

# Family Life Education

Family Life Education

## V(A). Planned Program (Summary)

### 1. Name of the Planned Program

Family Life Education

## V(B). Program Knowledge Area(s)

### 1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
802	Human Development and Family Well-Being	100%		100%	
	<b>Total</b>	100%		100%	

## V(C). Planned Program (Inputs)

### 1. Actual amount of professional FTE/SYs expended this Program

Year: 2008	Extension		Research	
	1862	1890	1862	1890
<b>Plan</b>	1.5	0.0	0.0	0.0
<b>Actual</b>	2.5	0.0	0.0	0.0

### 2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 36800	1890 Extension	Hatch	Evans-Allen
	0	0	0
1862 Matching 36800	1890 Matching	1862 Matching	1890 Matching
	0	0	0
1862 All Other 99410	1890 All Other	1862 All Other	1890 All Other
	0	0	0

**V(D). Planned Program (Activity)**

**1. Brief description of the Activity**

The 13 Parents as Teachers program sites were discontinued due to withdrawal of financial support from the Office of the Governor. The Married and Loving It! program was delivered as a train-the-trainer program to expand the impact of a very successful program. Following the training, the program was delivered three more times around the State.

Block Fest has been going strong over the past year, with events in southern, eastern and northern Idaho over the past year, with funding from the Micron and Verizon Foundations, and also with proceeds from our product sales. The Grandparents as Parents effort continued with a research project on kinship care in Idaho, in collaboration with Idaho KidsCount, which resulted in a publication and considerable media coverage.

Extension offered workshops on aging life issues (Four Generations in the Workplace), developed and delivered a Time Management Program to help families manage their individual time and time together, and collaborated on educational projects with numerous organizations including a Children's Mental Health Parent Support Group, the National Hospice Foundation, a Rural Caregivers network, several of our State's Area Agencies on Aging, and the Northwest Parenting Conference Planning Committee.

We have initiated our project to expand our presence on the web, with funding from the Urban Extension program for a comprehensive FCS website for the public.

**2. Brief description of the target audience**

Our programs have reached parents and children (Block Fest), couples (Married and Loving It), and grandparents and other relative caregivers (kinship care publications and forum). In addition, we target child care providers, policy makers, young adults, educators, and social service providers, parents, parents with special needs children, parent educators, disabled children and clients.

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

**Target for the number of persons (contacts) reached through direct and indirect contact methods**

	<b>Direct Contacts Adults</b>	<b>Indirect Contacts Adults</b>	<b>Direct Contacts Youth</b>	<b>Indirect Contacts Youth</b>
<b>Year</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>
<b>Plan</b>	270	5000	270	0
2008	4133	24017	440	4825

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

<b>Year</b>	<b>Target</b>
<b>Plan:</b>	0
2008:	0

**Patents listed**

**3. Publications (Standard General Output Measure)**

**Number of Peer Reviewed Publications**

	<b>Extension</b>	<b>Research</b>	<b>Total</b>
<b>Plan</b>	0	0	
2008	1	0	1

**V(F). State Defined Outputs**

**Output Target**

**Output #1**

**Output Measure**

Maintain Parents as Teachers sites.

*Not reporting on this Output in this Annual Report*

**Output #2**

**Output Measure**

Offer Married and Loving It series.

Year	Target	Actual
2008	2	2

**Output #3**

**Output Measure**

Offer workshops on aging life issues.

Year	Target	Actual
2008	1	3

**Output #4**

**Output Measure**

Web-based educational materials.

Year	Target	Actual
2008	2	1

**Output #5**

**Output Measure**

Newsletter articles.

Year	Target	Actual
2008	5	29

**Output #6**

**Output Measure**

Peer reviewed publications.

Year	Target	Actual
2008	0	1

**Output #7**

**Output Measure**

Conference posters/presentations.

Year	Target	Actual
2008	1	11

**V(G). State Defined Outcomes**

O No.	Outcome Name
1	O: People apply recommended practices to deal with issues and situations important for families. I: Number of participants in Family Life Education program (PAT MALI, Aging, Etc.) reporting adoption of recommended practices.
2	O: People are knowledgeable about issues and practices important for families.I: Number of participants in Family Life Education programs (PAT, MALI, Aging, etc.) demonstrating changes in knowledge.
3	O: Users of web-based family life materials find useful information that addresses their needs.I: Number of participants accessing the materials who rate the information as useful.

**Outcome #1**

**1. Outcome Measures**

*Not reporting on this Outcome for this Annual Report*

**2. Associated Institution Types**

**3a. Outcome Type:**

**3b. Quantitative Outcome**

Year	Quantitative Target	Actual
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**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

**What has been done**

**Results**

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
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**V(H). Planned Program (External Factors)**

**External factors which affected outcomes**

- Appropriations changes
- Public Policy changes
- Competing Public priorities

**Brief Explanation**

Loss of funding for the Parents as Teachers program had a significant impact to shift the emphasis of our Family Life Education program

**V(I). Planned Program (Evaluation Studies and Data Collection)**

**1. Evaluation Studies Planned**

- Before-After (before and after program)
- Case Study

**Evaluation Results**

Participants in Married and Loving It! increased their knowledge - pre-test score were 64% and post test were 88%. Behavior changes described by participants included; communication is improved, ability to work together is improved, anger is managed better, we are resolving our conflicts more easily and more thoroughly.

**Key Items of Evaluation**