

**V(A). Planned Program (Summary)**

**Program # 8**

**1. Name of the Planned Program**

Childhood Obesity

- Reporting on this Program

Reason for not reporting

We are reporting our work on childhood obesity in the Healthy Individuals, Families and Communities Planned Program. This area is reflected in Outputs 7-9 and Outcomes 8-10 of the planned program. We are not reporting on former Outcome 1 in the old Childhood Obesity Planned Program.

**V(B). Program Knowledge Area(s)**

- 1. Program Knowledge Areas and Percentage

**V(C). Planned Program (Inputs)**

**1. Actual amount of FTE/SYs expended this Program**

Year: 2012	Extension		Research	
	1862	1890	1862	1890
Plan	1.0	0.0	0.5	0.0
Actual Paid Professional	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
Actual Volunteer	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

**2. Actual dollars expended in this Program (includes Carryover Funds from previous years)**

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 Matching	1890 Matching	1862 Matching	1890 Matching
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}
1862 All Other	1890 All Other	1862 All Other	1890 All Other
{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}	{NO DATA ENTERED}

**V(D). Planned Program (Activity)**

**1. Brief description of the Activity**

Collaboration with other organizations including Public Health, schools, day care facilities, 4-H, community organizations, tribal organizations, and youth groups to offer programming on childhood obesity will focus on physical activity and nutrition. Programming will be conducted with parents in choosing nutritional foods and preparing meals for their families. Group and one-on-one educational activities with day care providers and parents will provide individuals with information necessary to increase physical activity of children.

**2. Brief description of the target audience**

- teachers and parents of youth
- caregivers
- youth
- college students
- rural community health care givers

**3. How was eXtension used?**

{No Data Entered}

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

2012	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
<b>Actual</b>	0	0	0	0

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

Year: 2012

Actual: {No Data Entered}

**Patents listed**

{No Data Entered}

**3. Publications (Standard General Output Measure)**

**Number of Peer Reviewed Publications**

2012	Extension	Research	Total
<b>Actual</b>	0	2	0

**V(F). State Defined Outputs**

## **Output Target**

### **Output #1**

#### **Output Measure**

- Output Measure 1: Field faculty will provide physical activity and nutrition programming for teachers and parents. Output is the number of teachers and parents who are trained.

<b>Year</b>	<b>Actual</b>
2012	0

### **Output #2**

#### **Output Measure**

- Output Measure 2: Field faculty will provide physical activity and nutrition programming through one-on-one consultations and consultations with other organizations.

<b>Year</b>	<b>Actual</b>
2012	0

### **Output #3**

#### **Output Measure**

- Output Measure 3: Faculty will develop educational resources and publications on nutrition.

<b>Year</b>	<b>Actual</b>
2012	0

**V(G). State Defined Outcomes**

**V. State Defined Outcomes Table of Content**

O. No.	OUTCOME NAME
1	Outcome Measure 1: Increase physical activity during a school day. Counting number of classrooms participating.
2	Outcome Measure 2: Increase youth and parents' understanding of healthy food choices. Measure will be number of meetings with youth and parents.
3	Outcome Measure 3: Youth and families have a more positive attitude toward healthful foods and/or are willing to try new foods. Counting number of families.
4	Outcome Measure 4: Increase knowledge, attitudes, skills and aspirations to increase physical activity habits. Counting number of youth.
5	Outcome Measure 5: Increase knowledge, attitudes and skills on individual and family nutrition. Measure will be class enrollment and publications.

**Outcome #1**

**1. Outcome Measures**

Outcome Measure 1: Increase physical activity during a school day. Counting number of classrooms participating.

**2. Associated Institution Types**

- 1862 Extension

**3a. Outcome Type:**

Change in Action Outcome Measure

**3b. Quantitative Outcome**

Year	Actual
2012	0

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

{No Data Entered}

**What has been done**

{No Data Entered}

**Results**

{No Data Entered}

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
{No Data}	null

**Outcome #2**

**1. Outcome Measures**

Outcome Measure 2: Increase youth and parents' understanding of healthy food choices. Measure will be number of meetings with youth and parents.

**2. Associated Institution Types**

- 1862 Extension

**3a. Outcome Type:**

Change in Knowledge Outcome Measure

**3b. Quantitative Outcome**

Year	Actual
2012	0

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**  
{No Data Entered}

**What has been done**  
{No Data Entered}

**Results**  
{No Data Entered}

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
{No Data}	null

**Outcome #3**

**1. Outcome Measures**

Outcome Measure 3: Youth and families have a more positive attitude toward healthful foods and/or are willing to try new foods. Counting number of families.

**2. Associated Institution Types**

- 1862 Extension
- 1862 Research

**3a. Outcome Type:**

Change in Action Outcome Measure

**3b. Quantitative Outcome**

<b>Year</b>	<b>Actual</b>
2012	0

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

{No Data Entered}

**What has been done**

{No Data Entered}

**Results**

{No Data Entered}

**4. Associated Knowledge Areas**

<b>KA Code</b>	<b>Knowledge Area</b>
{No Data}	null

**Outcome #4**

**1. Outcome Measures**

Outcome Measure 4: Increase knowledge, attitudes, skills and aspirations to increase physical activity habits. Counting number of youth.

**2. Associated Institution Types**

- 1862 Extension

**3a. Outcome Type:**

Change in Knowledge Outcome Measure

**3b. Quantitative Outcome**

<b>Year</b>	<b>Actual</b>
2012	0

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

{No Data Entered}

**What has been done**  
{No Data Entered}

**Results**  
{No Data Entered}

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
{No Data}	null

**Outcome #5**

**1. Outcome Measures**

Outcome Measure 5: Increase knowledge, attitudes and skills on individual and family nutrition. Measure will be class enrollment and publications.

**2. Associated Institution Types**

- 1862 Extension
- 1862 Research

**3a. Outcome Type:**

Change in Knowledge Outcome Measure

**3b. Quantitative Outcome**

Year	Actual
2012	0

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**  
{No Data Entered}

**What has been done**  
{No Data Entered}

**Results**  
{No Data Entered}

**4. Associated Knowledge Areas**

**KA Code**    **Knowledge Area**  
{No Data}    null

**V(H). Planned Program (External Factors)**

**External factors which affected outcomes**

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Competing Public priorities
- Competing Programmatic Challenges

**Brief Explanation**

{No Data Entered}

**V(I). Planned Program (Evaluation Studies)**

**Evaluation Results**

{No Data Entered}

**Key Items of Evaluation**

{No Data Entered}