

# Family Life Education

Family Life Education

## V(A). Planned Program (Summary)

### 1. Name of the Planned Program

Family Life Education

## V(B). Program Knowledge Area(s)

### 1. Program Knowledge Areas and Percentage

| KA Code | Knowledge Area                          | %1862 Extension | %1890 Extension | %1862 Research | %1890 Research |
|---------|---|-----------------|-----------------|----------------|----------------|
| 802     | Human Development and Family Well-Being | 100%            |                 | 100%           |                |
|         | <b>Total</b>                            | 100%            |                 | 100%           |                |

## V(C). Planned Program (Inputs)

### 1. Actual amount of professional FTE/SYs expended this Program

| Year: 2007    | Extension |      | Research |      |
|---------------|-----------|------|----------|------|
|               | 1862      | 1890 | 1862     | 1890 |
| <b>Plan</b>   | 2.0       | 0.0  | 0.0      | 0.0  |
| <b>Actual</b> | 1.9       | 0.0  | 0.0      | 0.0  |

### 2. Actual dollars expended in this Program (includes Carryover Funds from previous years)

| Extension                    |                | Research       |                |
|------------------------------|----------------|----------------|----------------|
| Smith-Lever 3b & 3c<br>42541 | 1890 Extension | Hatch          | Evans-Allen    |
|                              | 0              | 0              | 0              |
| 1862 Matching<br>42541       | 1890 Matching  | 1862 Matching  | 1890 Matching  |
|                              | 0              | 0              | 0              |
| 1862 All Other<br>54773      | 1890 All Other | 1862 All Other | 1890 All Other |
|                              | 0              | 0              | 0              |

## V(D). Planned Program (Activity)

### 1. Brief description of the Activity

Maintained 13 Parents as Teachers program sites, including personal visits, group meetings, child screenings and referrals. Funding for the program was terminated at the end of the year.

Married and Loving It! workshops were delivered in two locations. Supported Grandparents as Parents support groups; Offered workshops on aging life issues; Developed web-based materials on parenting, couple relationships, and aging life issues.

### 2. Brief description of the target audience

Family adults, parents, and grandparents, members of couple relationships.

**V(E). Planned Program (Outputs)**

**1. Standard output measures**

**Target for the number of persons (contacts) reached through direct and indirect contact methods**

|             | <b>Direct Contacts<br/>Adults</b> | <b>Indirect Contacts<br/>Adults</b> | <b>Direct Contacts<br/>Youth</b> | <b>Indirect Contacts<br/>Youth</b> |
|-------------|-----------------------------------|-------------------------------------|----------------------------------|------------------------------------|
| <b>Year</b> | <b>Target</b>                     | <b>Target</b>                       | <b>Target</b>                    | <b>Target</b>                      |
| <b>Plan</b> | 250                               | 5000                                | 250                              | 0                                  |
| 2007        | 3348                              | 0                                   | 1622                             | 0                                  |

**2. Number of Patent Applications Submitted (Standard Research Output)**

**Patent Applications Submitted**

**Year Target**

**Plan: 0**

2007: 0

**Patents listed**

**3. Publications (Standard General Output Measure)**

**Number of Peer Reviewed Publications**

|             | <b>Extension</b> | <b>Research</b> | <b>Total</b> |
|-------------|------------------|-----------------|--------------|
| <b>Plan</b> |                  |                 |              |
| 2007        | 0                | 0               | 0            |

**V(F). State Defined Outputs**

**Output Target**

**Output #1**

**Output Measure**

Maintain Parents as Teachers sites.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 13            | 130           |

**Output #2**

**Output Measure**

Offer Married and Loving It series.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 1             | 10            |

**Output #3**

**Output Measure**

Offer workshops on aging life issues.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 1             | 0             |

**Output #4**

**Output Measure**

Web-based educational materials.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 0             | 0             |

**Output #5**

**Output Measure**

Newsletter articles.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 5             | 3             |

**Output #6**

**Output Measure**

Peer reviewed publications.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 1             | 0             |

**Output #7**

**Output Measure**

Conference posters/presentations.

| <b>Year</b> | <b>Target</b> | <b>Actual</b> |
|-------------|---------------|---------------|
| 2007        | 1             | 2             |

