

# Nutrition on Demand

Nutrition on Demand

## V(A). Planned Program (Summary)

### 1. Name of the Planned Program

Nutrition on Demand

## V(B). Program Knowledge Area(s)

### 1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
702	Requirements and Function of Nutrients and Other Food Components	100%		100%	
<b>Total</b>		100%		100%	

## V(C). Planned Program (Inputs)

### 1. Actual amount of professional FTE/SYs expended this Program

Year: 2008	Extension		Research	
	1862	1890	1862	1890
<b>Plan</b>	0.8	0.0	0.0	0.0
<b>Actual</b>	0.6	0.0	0.0	0.0

### 2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c 14632	1890 Extension	Hatch	Evans-Allen
	0	0	0
1862 Matching 14632	1890 Matching	1862 Matching	1890 Matching
	0	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	0	0	0

## V(D). Planned Program (Activity)

### 1. Brief description of the Activity

In order to provide community-based nutrition education to a widespread audience of district residents, the following activities were implemented:

- Curriculum development for various workshops
- Nutrition related activities
- Cooking demonstrations
- Train the trainer programs
- Health fairs
- Field trips
- Seminars
- Fact sheets, newsletters and brochures developed and disseminated.

### 2. Brief description of the target audience

- Seniors
- Adults
- Youth and Children residing in the District of Columbia

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

**Target for the number of persons (contacts) reached through direct and indirect contact methods**

	<b>Direct Contacts Adults</b>	<b>Indirect Contacts Adults</b>	<b>Direct Contacts Youth</b>	<b>Indirect Contacts Youth</b>
<b>Year</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>	<b>Target</b>
<b>Plan</b>	2000	0	0	0
2008	0	0	0	0

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

**Year Target**

**Plan: 0**

**2008: 0**

**Patents listed**

**3. Publications (Standard General Output Measure)**

**Number of Peer Reviewed Publications**

	<b>Extension</b>	<b>Research</b>	<b>Total</b>
<b>Plan</b>	0	0	
2008	0	0	0

**V(F). State Defined Outputs**

**Output Target**

**Output #1**

**Output Measure**

Curriculum developed for various workshops, nutrition related activities, cooking demonstrations, train the trainer programs, health fairs, community participation, field trips and seminars. Fact sheets, newsletters and brochures will be developed and disseminated.

*Not reporting on this Output in this Annual Report*

**V(G). State Defined Outcomes**

<b>O No.</b>	<b>Outcome Name</b>
1	Number of participants that improved food choices.
2	Number of participants who included exercise and experienced slow weight loss.
3	Percentage of decrease in the risk factors for chronic disease, better management of chronic conditions, weight maintenance and overall improved health.

**Outcome #1**

**1. Outcome Measures**

*Not reporting on this Outcome for this Annual Report*

**2. Associated Institution Types**

**3a. Outcome Type:**

**3b. Quantitative Outcome**

Year	Quantitative Target	Actual
------	---------------------	--------

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

**What has been done**

**Results**

**4. Associated Knowledge Areas**

KA Code	Knowledge Area
---------	----------------

**V(H). Planned Program (External Factors)**

**External factors which affected outcomes**

Appropriations changes

Government Regulations

**Brief Explanation**

Outcomes were affected by the midterm resignation and retirement of both staff members working on the project. The phase of the project that included implementation involving community contacts was aborted. Attempts will be made to integrate the materials developed into ongoing 2009 programs having similar goals.

**V(I). Planned Program (Evaluation Studies and Data Collection)**

**1. Evaluation Studies Planned**

Before-After (before and after program)

During (during program)

**Evaluation Results**

No reportable results.

**Key Items of Evaluation**

Not applicable.