V(A). Planned Program (Summary)

Program # 12

1. Name of the Planned Program

Families, Youth and Communities - 2

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being		100%		
	Total		100%		

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2010	Extension		Research	
	1862	1890	1862	1890
Plan	0.0	5.4	0.0	0.0
Actual	0.0	6.8	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
0	385266	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
0	183755	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	23421	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

Extension agents and specialists conducted educational workshops, seminars and trainings on topics to include: parenting, grandparents as parents, improving communincation and listening skills, discipline, building self-esteem and bullying. School teachers, parents and summer camp staff received focused training on emerging issues facing youth. Community partnerships were

developed, and back to school activities were implemented. Teen parenting educational classes planned and implemented by Extension agents were held at middle and high schools.

2. Brief description of the target audience

Single parents
Grandparents as parents
Teen parents
Parents with children, birth to age five

V(E). Planned Program (Outputs)

1. Standard output measures

2010	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Plan	875	1000	540	570
Actual	2000	6200	1200	650

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year: 2010
Plan: 0
Actual: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

2010	Extension	Research	Total
Plan	0	0	
Actual	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

- Conduct educational programs on parenting. Provide one-on-one consultations for parents/grandparents. Measure rate of participants attending conferences/seminars, and

students participating in classes on bullying.

Year	Target	Actual
2010	850	3090

V(G). State Defined Outcomes

V. State Defined Outcomes Table of Content

O. No.	OUTCOME NAME
1	Improved communication skills, learned new ways to manage anger, learned how to cope with stress, identify effective discipline strategies, increased awareness of dealing with bullies

Outcome #1

1. Outcome Measures

Improved communication skills, learned new ways to manage anger, learned how to cope with stress, identify effective discipline strategies, increased awareness of dealing with bullies

2. Associated Institution Types

- 1890 Extension

3a. Outcome Type:

Change in Knowledge Outcome Measure

3b. Quantitative Outcome

Year	Quantitative Target	Actual
2010	750	0

3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)
Families in contemporary American society are diverse in form and structure. None of the different family forms is
pathological by virtue of its form or structure. Varied types include: single-parent families, blended families, renested
families, generational-inverse families, homosexual and military families. Although fragile and frayed, the
family remains the key social unit in America.

What has been done
In an effort to address new and emerging family challenges, a variety of educational outreach methods were
conducted. Topics covered included:cyber bullying, sexting, effective communication skills, anger management,
discipline, shaking baby syndrome for teen parents, parent/child relationships, and family mealtime as a strategy to
reduce childhood obesity. The Active Parenting and Teen Parenting curriculums were some of the educational
resource tools used with targeted audiences.

Results
Surveys administered to secondary education students regarding bullying indicated that 85% had been bullied
within the past two weeks; other students indicated that they identified themselves as bullies; others better
understood the need to involve adults. Over 80% of adults indicated that they learned valuable parenting

information; understood the symptoms associated with bullying; and become aware of the value of family meals to
improve communication. Parents of small children learned to safely secure them in car seats.

4. Associated Knowledge Areas

KA Code	Knowledge Area
802	Human Development and Family Well-Being

V(H). Planned Program (External Factors)

External factors which affected outcomes

- Natural Disasters (drought, weather extremes, etc.)
- Economy
- Competing Programmatic Challenges
- Populations changes (immigration, new cultural groupings, etc.)
- Other (CEP staff changes)

Brief Explanation

Economic recession
Lack of community resources and support systems
Families in transition
Grandparents and other family members raising children again
Military parents and the impact of deployment
Incarcerated
Parents suffering from depression and other illnesses
Consequence of drug addicted parents

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

- Before-After (before and after program)
- During (during program)

Evaluation Results

The proper use of child safety seats reduces the risk of injury and death, leading to reduced medical costs, avoidance of lost future earnings, and improved quality of life. Three hundred parents demonstrated proper child safety seat installation and learned the importance of safely securing their children. Teachers, parents and school staff members are better prepared to identify and address all forms of bullying. Teen parents developed and implemented knowledge gained for healthier and safe children. Parents indicated that they communicated more effectively with their children. Additionally,

new methods of discipline were applied.

Key Items of Evaluation

The NIFA goals do not identify the family as a unit of focus.
School violence
Family resiliency
Parenting
Intergenerational families