

V(A). Planned Program (Summary)

Program # 12

1. Name of the Planned Program

Global Food Security and Hunger - Family Nutrition Program

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

| KA Code | Knowledge Area | %1862 Extension | %1890 Extension | %1862 Research | %1890 Research |
|---------|--|-----------------|-----------------|----------------|----------------|
| 704 | Nutrition and Hunger in the Population | 100% | 100% | 100% | 0% |
| | Total | 100% | 100% | 100% | 0% |

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

| Year: 2010 | Extension | | Research | |
|------------|-----------|------|----------|------|
| | 1862 | 1890 | 1862 | 1890 |
| Actual | 9.1 | 2.0 | 9.7 | 0.0 |

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

| Extension | | Research | |
|---------------------|----------------|----------------|----------------|
| Smith-Lever 3b & 3c | 1890 Extension | Hatch | Evans-Allen |
| 254527 | 204494 | 178116 | 0 |
| 1862 Matching | 1890 Matching | 1862 Matching | 1890 Matching |
| 288731 | 50704 | 600431 | 0 |
| 1862 All Other | 1890 All Other | 1862 All Other | 1890 All Other |
| 708136 | 318335 | 2188528 | 0 |

V(D). Planned Program (Activity)

1. Brief description of the Activity

The Family Nutrition Program which is comprised of two nutrition education programs are funded by USDA, NIFA and FNS. The Expanded Food and Nutrition Education Program (EFNEP) and the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) are nutrition education programs targeting impoverished citizens of Virginia. Our goal is to teach good nutrition practices, how to stretch their food dollars and SNAP benefits, incorporate physical activity into their daily lives, and prevent chronic

diseases related to poor dietary habits and inactivity.

During 2010, we taught over 300,000 participants in comprehensive programs as well as one time interventions. Those participating in comprehensive programs less often ran out of food by the end of the month after participating in our nutrition programs.

2. Brief description of the target audience

The target population for EFNEP and SNAP-Ed are people who receive SNAP benefits (formerly food stamps), are eligible for SNAP benefits but do not receive them, and participate in the Supplemental Nutrition Education Program for Women, Infants, and Children.

The children we work with are in schools, after school programs, and summer food service feeding sites. These children are eligible for the National School Lunch Program (NSLP). They dwell in households at or below the federal poverty line.

The adults of the Family Nutrition Program can be the parents of children who qualify for NSLP. Adults are also reached in court appointed parenting classes, community center gatherings, and community - based senior groups.

V(E). Planned Program (Outputs)

1. Standard output measures

| 2010 | Direct Contacts Adults | Indirect Contacts Adults | Direct Contacts Youth | Indirect Contacts Youth |
|---------------|------------------------|--------------------------|-----------------------|-------------------------|
| Plan | {NO DATA} | {NO DATA} | {NO DATA} | {NO DATA} |
| Actual | 190521 | 67608 | 316102 | 4273 |

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2010

Plan:

Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

| 2010 | Extension | Research | Total |
|---------------|-----------|----------|-------|
| Actual | 1 | 0 | 0 |

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of sites where programming was delivered.

| Year | Target | Actual |
|-------------|-------------------|---------------|
| 2010 | {No Data Entered} | 31957 |

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

| O. No. | OUTCOME NAME |
|--------|--|
| 1 | Increase the number of adult participants who report that they ran out of food less often after participating in the Family Nutrition Program. |

Outcome #1

1. Outcome Measures

Increase the number of adult participants who report that they ran out of food less often after participating in the Family Nutrition Program.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

| Year | Quantitative Target | Actual |
|-------------|----------------------------|---------------|
| 2010 | {No Data Entered} | 2375 |

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Being food insecure is a health risk. Children do not grow adequately and properly, they do not learn well in the classroom and develop social stigma. Children who are food insecure are frequently malnourished because their diets lack nutrient density.

What has been done

Educating their parents to sound nutrition practices and stretching their resources allows our target population to prevent food insecurity issues. The FNP comprehensive programs document behavior changes that allow us to report these changes.

Results

Forty percent of our FNP population who participated in the comprehensive programs less often run out of food after completing the series of lessons.

4. Associated Knowledge Areas

| KA Code | Knowledge Area |
|----------------|--|
| 704 | Nutrition and Hunger in the Population |

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy

Brief Explanation

The national economy has affected all communities, increasing the risk of food insecurity. SNAP benefits has grown expediently in the last one year. The outcome of an increase in SNAP participation has resulted in people depending on food pantries, soup kitchens and other alternate resources for food.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)

Evaluation Results

Thirty eight percent of our graduated participants less often ran out of food before the end of the month.

Key Items of Evaluation

This data was aggregated from the NEERS5 system.