

V(A). Planned Program (Summary)

Program # 9

1. Name of the Planned Program

Family and Child Development

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	70%	70%		
803	Sociological and Technological Change Affecting Individuals, Families, and Communities	10%	10%		
806	Youth Development	20%	20%		
	Total	100%	100%		

V(C). Planned Program (Inputs)

1. Actual amount of FTE/SYs expended this Program

Year: 2011	Extension		Research	
	1862	1890	1862	1890
Plan	27.0	5.0	0.0	0.0
Actual Paid Professional	9.3	4.0	0.0	0.0
Actual Volunteer	0.0	12.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
276144	294784	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
240213	294784	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
684471	417037	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

The primary activities in this area are 6 statewide Extension Team Projects. These are:

ETP13A - Healthy Families, Health Communities to continue the Caregiver training and secure funds to provide additional resources and curriculum to the participants. The Caregiver curriculum will be modified and adapted for the Preparing Families for Future Health and Wealth Challenges. This is a capacity building grant with Southern University, Louisiana. Agents from both Alabama and Louisiana will organize classes, recruit participants, and build partnerships. Utilize current information posted from Family Caregiving Community of Practice to continue to educate caregivers in the states of Alabama and Louisiana.

ETP13B - Child Care Provider Education to target audiences based which will connect the quality of care (in the home or in child care settings) that children experience prior to entering the formal educational environment with their subsequent academic and social trajectories. With the increasing number of parents of young children entering the workforce and requiring child care in order to work, training and education initiatives are key to increasing the quality of care being provided to children.

ETP13D - Grand RAPP Grandparents and Relatives as Parents Program - U&NNTP - A network of state agencies in partnership with the Alabama Cooperative Extension System offers services to grandparents or other relatives who have taken on the responsibility of surrogate parenting. This effort combined with other nontraditional parenting outreach programs, forms the core of the "Grand" Parenting Extension Team Project

ETP13E - Successful Aging Initiative - U&NNTP - The Alabama Cooperative Extension System's Urban Affairs Unit has partnered with the state of Alabama's Bureau of Geriatric Psychiatry to deliver educational and training programs to address issues relevant to aging/dementia and associated health, financial and legal education. These collaborative efforts are called the Successful Aging Initiative (SAI)

ETP13G - Strengthening Relationships and Marriages to continue offering the RS+ curriculum to Alabama through school-based classes in Family and Consumer Science and in Health, and as part of after school programs throughout the state. A supporting curriculum, Bridging the Great Divide, for helping parents talk with their adolescent children about dating and related issues is in the process of being tested.

ETP13I - Parenting will continue to facilitate parenting competencies in parents of children between the ages of 0-5. Educators will focus on client identified needs and develop educational workshops and programs on a variety of parenting topics. Programming is guided by Extension-developed resources and programs, including but not limited to: Stay Connected, Nurturing Parenting, First Years Count, and Partners for Tomorrow.

Each project includes a variety of educational activities. Detailed descriptions of the activities of these projects are available on the ACES intranet.

2. Brief description of the target audience

The primary target audiences are parents, grandparents, caregivers, child care providers, married couples, unmarried couples, single parents, senior citizens and youth.

3. How was eXtension used?

eXtension was used in this program to provide up-to-date resources and articles for agents and participants

V(E). Planned Program (Outputs)

1. Standard output measures

2011	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Actual	65258	423520	36264	0

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2011

Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2011	Extension	Research	Total
Actual	3	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- This program area will include numerous output activities and methods as part of the Extension Team Projects (ETPs) which are described/explained in the prior "outcome activities and methods sections." The success of many of these outcomes will be formally evaluated/measured by using individual activity evaluation forms designed specifically for each activity, the success of other activities and methods will be measured by the level of participation in the activity. In the target boxes below for each year, we are indicating the number of individual activities within the ETPs for this program area that will be formally evaluated using an evaluation instrument designed specifically for that activity.

Year	Actual
2011	0

Output #2

Output Measure

- Workshops, trainings, health fairs, train the trainer, educational workshops per curricula, and community capacity to build partnership

Year	Actual
2011	0

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	A major outcome will be the number of parents who participate in Extension sponsored parenting training.
2	Each ACES employee is required to provide a success story on the program activity which they felt best demonstrates the impacts of their work. These success stories contain the following elements: Why: Explain the reason the program was done, or the situation or problem that the program addressed What: Specifically what was done and how it was done. When: If this was a one-time event, the date it occurred. If it is was a series of events, or an on-going program, when it began. Where: Specific location-- the county or counties involved. Who and how many: The "who" includes both who did the program and who were the clients of the program, as well as how many people were served. So what: This is the part that gives the real meaning to "success". The basic question to be answered in this part is "what difference did this program make". The difference may be measured in terms of dollars, or in changes in habits, lifestyles or attitudes. Whenever possible use numbers to show the effect of the program. If it is not possible to use numbers, provide a qualitative measurement like client comments or another type of testimonial about the program. Since this program area is very broad in scope and contains multiple Extension Team Projects which have different outcomes measures, the impacts for this program area are best measured in the number and quality of the success stories generated by the individuals who work on these projects. Therefore, one very significant outcome measure is the number of success stories generated.

