

V(A). Planned Program (Summary)

Program # 21

1. Name of the Planned Program

Strengthening Families

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

| KA Code | Knowledge Area | %1862 Extension | %1890 Extension | %1862 Research | %1890 Research |
|---------|---|-----------------|-----------------|----------------|----------------|
| 802 | Human Development and Family Well-Being | 60% | | | |
| 806 | Youth Development | 40% | | | |
| | Total | 100% | | | |

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

| Year: 2010 | Extension | | Research | |
|------------|-----------|------|----------|------|
| | 1862 | 1890 | 1862 | 1890 |
| Plan | 10.7 | 0.0 | 0.0 | 0.0 |
| Actual | 9.0 | 0.0 | 0.0 | 0.0 |

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

| Extension | | Research | |
|---------------------|----------------|----------------|----------------|
| Smith-Lever 3b & 3c | 1890 Extension | Hatch | Evans-Allen |
| 323751 | 0 | 0 | 0 |
| 1862 Matching | 1890 Matching | 1862 Matching | 1890 Matching |
| 289851 | 0 | 0 | 0 |
| 1862 All Other | 1890 All Other | 1862 All Other | 1890 All Other |
| 0 | 0 | 0 | 0 |

V(D). Planned Program (Activity)

1. Brief description of the Activity

Conduct workshops, multi-session programs and meetings; develop products, curriculum and resources; provide training; work with media; partnering with other agencies and with other state extensions.

2. Brief description of the target audience

Adults, parents, teens, childcare providers, grandparents, foster parents, professionals, teachers, agency educators, youth ages 5-12.

V(E). Planned Program (Outputs)

1. Standard output measures

| 2010 | Direct Contacts Adults | Indirect Contacts Adults | Direct Contacts Youth | Indirect Contacts Youth |
|---------------|------------------------|--------------------------|-----------------------|-------------------------|
| Plan | 3000 | 20000 | 2000 | 2500 |
| Actual | 10988 | 29757 | 7740 | 1293 |

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2010
 Plan: 0
 Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

| 2010 | Extension | Research | Total |
|---------------|-----------|----------|-------|
| Plan | 1 | 0 | |
| Actual | 1 | 0 | 1 |

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Number of workshops, multi-session programs, fairs, and conferences.

| Year | Target | Actual |
|------|--------|--------|
| 2010 | 250 | 982 |

Output #2

Output Measure

- Number of guide sheets distributed.

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2010 | 1000 | 1694 |

Output #3

Output Measure

- Number of media events.

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2010 | 20 | 27 |

Output #4

Output Measure

- Number of website visits.

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2010 | 200000 | 937222 |

Output #5

Output Measure

- Number of participant contacts.

| Year | Target | Actual |
|-------------|---------------|---------------|
| 2010 | 1000 | 49889 |

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

| O. No. | OUTCOME NAME |
|--------|---|
| 1 | Number of participants reporting improved family relationships. |
| 2 | Number of participants who increased their knowledge of appropriate strengthening family practices. |
| 3 | Percent of participants reporting improved family communication. |

Outcome #1

1. Outcome Measures

Number of participants reporting improved family relationships.

Not Reporting on this Outcome Measure

Outcome #2

1. Outcome Measures

Number of participants who increased their knowledge of appropriate strengthening family practices.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

| Year | Quantitative Target | Actual |
|------|---------------------|--------|
| 2010 | 0 | 98 |

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Research shows that strong families communicate with one another, spend time together, show each other caring and appreciation, cope with change, and show each other affection. The Strengthening Families Programs will help families find their strengths and learn new skills to build on those strengths. They will be treated as co-learners who have life experiences to bring to the learning process.

What has been done

The Strengthening Families Planned Program has provided families and professionals with information and skills to strengthen families in their relationships, interactions, and communications.

Results

Ninety-eight percent (98%) of program participants indicate that they have increased their knowledge and understanding in regards to appropriate family strengthening practices. They indicate that they will attempt to implement this knowledge in their personal daily lives following the educational program.

4. Associated Knowledge Areas

| KA Code | Knowledge Area |
|---------|---|
| 802 | Human Development and Family Well-Being |
| 806 | Youth Development |

Outcome #3

1. Outcome Measures

Percent of participants reporting improved family communication.

2. Associated Institution Types

- 1862 Extension

3a. Outcome Type:

Change in Action Outcome Measure

3b. Quantitative Outcome

| Year | Quantitative Target | Actual |
|------|---------------------|--------|
| 2010 | 40 | 79 |

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

Research shows that strong families communicate with one another, spend time together, show each other caring and appreciation, cope with change, and show each other affection. The Strengthening Families Programs will help families find their strengths and learn new skills to build on those strengths. They will be treated as co-learners who have life experiences to bring to the learning process.

What has been done

The Strengthening Families Planned Program has provided families and professionals with information and skills to strengthen families in their relationships, interactions, and communications.

Results

Seventy-nine percent (79%) of program participants report that they family communications have improved since attending a family strengthening program.

4. Associated Knowledge Areas

| KA Code | Knowledge Area |
|---------|---|
| 802 | Human Development and Family Well-Being |

806 Youth Development

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Appropriations changes
- Public Policy changes
- Government Regulations
- Competing Public priorities
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)

Brief Explanation

Our current evaluation tools did not clearly provide results for Outcome #1 and we will work to adapt our evaluation tools in capture this information.

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- After Only (post program)
- Retrospective (post program)
- During (during program)

Evaluation Results

Program evaluations in the Family Strengthening area show that when families learn positive, productive communication skills, they are better equipped to handle stressful situations; they are more willing to work to improve family relationships; and they feel they have improved family relationships. Participants have reported that this program has helped them to the point that some have been able to regain custody or increase visitation with their children, in cases where they had been removed from the home.

Key Items of Evaluation

Seventy-nine percent (79%) of program participants report that their family communications have improved since attending a family strengthening program.