

V(A). Planned Program (Summary)

Program # 8

1. Name of the Planned Program

Families and Communities

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
801	Individual and Family Resource Management	34%	34%	34%	
802	Human Development and Family Well-Being	33%	33%	33%	
804	Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures	33%	33%	33%	
	Total	100%	100%	100%	

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2010	Extension		Research	
	1862	1890	1862	1890
Plan	25.0	5.0	11.0	0.0
Actual	0.0	0.0	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
459310	500000	380000	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
459310	500000	380000	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
8750000	0	1400000	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

In response to the needs of families and communities, N.C. State- and N.C. A&T State-based faculty and county based field faculty working with NC Cooperative Extension are teaching the skills and helping to provide the tools that families need to endure the current economic and social climate. Educational outreach efforts addressing family resource management, budgeting and record keeping, debt reduction, retirement planning, foreclosure prevention and credit management address the economic challenges facing families.

2. Brief description of the target audience

Families and communities continue to face challenges. Economic concerns, military deployments, substance abuse, family violence and job losses all place enormous stress on the family unit and in turn on community resources. As a basic unit of society, it is essential that families have access to information and education that assist them in addressing the real-life challenges that they face every day.

V(E). Planned Program (Outputs)

1. Standard output measures

2010	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Plan	40550	120300	3200	8400
Actual	45000	125000	3500	9600

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2010
 Plan: 0
 Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2010	Extension	Research	Total
Plan	13	0	
Actual	13	0	13

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Develop and conduct Family Resource Management training and workshops.

Year	Target	Actual
2010	20	28

Output #2

Output Measure

- Educational workshops for consumers related to family resource management, debt reduction, developing budgets and savings plans -

Year	Target	Actual
2010	25	32

Output #3

Output Measure

- Conduct educational workshops for consumers related to parenting and family life.

Year	Target	Actual
2010	65	62

Output #4

Output Measure

- Conduct Healthy Homes trainings for health and housing professionals.

Year	Target	Actual
2010	4	8

Output #5

Output Measure

- Parents mandated by the court and agency referred parents consistently using positive parenting strategies.

Year	Target	Actual
2010	230	325

Output #6

Output Measure

- Develop and conduct financial education workshops for community based financial educators.

Year	Target	Actual
2010	30	25

Output #7

Output Measure

- Conduct educational workshops related to energy efficiency and conservation.

Year	Target	Actual
2010	40	38

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Parents adopting appropriate guidance/supervision practices.
2	Individuals and families will follow a household budget.
3	Individuals and families will increase savings.
4	Individuals/families will reduce debt.
5	Individuals/families will participate in retirement planning.
6	Individuals, businesses, industries and governments engaging in best management practices related to energy use/conservation.
7	Individuals participating in the Healthy Homes Specialist certification exam.

Outcome #1

1. Outcome Measures

Parents adopting appropriate guidance/supervision practices.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	2000	1150

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Basic skills and socialization and educational motivation are first taught in the home. Many youth, however, are growing up in environments that lack parental supervision and support. Quality time with parents is essential to building trusting relationships. The consequence of these circumstances is that youth may display anti-social behavior, including gang membership, disruptive behavior, school dropout, and substance abuse.

What has been done

Family and Consumer Science agents are assisting in building strong families by educating citizens on parenting and family life issues. Agents direct educational workshops, conferences, camping experiences, and other outreach efforts focused on positive parenting skills. These efforts address the importance of family time and identify real life concerns of parents

Results

As a result of educational programs, 335 fathers increased their involvement with their children at home, in school and in the community, and 182 incarcerated parents implemented strategies for staying involved in their children's lives. Parents (1,150) adopted appropriate guidance and supervision practices, and 657 court mandated and agency referred parents consistently used positive parenting strategies.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being

Outcome #2

1. Outcome Measures

Individuals and families will follow a household budget.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	1500	2080

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

The seriousness of today's economic climate has highlighted the importance of basic money management skills. Unfortunately, individuals and families often lack basic financial decision-making skills. Budgeting and record keeping are essential skills for individuals and families to master in order to begin forming a secure financial future. Programs focused on these areas help equip individuals and families with skills to better manage economic change that will occur throughout their lives.

What has been done

Family and Consumer Science Agents collaborated with county and state partners to conduct workshops, conferences, and other educational events addressing the importance of basic money management skills such as record keeping and budgeting. These outreach efforts are designed to equip individuals and families with the tools they need to better manage economic change throughout their lifespan.

