

V(A). Planned Program (Summary)

Program # 3

1. Name of the Planned Program

Food Insecurity and Nutrition in Vulnerable Populations

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
703	Nutrition Education and Behavior	50%		0%	
704	Nutrition and Hunger in the Population	50%		0%	
	Total	100%		0%	

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2010	Extension		Research	
	1862	1890	1862	1890
Plan	5.0	0.0	2.0	0.0
Actual	0.3	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
0	0	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
34039	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	0	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

•Assess the diet quality of targeted low-income, vulnerable populations. •Assess the food security status of targeted low-income, vulnerable populations. •Assess the food resource management and food safety practices of the target audience. •Develop and implement assessment tools, curriculum, print materials and social marketing campaigns. •Evaluate the effectiveness of interventions and

materials related to behavior change. •Facilitate and strengthen community partnerships. •Seek external funds to support program goals.

2. Brief description of the target audience

Low-income, Food Stamp eligible and participating families, children and older adults.

V(E). Planned Program (Outputs)

1. Standard output measures

2010	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Plan	4000	100000	5000	10000
Actual	6000	100000	7500	100000

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2010
 Plan: 0
 Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2010	Extension	Research	Total
Plan	0	0	
Actual	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Peer reviewed publications

Year	Target	Actual
2010	1	0

Output #2

Output Measure

- Abstracts

Year	Target	Actual
2010	1	0

Output #3

Output Measure

- Scientific/Professional presentations

Year	Target	Actual
2010	1	1

Output #4

Output Measure

- Website Development and Refinement

Year	Target	Actual
2010	1	1

Output #5

Output Measure

- Public Service Announcements and Social Marketing Campaigns

Year	Target	Actual
2010	1	1

Output #6

Output Measure

- Video Productions

Year	Target	Actual
2010	1	0

Output #7

Output Measure

- Curriculum Development and Delivery

Year	Target	Actual
-------------	---------------	---------------

2010 1 1

Output #8

Output Measure

- Fact Sheets, Bulletins and Newsletters

Year	Target	Actual
2010	20	16

Output #9

Output Measure

- Student Training

Year	Target	Actual
2010	5	6

Output #10

Output Measure

- Volunteer Training

Year	Target	Actual
2010	20	25

Output #11

Output Measure

- Workshops and Programs

Year	Target	Actual
2010	120	1600

Output #12

Output Measure

- MS Thesis or PhD Dissertation

Year	Target	Actual
2010	2	2

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	25% of EFNEP and FSNE Families and Older Adults will improve dietary practices from baseline in one or more domains (diet quality, food security, food resource management, or food safety) thus reducing future risk of disease and improving health and quality of life (# representing 25%).

Outcome #1

1. Outcome Measures

25% of EFNEP and FSNE Families and Older Adults will improve dietary practices from baseline in one or more domains (diet quality, food security, food resource management, or food safety) thus reducing future risk of disease and improving health and quality of life (# representing 25%).

2. Associated Institution Types

- 1862 Extension
- 1862 Research

3a. Outcome Type:

Change in Condition Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	1000	1431

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Economic conditions have been bleak during FY 2010. In Sept. there were 31,011 more people on SNAP benefits than the previous September. Unemployment has remained high, dipping slightly in September to 11.5%, only because fewer people were looking for jobs. A dramatic change occurred in certain age groups of those receiving SNAP benefits. Over 17,300 people in the 20-29 year age group (22.2%) and over 16,450 in the 30-39 age range (21%) received SNAP benefits in 2010. Strategies for reducing costs and building or maintaining a healthy diet were a major focus for this new group receiving SNAP benefits.

What has been done

For FY 2010, URI SNAP-Ed and EFNEP delivered over 1600 community-based nutrition education workshops resulting in 16,487 direct and indirect contacts. In addition, publications addressing diet quality and food resource management were distributed to over 100,000 program participants. Workshops focused on diet quality, food resource management, food safety and food security. Workshops varied in length ranging from one session to a series of 6 workshops. Program participants ranged from pre-K to seniors, with an emphasis on children and young

families.

Results

Evaluation data of EFNEP participants include: 37% of 196 participants more often planned meals in advance; 82% of 137 participants showed improvement in one or more nutrition practices; 70% of 181 participants showed improvement in one or more food resource management practices.

Data from SNAP-Ed include a significant increase in vegetable consumption (+.28%) among 440 4th graders in the Providence city schools who participated in a 8 week fruit and vegetable intervention; of 477 third graders participating in Radio Disney/SNAP-Ed workshops, a significant increase in fruit consumption over a 3 week period was shown;

4. Associated Knowledge Areas

KA Code	Knowledge Area
703	Nutrition Education and Behavior
704	Nutrition and Hunger in the Population

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Retrospective (post program)
- Before-After (before and after program)
- During (during program)
- Time series (multiple points before and after program)
- Comparisons between program participants (individuals, group, organizations) and non-participants
- Comparisons between different groups of individuals or program participants experiencing different levels of program intensity.
- Comparison between locales where the program operates and sites without program intervention

Evaluation Results

{No Data Entered}

Key Items of Evaluation

{No Data Entered}