

Food and Nutrition

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V(A). Planned Program (Summary)

1. Name of the Planned Program

Food and Nutrition

V(B). Program Knowledge Area(s)

1. Program Knowledge Areas and Percentage

KA Code	Knowledge Area	%1862 Extension	%1890 Extension	%1862 Research	%1890 Research
504	Home and Commercial Food Service		100%		100%
	Total		100%		100%

V(C). Planned Program (Inputs)

1. Actual amount of professional FTE/SYs expended this Program

Year: 2007	Extension		Research	
	1862	1890	1862	1890
Plan	0.0	2.0	0.0	0.0
Actual	0.0	1.5	0.0	0.0

2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

Extension		Research	
Smith-Lever 3b & 3c	1890 Extension	Hatch	Evans-Allen
0	111455	0	0
1862 Matching	1890 Matching	1862 Matching	1890 Matching
0	29116	0	0
1862 All Other	1890 All Other	1862 All Other	1890 All Other
0	20983	0	0

V(D). Planned Program (Activity)

1. Brief description of the Activity

The food and nutrition program has great potential in the State of Oklahoma. Langston University was able to reach underserved clientele via demonstrations and hands-on sessions.

2. Brief description of the target audience

The target audience consists primarily of limited income families, young children, grandparents and youth.

V(E). Planned Program (Outputs)

1. Standard output measures

Target for the number of persons (contacts) reached through direct and indirect contact methods

	Direct Contacts Adults	Indirect Contacts Adults	Direct Contacts Youth	Indirect Contacts Youth
Year	Target	Target	Target	Target
Plan	100	200	100	200
2007	100	100	100	1000

2. Number of Patent Applications Submitted (Standard Research Output)

Patent Applications Submitted

Year Target

Plan: 0

2007: 0

Patents listed

3. Publications (Standard General Output Measure)

Number of Peer Reviewed Publications

	Extension	Research	Total
Plan			
2007	0	0	0

V(F). State Defined Outputs

Output Target

Output #1

Output Measure

Number of Research Projects competed on Food and Nutrition.

Year	Target	Actual
2007	0	0

V(G). State Defined Outcomes

O No.	Outcome Name
1	Number of participants who learned about food and nutrition.
2	Number of participants who used knowledge/guidelines presented during food and nutrition sessions.
3	Number of participants who improve thier lifestyles by following food and nutrition guidelines.

Outcome #1

1. Outcome Measures

Not reporting on this Outcome for this Annual Report

2. Associated Institution Types

3a. Outcome Type:

3b. Quantitative Outcome

Year	Quantitative Target	Actual
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3c. Qualitative Outcome or Impact Statement

Issue (Who cares and Why)

What has been done

Results

4. Associated Knowledge Areas

KA Code	Knowledge Area
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V(H). Planned Program (External Factors)

External factors which affected outcomes

Government Regulations
Competing Public priorities

Brief Explanation

V(I). Planned Program (Evaluation Studies and Data Collection)

1. Evaluation Studies Planned

Before-After (before and after program)
During (during program)

Evaluation Results

As a result of participating in these food and nutrition classes, participants incorporated the information taught. Testimonials indicated that these programs were successful because of the changes made by participants. Written and verbal responses indicated that participants adopted most if not all of the information received. Also, participants indicated that they are making better decisions and choices related to food, nutrition, health, budgeting; and overall becoming healthier.

Key Items of Evaluation

Improvement in food selection, preparation and storage skills
Development of better budgeting skills