**V(G). State Defined Outcomes**

| O No. | Outcome Name  |
|-------|---|
| 1     | O: Parents are involved in Parents as Teachers, and show changes in knowledge, attitude and behavior. I: Number of participants/year, measured changes in knowledge, attitude or behavior.  |
| 2     | O: Couples will participate in Married and Loving It and will change in knowledge, attitude and behavior. I: Number of participants/year; number of participants who change in knowledge, attitude or behavior.                         |
| 3     | O: Families will participate in workshops on aging life issues and are better prepared for challenges of aging in their families. I: Number of participants/year; number of participants who change in knowledge, attitude or behavior. |
| 4     | O: Web-based materials on family life are developed, distributed, and read. Users find information useful. I: Number of participants receiving the information, number of participants who rate the information as useful.              |

**Outcome #1**

**1. Outcome Measures**

*Not reporting on this Outcome for this Annual Report*

**2. Associated Institution Types**

**3a. Outcome Type:**

**3b. Quantitative Outcome**

| <b>Year</b> | <b>Quantitative Target</b> | <b>Actual</b> |
|-------------|----------------------------|---------------|
|-------------|----------------------------|---------------|

**3c. Qualitative Outcome or Impact Statement**

**Issue (Who cares and Why)**

**What has been done**

**Results**

**4. Associated Knowledge Areas**

| <b>KA Code</b> | <b>Knowledge Area</b> |
|----------------|-----------------------|
|----------------|-----------------------|

**V(H). Planned Program (External Factors)**

**External factors which affected outcomes**

Competing Public priorities

**Brief Explanation**

Termination of our grant forces retraction from Parents as Teachers, and several faculty transferred their efforts into family economics.

**V(I). Planned Program (Evaluation Studies and Data Collection)**

**1. Evaluation Studies Planned**

After Only (post program)

Retrospective (post program)

Before-After (before and after program)

During (during program)

Comparisons between program participants (individuals, group, organizations) and non-participants

### **Evaluation Results**

Many Fort Hall Reservation residents may be unaware or misunderstand the American Indian Probate Reform Act (AIPRA). To assist with this issue, Extension collaborated with local agencies and attorneys to develop and provide AIPRA education to Fort Hall residents. These educational efforts taught tribal members how AIPRA could impact them and provided them with options to pass their trust property in a manner they desired rather than under AIPRA.

Fort Hall Extension formed a partnership to develop and implement a USDA Risk Management Agency estate planning grant to provide education to tribal members regarding AIPRA. Information was delivered through workshops, fact sheet packets, and articles in the local paper for the Fort Hall Reservation and Fort Hall Agricultural Extension Newsletter. Participants were Native Americans mainly from the Fort Hall Reservation and other reservations across the United States.

Ten workshops were held in various locations on the Fort Hall Reservation, with over 102 tribal members participating. Four formal presentations were given to more than 130 participants. Many tribal members stopped by the office to discuss AIPRA and pick up informational packets. Over 115 packets were requested and mailed and more than 150 packets were distributed at various reservation locations. To date, 9 news articles have been printed in the local newspaper. As a result of program efforts, tribal members are becoming more informed about their trust property and estate issues. Many program participants made appointments to write wills after attending a workshop. The situation has now changed from tribal members being uninformed and unaware of AIPRA to being well educated and proactive in protecting their individual trust property.

### **Key Items of Evaluation**

Long-term care is one of the largest and fastest-growing expenses facing families and government. The average annual cost of an Idaho nursing home stay is near \$60,000, with an average stay of 2.3 years. Yet by some estimates, only one-quarter of workers and one-third of retirees have long-term care insurance, and they report only modest levels of retirement savings. Baby-boomers and their families need to understand long-term care options and plan for a "later life" of health and dignity.

University of Idaho Extension teamed with AARP-Idaho and the Canyon Owyhee Financial Literacy Coalition to provide Long Term Care (LTC) workshops for Ada and Canyon County residents. Over the last four years, seven 4-hour seminars were held in Caldwell, Nampa and Boise. Our partnership with AARP-Idaho and co-sponsors provided over \$53,000 of in-kind funding and enabled Extension to recruit large seminar.

Nearly 1,000 participants from Ada, Canyon and surrounding counties attended the seminars in 2003, 2005, 2006, and 2007. Seminar participants learned how to plan for LTC, manage the risk of LTC, and protect their financial security despite LTC's high costs. The seminars generated very positive comments and evaluations from participants, partners, and speakers. Post-evaluations returned by seminar participants indicate:

- 96% became more aware of long-term care issues.
- 88% gained new resources to help them make long term care decisions.
- 92% became more aware of long-term care options.
- 87% increased their knowledge of long-term care insurance.

Actions participants plan to take as a result of attending the Long Term Care Seminar include:

- 74% will review the publications they received.
  
- 63% will share the information they gained with a family member or friend.