Outcome #1

1. Outcome Measures

A major outcome will be the number of parents who participate in Extension sponsored parenting training.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2011	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

The PROSPER program, for those that are attending, has shown over the last 20 years of research to produce positive youth outcome by likely delaying the initiation of substance abuse. The PROSPER partnership is a partnership among Alabama Cooperative Extension System, local schools, community volunteers and university-based researchers. Our initial efforts for implementation included, 6th grade family-focused evidence-based programs in the seven counties. We also engaged community volunteers by organizing a PROSPER Community Team of 8 ? 10 community members of various backgrounds to provide input and form a foundation for sustainability in that specific community

What has been done

Research of the PROSPER program estimated that for each dollar invested in the family family-focused intervention there is up to a \$9.60 return. We have an impact of 97 families at an estimate of \$300 per family yielding a \$29,100.00 statewide investment of economic benefit.

Results

The initial phase of PROSPER in Alabama involved recruiting families to attend a 7-week session that involved the parent(s) or caregiver and the child. During this 7-week session a total of 97 families throughout the seven county area were engaged in the PROSPER training.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being
803	Sociological and Technological Change Affecting Individuals, Families, and Communities

806 Youth Development

Outcome #2

1. Outcome Measures

Each ACES employee is required to provide a success story on the program activity which they felt best demonstrates the impacts of their work. These success stories contain the following elements: Why: Explain the reason the program was done, or the situation or problem that the program addressed What: Specifically what was done and how it was done. When: If this was a one-time event, the date it occurred. If it is was a series of events, or an on-going program, when it began. Where: Specific location-- the county or counties involved. Who and how many: The "who" includes both who did the program and who were the clients of the program, as well as how many people were served. So what: This is the part that gives the real meaning to "success". The basic question to be answered in this part is "what difference did this program make". The difference may be measured in terms of dollars, or in changes in habits, lifestyles or attitudes. Whenever possible use numbers to show the effect of the program. If it is not possible to use numbers, provide a qualitative measurement like client comments or another type of testimonial about the program. Since this program area is very broad in scope and contains multiple Extension Team Projects which have different outcomes measures, the impacts for this program area are best measured in the number and quality of the success stories generated by the individuals who work on these projects. Therefore, one very significant outcome measure is the number of success stories generated.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Actual
2011	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Nontraditional families are different from the picture of two parents with children living in one household. In recent years single parent households and grandparents and relatives serving as primary caregivers have been a rapidly growing trend. Additionally, the senior population also continues to grow, thus demanding policies, programs and services to meet their health, financial and legal needs.

What has been done

The Alabama Cooperative Extension System has established a Grandparents Raising Grandchildren Initiative, a Successful Aging Initiative (SAI) and a Family Advocacy Initiative to

address home care, legal, health and financial security for these vulnerable populations.

Results

Over 61 Grandparents Raising grandchildren workshops and seminars were conducted in 15 of Alabama's metro service areas to increase knowledge in parenting, communication and legal rights and build support groups. Family Day events were conducted across the state with over 500 clients, increasing family interaction by 2500 hrs; and SAI conferences and seminars prepared over 540 individuals with Estate Planning Basics and Advance Directives valued at \$1500 per client.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being
803	Sociological and Technological Change Affecting Individuals, Families, and Communities
806	Youth Development

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

Some of the external factors that have affected programs have been the financial hardships of the state and the citizens of the state. This impact was expressed as persons were unable to afford the expense of transportation to attend the workshops, trainings, or programs. There were also several days of extreme weather, Tornados, that impacted the state for many weeks.

V(I). Planned Program (Evaluation Studies)

Evaluation Results

Over 61 Grandparents Raising grandchildren workshops and seminars were conducted in 15 of Alabama's metro service areas. Post evaluation data indicated an increase in knowledge related to parenting, communication and legal rights. Support groups established in 2010 were maintained and/or increased. Family Day events were conducted across the state with over 500 clients, encouraging family mealtime increasing family interactions by 2500 hrs; and SAI conferences and seminars had attendance of over 2400 and prepared over 540 individuals with Estate Planning Basics and Advance Directives

valued at \$1500 per client and provided free health screenings (including Alzheimer's disease) valued at over \$135,000.

PROSPER families completed and graduated from their 7-week program. This program is for high-risk families with children ages 6 to 11 years of age. Alabama PROSPER has reached 97 families and all participated in evaluation results. The PROSPER program was conducted in seven communities throughout the state. The graduation rate for the program was 86%. To qualify for graduation, a family must attend four of the seven sessions. The program yielded a recruitment rate of 12% (National Average of recruitment 1-6%). The programs fidelity rate for Alabama was 94%.

Key Items of Evaluation

Family Day events were conducted across the state with over 500 clients, encouraging family mealtime and increasing family interactions by 2500 hrs; SAI conferences and seminars prepared over 540 individuals with Estate Planning Basics and Advance Directives valued at \$1500 per client; free health screenings provided through health care partnerships were valued at over \$135,000.

Research of the PROSPER program estimated that for each dollar invested in the family family-focused intervention there is up to a \$9.60 return. We have an impact of 97 families at an estimate of \$300 per family yielding a **\$29,100.00** statewide investment of economic benefit.

Currently 22 full time ACES staff and 70 community members work together to make Alabama PROSER a success. Beginning the second program for the families has noted an increase in the enrollment to 138 families. As of Feb 2011, these families are currently completing the 7- week Strengthening Families Program. The programs are evaluated at the end of the 7-weeks.