:

Change in Condition Outcome Measure

## 3b. Quantitative Outcome

Year	Actual
2012	0

#### 3c. Qualitative Outcome or Impact Statement

#### Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

# Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Report Date 06/10/2013 Page 14 of 23

#### 1. Outcome Measures

# of Children/Youth who increased their physical activity and/or reduced sedentary time.

## 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### **Results**

{No Data Entered}

#### 4. Associated Knowledge Areas

KA Code Knowledge Area {No Data} null

#### Outcome #14

#### 1. Outcome Measures

# of Families/Caregivers who increased their physical activity and/or reduced sedentary time.

## 2. Associated Institution Types

Report Date 06/10/2013 Page 15 of 23

• 1862 Extension

#### 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

What has been done

{No Data Entered}

Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #15

#### 1. Outcome Measures

# of Children/Youth who increased physical activity to 60 minutes or more daily.

#### 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year Actual

Page 16 of 23 Report Date 06/10/2013

2012 0

#### 3c. Qualitative Outcome or Impact Statement

# Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #16

#### 1. Outcome Measures

# of Families/Caregivers who plan time together for physical activity following an Extension program.

## 2. Associated Institution Types

• 1862 Extension

#### 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

#### 3c. Qualitative Outcome or Impact Statement

## Issue (Who cares and Why)

{No Data Entered}

## What has been done

{No Data Entered}

Report Date 06/10/2013 Page 17 of 23

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #17

#### 1. Outcome Measures

# of Children/Youth who understand the importance of balancing food intake and physical activity.

#### 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

# 3c. Qualitative Outcome or Impact Statement

# Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Report Date 06/10/2013 Page 18 of 23

#### 1. Outcome Measures

# of environmental changes implemented to support physical activity guidelines.

## 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Condition Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### **Results**

{No Data Entered}

#### 4. Associated Knowledge Areas

KA Code Knowledge Area (No Data) null

#### Outcome #19

#### 1. Outcome Measures

# of families with children who supplement their diets with healthy foods that they produce/preserve/obtain utilizing community/backyard gardens, fishing, hunting, etc.

#### 2. Associated Institution Types

Report Date 06/10/2013 Page 19 of 23

• 1862 Extension

#### 3a. Outcome Type:

Change in Action Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

# Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

# **KA Code Knowledge Area** {No Data} null

#### Outcome #20

#### 1. Outcome Measures

# of stakeholders who made healthy foods more accessible in their communities in personally and socially acceptable ways.

## 2. Associated Institution Types

• 1862 Extension

#### 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year Actual

Report Date 06/10/2013 Page 20 of 23

2012 0

## 3c. Qualitative Outcome or Impact Statement

# Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #21

#### 1. Outcome Measures

# of families with children who access/produce/preserve healthy foods.

#### 2. Associated Institution Types

• 1862 Extension

# 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year Actual 2012 0

#### 3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

Report Date 06/10/2013 Page 21 of 23

#### Results

{No Data Entered}

## 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

#### Outcome #22

#### 1. Outcome Measures

# of families with children who increased knowledge of how to access/produce/preserve healthy foods.

## 2. Associated Institution Types

• 1862 Extension

## 3a. Outcome Type:

Change in Knowledge Outcome Measure

#### 3b. Quantitative Outcome

Year	Actual
2012	0

## 3c. Qualitative Outcome or Impact Statement

## Issue (Who cares and Why)

{No Data Entered}

#### What has been done

{No Data Entered}

#### Results

{No Data Entered}

#### 4. Associated Knowledge Areas

KA Code Knowledge Area

{No Data} null

Report Date 06/10/2013 Page 22 of 23

# V(H). Planned Program (External Factors)

## External factors which affected outcomes

- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

## **Brief Explanation**

{No Data Entered}

## V(I). Planned Program (Evaluation Studies)

#### **Evaluation Results**

{No Data Entered}

# **Key Items of Evaluation**

{No Data Entered}

Report Date 06/10/2013 Page 23 of 23