Results

As a result of educational efforts, 2,080 individuals and families have developed a household budget, and 1,278 have developed a household record keeping system. In addition, individuals and families developed other financial management skills, including 3,153 program participants who now use cost comparison skills, and 1,753 program participants who now follow a budget.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management

- 802 Human Development and Family Well-Being
- 804 Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures

Outcome #3

1. Outcome Measures

Individuals and families will increase savings.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	1100	634

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Savings are an essential element in overall financial well-being. When individuals and families have savings, they are able to better weather difficult economic circumstances such as a reduction in income, loss of a job, or health crisis.

What has been done

Family and Consumer Science agents in North Carolina conducted workshops and trainings to assist limited resource and non-limited resource individuals in improving their financial management skills. Skills such as budgeting, debt reduction, and credit management have helped consumers develop the essential tools for improving their financial situation.

Results

Six hundred thirty four individuals and families reported increasing their savings accounts, and 872 families and individuals reported achieving their financial goals.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being

Outcome #4

1. Outcome Measures

Individuals/families will reduce debt.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	500	530

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

A symptom of increased indebtedness of working class and middle class families is the rise in the number of personal bankruptcies. In addition, in recent years, home foreclosures have seen alarming increases. A high level of indebtedness among households not only threatens the economic health of families but also the state's economy at large.

What has been done

Family and Consumer Science Agents along with partners in various agencies, organizations, and institutions developed and implemented educational programs related to debt reduction and foreclosure prevention.

Results

Individual and families used information provided to achieve a number of money management goals. For example, 530 individuals paid their bills on time; four IDA participants purchased homes; and 1,575 individuals budgeted their basic monthly expenses. In addition, 13 individuals and families used strategies to prevent home foreclosure.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being

Outcome #5

1. Outcome Measures

Individuals/families will participate in retirement planning.

2. Associated Institution Types

- 1862 Extension
- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	800	1300

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Recent economic circumstances have resulted in decreases in some individual's retirement savings. As a result, some individuals have elected to postpone retirement until the volatility of the financial markets subsides, and they have a more secure financial situation. Others have returned to work after experiencing a significant drop in their retirement income.

What has been done

Family and Consumer Science agents conducted workshops, conferences, and other educational programs focused on retirement planning, estate planning, financial management, and insurance plans in order to assist individuals in planning for their retirement future.

Results

Regardless of circumstances, thoughtful retirement planning is essential for security in later years. Thirteen individuals planned for their retirement; 716 gained knowledge about retirement planning; and 586 gained skills in retirement planning. In addition to those planning for retirement, 2,766 families and individuals reviewed insurance plans for adequate coverage, and 115 individuals and families implemented estate planning strategies.

4. Associated Knowledge Areas

KA Code	Knowledge Area
801	Individual and Family Resource Management
802	Human Development and Family Well-Being
804	Human Environmental Issues Concerning Apparel, Textiles, and Residential and Commercial Structures

Outcome #6

1. Outcome Measures

Individuals, businesses, industries and governments engaging in best management practices related to energy use/conservation.

Not Reporting on this Outcome Measure

Outcome #7

1. Outcome Measures

Individuals participating in the Healthy Homes Specialist certification exam.

Not Reporting on this Outcome Measure

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

A number of factors contributed to the adoption of practices as they relate to family resource management, parenting, and home safety. Overall, the economy of the state and nation plays a significant role. In 2010, the North Carolina economy continued to struggle. Tightened lending, declining job markets and industry closings all influenced individual income. Foreclosures and bankruptcies continued to be problems. Normal stressors of maturity, communication, and family dynamics are often compounded by external forces, including the economy. In addition to economic forces, families must cope with concerns such as deployment of one or both parents, substance abuse, incarceration and violence.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- After Only (post program)
- Before-After (before and after program)
- During (during program)
- Case Study

- Other ()

Evaluation Results

Evaluation of Family and Community programs is on-going. The methods and timing of evaluation depend on each individual program and each Family and Consumer Science agent's plan of work. Evaluation of programs reveal that 2,080 families and individuals developed a household budget; 643 families and individuals increased their savings, 827 families and individuals achieved their financial goals; 1,150 parents adopted appropriate guidance and supervision practices; 335 fathers increased involvement with their children; and 1,997 adults increased their conflict resolution and anger management skills.

Key Items of Evaluation